



40 Years and Growing!

Our 40th Anniversary Open House Celebration on September 18th was a great success! Displays of photographs and newspaper articles from the past 40 years of Saint Luke's Place brought back wonderful memories of our history and our community. The refreshments and the featured "candy buffet" were appreciated by all. We were grateful for the wonderful weather on the day of our Open House, as we gave many walking tours of our grounds to visitors and guests to showcase our beautiful gardens, which are cared for so lovingly by many of our tenants. Our guest musicians provided lovely music for the afternoon, as everyone socialized and enjoyed the day.



A beautiful, custom made celebration cake was donated by the Maintenance Department at Saint Luke's Place.

We had a number of special guests, starting with City Councillor for Ward 2 Cambridge North, Mike Devine, who brought greetings and congratulations from the City of Cambridge to mark our 40th Anniversary in the community. Our MPP for Cambridge, Minister Kathryn McGarry, then spoke at our celebration, thanking Saint Luke's Place for providing care and services to enhance the lives of older persons in our community. We were also very pleased to have Isobel McBain and Glen Clemens as our honored guests, as their mother, Mary (Stenhouse) Clemens, was the donor of the land on which Saint Luke's Place was originally built.

The Open House Anniversary event could not have been made possible without the time, effort and dedication of the organizing committee, made up of our staff who volunteered their time to make the day so special.

To add excitement and future vision to the day, we were also very pleased to speak about our *Welcome home Capital Campaign* in support of the Saint Luke's Place Redevelopment Project. Through our exciting redevelopment project, we will revitalize and reimagine our physical space in order to better meet the increasingly complex care needs of our Long-Term Care residents.

To learn more about our redevelopment project, please click on "Capital Campaign" on our website: www.saintlukesplace.ca



Everyone pitched in to help with preparations for the day. Laura Bond, our Retirement resident, was a good sport to lend a hand to make the windows shine!

Another eager helper, 6 year old Lyra (granddaughter of our 40 year staff member, Janice Lajeunesse), had a fun time filling up the candy buffet for all to enjoy!



OUR VISION

An inclusive community that nurtures the evolving needs and desires of older persons.

OUR MISSION

Through excellence and innovation we create a community of care that is person-centred.

OUR VALUES

Trust. Integrity.
Dignity. Respect.
Community.

THANK YOU FOR SUPPORT- ING OUR 3RD ANNUAL GENERATIONS WALK AND ROLL A THON!

It was so nice to see family and friends team together, lace up their runners, grease their wheels and hit the pavement in support of Saint Luke's Place! As we travelled around our beautiful walkways, we enjoyed the colourful gardens and grounds and watched the children run to find the next Scavenger Hunt item. After working up an appetite walking and rolling, we cooled off in the Stauffer Auditorium to enjoy a tasty barbeque lunch and listened to some great entertainment. Door prizes and a silent auction added to the fun! Thank you to everyone who volunteered their time organizing this great event and for helping out on the day.

Congratulations to the Barfoot family who had the most family members on their team edging out the reigning champions, the Einwechter Family, by one person!

What a great day - see you next year! 🌿

HESPELER REUNION FLOAT

The 2016 Hespeler Reunion was the 7th since the first Hespeler Old Boy's Reunion was held in 1906, barely 5 years after Hespeler was incorporated as a town. And what better way to celebrate than with a parade! Thank you to our Director of Maintenance, Pieter Vos, who was the creative mastermind and builder of the Saint Luke's Place float, and to staff members Sharon Brown and Darlene Beitz who also volunteered their time. Tenants Carolyn, Yvonne, Donna and Roy had a great time as our goodwill ambassadors, riding on the float and waving to the crowd along Queen Street. Watch for us also at the Hespeler Santa Claus parade on Dec. 3rd! 🌿



RESIDENT SPOTLIGHT – Meet Fred

Fred McCulley was born in Preston in 1933. He attended Preston Public School and Preston High School. When he was 21, Fred met his future wife, June, at a party and married two years later in 1956. Fred and June had two children—Larry and Kathy—and raised them in the Preston community. He worked multiple jobs throughout his career including welding, training, banker dispatcher, draftsmen and model builder to name a few. June was employed as a secretary and eventually decided to stay at home to raise the children. June was an incredibly social person. She was the head of the Women's Bowling League in Preston and, together, she and Fred would go out for dinner with friends on a weekly basis. June moved into Saint Luke's Place in 2008, as they felt that nowhere else compared to the Saint Luke's



facility, staff, community, and grounds. Fred would visit June every afternoon and evening, and he made many friends through his daily visits.

