



OCTOBER 2017, RETIREMENT ACTIVITIES
SAINT LUKE'S PLACE: RETIREMENT

1. SUNDAY	2. MONDAY	3. TUESDAY	4. WEDNESDAY	5. THURSDAY	6. FRIDAY	7. SATURDAY
<p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p>9:15- Fun & Fitness (Aud.)</p> <p>12:30- Travelogue: Germany (Auditorium)</p> <p>7:00- Scrabble (C1 Lounge)</p>	<p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>12:30- Tai Chi (Aud.)</p> <p>12:30- Trivia (Coffee shop)</p>	<p>10:00- Swim Gym with Ashley (Pool)</p> <p>10:00 Men's group (Aud.)</p> <p>12:30- Oktoberfest craft (Coffee shop)</p> <p>12:30-Euchure (Coffee shop)</p> <p>8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>9:15 Fun and fitness (Aud.)</p> <p>12:30- Word Games (Coffee shop)</p> <p>1:30- New Hope Hearing Clinic (C1 Lounge)</p> <p>7:00- Gospel Brass (Aud.)</p>	<p>9:30 TD Canada Bank (C1 lounge)</p> <p>9:30- Woolettes Knitting Group (Ret. Lounge)</p> <p>9:45- Hymn Sing (Aud.)</p> <p>10:30- Worship Service (Aud.)</p> <p>1:00- Baking Muffins (Aud.)</p>	<p>No Programs- Happy Saturday!</p>
<p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p>No programs-</p> 	<p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>12:30- Tai Chi (Aud.)</p> <p>12:30- Mental Aeorbics (Coffee shop)</p> <p>7:00- Games Night \$1.00 (Coffee Shop)</p>	<p>10:00- Swim Gym with Ashley (Pool)</p> <p>10:00 Men's Group (Aud.)</p> <p>10:40- Oktoberfest lunch! *For those who signed up, meet at main office.*</p> <p>12:30-Euchure (Coffee shop)</p> <p>2:00 Celebration of Life (Aud.)</p> <p>8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>9:15- Fun and Fitness (Aud.)</p> <p>10:00- Residents Council (Board Room)****</p> <p>12:30- Grocery trip *For those who signed up, depart from main office.</p> <p>12:30- BINGO (Aud.)</p>	<p>9:30- Woolettes Knitting Group (Ret. Lounge)</p> <p>9:45- Hymn Sing (Aud.)</p> <p>10:30- Worship Service (Aud.)</p> <p>12:30- One on One Visits (Door to Door)</p> <p>1:45- Sing it out with Kim Atkins (Aud.)</p>	<p>No Programs- Happy Saturday!</p>
<p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p> 	<p>9:15- Fun and Fitness (Aud.)</p> <p>12:30- Coloring Club (Coffee shop)</p> <p>7:00- Scrabble (C1 Lounge)</p>	<p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>10:30 Anglican Communion (Chaple)</p> <p>12:30- Tai Chi (Aud.)</p> <p>12:30- Trivia (coffee shop)</p> <p>1:30-Catholic Mass (Chaple)</p>	<p>10:00- Swim Gym with Ashley (Pool)</p> <p>10:00 Men's Group (Aud.)</p> <p>12:30- Halloween craft (coffee shop)</p> <p>12:30-Euchure (coffee shop)</p> <p>8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>9:15- Fun and Fitness (Aud.)</p> <p>9:30- Visiting Library (Coffee shop)</p> <p>1:00- Listen up (C1 Lounge)</p> <p>12:30- Reading Short Stories (Coffee shop)</p> <p>2:00- German Afternoon with Peter Baumann (Aud.)</p>	<p>9:30- Woolettes Knitting Group (Ret. Lounge)</p> <p>9:45- Hymn Sing (Aud.)</p> <p>10:30- Worship Service (Aud.)</p> <p>12:30- Word Games (Coffee shop)</p> <p>1:00- Listen Up Canada (C1 Lounge)</p>	<p>No Programs- Happy Saturday!</p>

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22. SUNDAY	23. MONDAY	24. TUESDAY	25. WEDNESDAY	26. THURSDAY	27. FRIDAY	28. SATURDAY
<p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p>9:15- Fun and Fitness (Aud.)</p> <p>12:30- BINGO (Aud.)</p> <p>7:00- Scrabble (C1 Lounge)</p>	<p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>12:30- Tai Chi (Aud.)</p> <p>12:30- Fall Country Drive *For those who signed up, meet at main office.</p> <p>7:00- Games Night \$1.00 (Coffee Shop)</p>	<p>10:00- Swim Gym with Ashley (Pool)</p> <p>10:00 Men's Group (Aud.)</p> <p>12:30- Euchre (Coffee shop)</p> <p>12:30 Mental Aerobics (Coffee shop)</p> <p>8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>9:15- Fun and Fitness (Aud.)</p> <p>12:30- Spa Visits (Door to Door)</p> <p>7:00 Colouring Club (Coffee shop)</p>	<p>9:30- The Woolettes Knitting Group (Ret. Lounge)</p> <p>9:45- Hymn Sing (Aud.)</p> <p>10:30- Worship Service (Aud.)</p> <p>12:30- Decorating Pumpkins (Coffee shop)</p> <p>1:45- Sing it out with Sarah Mcleod (Aud.)</p>	<p>No Programs- Happy Saturday!</p>
<p>29. SUNDAY</p> <p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p>30. MONDAY</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>1:00- Little Learners Trick or Treaters (Coffee shop)</p> <p>2:30- Pumpkin Pie Social (Coffee shop)</p> <p>7:00- Scrabble (C1 Lounge)</p> 	<p>31. TUESDAY</p> <p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>12:00-Birthday Party (Stenthouse)</p> <p>12:30- Tai Chi (Aud.)</p> <p>1:00- Little Learners Trick or Treaters (Coffee shop)</p> <p align="center">Happy Halloween!</p>		<p><i>This month we will be celebrating the country Germany! You may notice some themed crafts, events, and activities on the calendar. Thank you!</i></p>	<p align="center">check out the "Events Calendar" on our website at www.saintlukesplace.ca</p> <p align="center">for updates, special events, and other Saint Luke's Place community activities</p>	<p align="center">Program times and locations may change at times. Please refer to the boards for any cancellations or changes. Thank you!</p>