




**OCTOBER 2017, TENANTS ACTIVITIES**  
**SAINT LUKE'S PLACE: TENANTS**

1. SUNDAY	2. MONDAY	3. TUESDAY	4. WEDNESDAY	5. THURSDAY	6. FRIDAY	7. SATURDAY
<p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p>10:30- Fun and fitness (Aud.)</p> <p>12:30- Travelogue: Germany (Auditorium)</p> <p>1:30- Knitpickers (D1 Lounge)</p> <p>7:00 Scrabble (C1 Lounge)</p>	<p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>10:30- Fun and Fitness (Aud.)</p> <p>12:30- Tai Chi (Aud.)</p> <p>12:30- Trivia (Coffee shop)</p>	<p>10:00- Swim Gym with Ashley (Pool)</p> <p>12:30- Grocery Trip- Food Basics *For those who signed up* (Depart from Main Office)</p> <p>12:30- Oktoberfest/German craft (Coffee shop)</p> <p>7:00- Wii Bowling (D2 Lounge)</p>	<p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>10:30- Fun and Fitness (Aud.)</p> <p>12:30- Word Games (Coffee shop)</p> <p>1:30- New Hope Hearing Clinic (C1 Lounge)</p> <p>7:00- Gospel Brass (Aud.)</p>	<p>9:30 TD Canada Bank (C1 lounge)</p> <p>9:45- Hymn Sing (Aud.)</p> <p>10:30- Worship Service (Aud.)</p> <p>1:00 Baking muffins (Aud.) 2.00\$</p>	<p>No Programs- Happy Saturday!</p> 
<p>8. SUNDAY</p> <p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p>9. MONDAY</p> <p>No Programs-</p> 	<p>10. TUESDAY</p> <p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>10:30- Fun and Fitness (Aud.)</p> <p>12:30- Tai Chi (Aud.)</p> <p>12:30- Mental Aerobics (Coffee shop)</p> <p>7:00- Games Night \$1.00 (Coffee Shop)</p>	<p>11. WEDNESDAY</p> <p>10:00- Swim Gym with Ashley (Pool)</p> <p>12:30- Grocery Trip- CANCELLED! RESCHEDULED FOR TOMORROW (THURS. OCT 12<sup>TH</sup>)</p> <p>2:00 Celebration of Life (Aud.)</p> <p>7:00- Wii Bowling (D2 Lounge)</p> <p>8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>12. THURSDAY</p> <p>9:00- Coffee, Tea and Muffins (D1 Lounge)</p> <p>10:30- Fun and Fitness (Aud.)</p> <p>12:30- Grocery Trip- Zhers *For those who signed up* (Depart from Main Office)</p>	<p>13. FRIDAY</p> <p>9:45- Hymn Sing (Aud.)</p> <p>10:30- Worship Service (Aud.)</p> <p>12:30- Puzzle Fun (Coffee shop)</p>	<p>14. SATURDAY</p> <p>No Programs- Happy Saturday!</p>
<p>15. SUNDAY</p> <p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p> 	<p>16. MONDAY</p> <p>10:30- Fun and Fitness (Aud.)</p> <p>12:30- BINGO (Aud.)</p> <p>1:30- Knitpickers (D1 Lounge)</p> <p>7:00- Scrabble (C1 Lounge)</p>	<p>17. TUESDAY</p> <p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>10:30- Fun and Fitness (Aud.)</p> <p>10:30 Anglican Communion (Chaple)</p> <p>12:30- Tai Chi (Aud.)</p> <p>12:30- Trivia (Coffee shop)</p> <p>1:30- Catholic Mass (Chaple)</p>	<p>18. WEDNESDAY</p> <p>10:00- Swim Gym with Sydney (Pool)</p> <p>12:30- Grocery Trip- Food Basic *For those who signed up* (Depart from Main Office)</p> <p>12:30- Halloween Craft (Coffee shop)</p> <p>7:00- Wii Bowling (D2 Lounge)</p> <p>8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>19. THURSDAY</p> <p>9:00- Coffee, Tea and Muffins (D1 Lounge)</p> <p>9:30-Visiting Library (Coffee shop)</p> <p>10:30- Fun and Fitness (Aud.)</p> <p>2:00 German Afternoon with Peter Bauman (Aud.) SIGN UP ONLY, SEE ASHLEY!</p>	<p>20. FRIDAY</p> <p>9:45- Hymn Sing (Aud.)</p> <p>10:30- Worship Service (Aud.)</p> <p>1:00- Listen Up (C1 Lounge)</p> <p>12:30- Word Games (Coffee shop)</p> <p>1:30- Progressive Euchre (Stenhouse Dining Hall)</p>	<p>21. SATURDAY</p> <p>No Programs- Happy Saturday!</p>

**OCTOBER 2017, TENANTS ACTIVITIES**  
**SAINT LUKE'S PLACE: TENANTS**

22. SUNDAY	23. MONDAY	24. TUESDAY	25. WEDNESDAY	26. THURSDAY	27. FRIDAY	28. SATURDAY
<p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p>10:30- Fun and Fitness (Aud.)</p> <p>12:30- Bingo (Aud.)</p> <p>1:30- Knitpickers (D1 Lounge)</p> <p>7:00- Scrabble (C1 Lounge)</p>	<p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>10:30- Fun and Fitness (Aud.)</p> <p>12:30- Tai Chi (Aud.)</p> <p>7:00- Games Night \$1.00 (Coffee Shop)</p>	<p>10:00- Swim Gym with Sydney (Pool)</p> <p>12:30- Grocery Trip- Zhers *For those who signed up* (Depart from Main Office)</p> <p>12:30- Mental Aerobics (Coffee shop)</p> <p>7:00- Wii Bowling (D2 Lounge)</p> <p>8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>9:00- Coffee, Tea and Muffins (D1 Lounge)</p> <p>10:30- - Fun and Fitness (Aud.)</p>	<p>9:45- Hymn Sing (Aud.)</p> <p>10:30- Worship Service (Aud.)</p> <p>12:30- Decorating Pumpkins (Coffee shop)</p>	<p>No Programs- Happy Saturday!</p> 
<p>29. SUNDAY</p> <p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p>30. MONDAY</p> <p>10:30- Fun and Fitness (Aud.)</p> <p>1:00- Little Learners Trick or Treaters (Coffee shop)</p> <p>1:30- Knitpickers (D1 Lounge)</p> <p>7:00- Scrabble (C1 Lounge)</p>	<p>31. TUESDAY</p> <p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>10:30- Fun and Fitness (Aud.)</p> <p>12:30- Tai Chi (Aud.)</p> <p>1:00- Little Learners Trick or Treaters (Coffee shop)</p> 		<p><i>This month we will be celebrating the country GERMANY! You may notice some themed crafts, events, and activities on the calendar. Thank you!</i></p>	<p><b>Also check out the "Events Calendar" on our website at <a href="http://www.saintlukesplace.ca">www.saintlukesplace.ca</a></b></p> <p>for updates, special events, and other Saint Luke's Place community activities</p>	<p><b>Program times and locations may change at times. Please refer to the boards for any cancellations or changes. Thank you!</b></p>