When Fred moved into Saint Luke's Place in 2010, he already felt that he was home, surrounded by friends.

Fred was grateful to move into a room beside June and feels incredibly blessed to have been able to be close to her when she passed.

Fred has learned, since being at Saint Luke's Place, that he has a lot of life left to live, and that it's all about having a positive attitude. Fred also brings his passion and energy to his work on our Residents' Council, and he believes in living life in the way you want to live it.

Fred is happy to share his story with others, to learn about the lives of those around him, and continues to surround himself with the positive energy of family and friends. 🌿

CAMBRIDGE HIGHLAND LIONS CLUB – A Commitment to Our Community

The Cambridge Highland Lions Club has recently announced its commitment to support the Saint Luke's Place Long-Term Care Redevelopment Project with a pledge of \$20,000 over the next 4 years.

Lions are active, and their motto is "We Serve." Lions are part of a global service network, doing whatever is necessary to help our local communities. Lions meet the needs of local communities and the world every day because they share a core belief - to serve their community. The Cambridge Highland Lions Club meets



throughout the year in Hespeler.

From Brian Swainson, Chief Executive Officer of Saint Luke's Place:

"On behalf of Saint Luke's Place, and Saint Luke's Place Foundation, we are incredibly honored and grateful to be the recipient of this significant donation from the Cambridge Highland Lions Club. The members of the Cambridge Highland Lions Club took a great interest in our Redevelopment Project and how it will benefit the seniors and families in our community for generations to come. We sincerely appreciate the Lions' generosity, and their vote of confidence in the quality care and services we deliver every day." 🌿

40th ANNIVERSARY COOKBOOK: Recipes from Home Volume 1. A collection of family favourites.

In honour of our 40th Anniversary, we have put together a special cookbook with a collection of treasured family favourites which is now available for you to add to your

cookbook library. Recipes were submitted from residents, tenants, families, staff, volunteers and friends. Thank you to those who submitted their "tried and true" favourites and some newer ones which I'm sure soon will become a family tradition. The Cookbook is available from the main office, during business hours, for \$10.00 each or two for \$18.00. All proceeds from the cookbook sales will be used in support of our exciting Long-Term Care Redevelopment Project. Get yours before they are gone! 🍀





Saint Luke's Place
Welcome home.

Celebrating
40 Years
of Excellence!



Saint Luke's Place is a Charitable, Non-Profit, Non-Denominational, Accredited Long Term Care Home and Seniors Residential Community located right here in Cambridge!

Long-Term Care Home, Retirement Home, Independent Apartments

Visit us at: www.saintlukesplace.ca

1624 Franklin Blvd, Cambridge, ON N3C 3P4 (519) 658-5183

VOLUNTEER SPOTLIGHT – Meet Heather

Heather Snowden has been a volunteer with Saint Luke's Place for over 4 years, demonstrating her compassion, commitment and dedication to enhancing the quality of life of our residents.

Hespeler is Heather's hometown and she feels good about giving back to her community by volunteering her time and skills at Saint Luke's Place. Prior to volunteering with us, Heather was a loyal employee working at various positions at Walmart for over 14 years.



Heather also enjoys walking, being outdoors doing yard work and spending quality time with her children and 4 grandchildren. Heather's oldest granddaughter is currently attending the University of Waterloo.

Heather says she feels so appreciated and welcomed at Saint Luke's Place. The residents and staff in our Special Care Unit know first-hand just how much energy and enthusiasm Heather brings to those around her. Heather's passion is working with people, bringing a sense of fun and wonder to every day. We appreciate all that you do for our residents, Heather! 🍀

Memorial Gifts

Saint Luke's Place Foundation is honoured to have been chosen by you to remember loved ones with a memorial donation. Donations were received in memory of those who resided within Saint Luke's Place, as well as outside of our community.

Donations Received April 1, 2016 – November 1, 2016

| | | | |
|-------------------|------------------|------------------------|---------------------|
| John Bouskill Jr. | Pauline Jensen | William Rickert | Winnifred |
| Ross Campbell | Bernice Kudla | Annie "Betty" Robinson | Ste. Croix |
| Charles Condon | Si Soun Luu Duc | Aznif Saghdjian | Joan Swainson |
| Maria Da Terra | Anna Mantler | Dorothy Scherrer | Gertrude Szauerzopf |
| Edna Drake | Samual McKnight | Robert Schoch | Floyd Warner |
| Roy Drake | Bill O'Kafka | Norma Scott | Mary Waswasarian |
| Eunice Hall | Andrew Pettigrew | John Smart | Clare Webb |
| Sheila Howlett | | | |
| Charles Hurst | | | |



Thirty-year resident of Saint Luke's Place, Jennie Lee Fox, 84, tucked under blanket, enjoys a happy moment with Margot Kummer, Director of Care.

Meet Jennie Lee from Saint Luke's

CAMBRIDGE—You couldn't get a better reference for a senior citizens' long-term care facility than have a 30-year resident say, "It is good, good, really good."

Jennie Lee Fox has resided at Saint Luke's Place in Cambridge for 30 years and is currently the longest resident in long-term care at the home. She has been in a wheelchair during her entire stay, and has been confined to a mobile chair for 32 years.

"I like good food," said Jennie, "and I eat lots here." She said she has all the comforts of home while she happily exclaimed, "This is my home."

The therapy room was a favourite of Jennie's where she would ride a stationary bike. Now it is less strenuous form of therapy the nurses provide.

Born in Eastern Ontario's Prince Edward County in 1932, she spent 15 years in Fergus as a Grade 6 schoolteacher. She loved working with children.

In her younger days she was a softball star. The opposing players would always attempt to keep the ball away from Jennie Lee's section of the outfield. A ball hit in her direction was a sure out. She was not a pushover at the plate, as pitchers soon found out as her slugging percentage was far above average.

Now it is the Blue Jays who stir up the excitement in baseball for her.

Jennie Lee is a dedicated movie fan. She knows her stars and the movies they have played in. There is not a question about who her favourite movie personality is and what movie is her first choice.

"I like Richard Chamberlain the best," said Jennie Lee, "and the Thorn Birds." This was an extremely popular mini-series produced in 1983. "She has watched Chamberlain more times than I can count," said Margot Kummer, director of care at Saint Luke's Place. "She really is a movie buff."

Outside her bedroom window is a patio area where at Christmastime a decorated tree is placed in which she gains great enjoyment.

"They leave the tree up until the day after my birthday," she said with a chuckle. "My birthday is on February 14, St. Valentine's day."

Jennie Lee Fox has three sons, Steve, Paul and Scott and a daughter Rhonda Lee Henderson. She has 10 grandchildren and three great grandchildren.

Article reproduced, with permission from Walter Gowing. *Cambridge Times* | Aug 17, 2016 Walter Gowing, special to the Times.

SAINT LUKE'S PLACE FOUNDATION MISSION STATEMENT

To encourage and obtain financial support so Saint Luke's Place can improve its facilities and services.

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Alison Haddaway

SAINT LUKE'S PLACE MISSION STATEMENT

Through excellence and innovation we create a community of care that is person-centred.

CHIEF EXECUTIVE OFFICER

Brian Swainson

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COMMUNITY CONNECTION

Comments and suggestions regarding Community Connection, Saint Luke's Place Foundation Newsletter, can be directed to the Foundation Office 519-658-5183 x 291.