

Masquerade Charity Ball



The Bartlemans! Barb, Chris and Sue.



Paul O'Krafka, Board of Directors,
Shirley Petty, Tenant and Diane O'Krafka

It was an evening of magic and mystery, fun and frivolity, philanthropy and camaraderie! The inaugural Saint Luke's Place Foundation Charity Ball, with a Masquerade theme, took centre stage on October 27th, making it the highlight of the Cambridge social scene this fall. Well-known radio personality Angie Hill was our Master of Ceremonies, bringing her trademark voice and energetic personality to our Gala.

The evening started with the screening of a video vignette highlighting the fascinating life and family of David Bartleman, and his many contributions to the Cambridge community. Now a resident at Saint Luke's Place, David and his story provided everyone with a great reminder as to the importance of the work we do every day to provide quality care and services in a safe and comfortable home environment.

Brian Swainson, CEO welcomed everyone to the Gala, and spoke about the Long-Term Care Redevelopment Project as being the largest and most complex initiative undertaken by Saint Luke's Place in its 41-year history. Mr. Swainson added:

"Our Future Vision design for Long-Term Care has larger brighter rooms for residents, wider hallways, improved recreational space, enhanced accessibility options, consistent access to outdoor green space, improved dining rooms, and the list goes on. As a non-profit Home, we are able to dedicate our resources towards quality care and services, through appropriate staffing levels, innovative resident care strategies, and working closely with the community to enrich the quality of life of our residents."

Mayor Doug Craig brought greetings from the City of Cambridge, remarking that the uniqueness of Saint Luke's Place is its unwavering commitment to service.

We were also very pleased to have Kathryn McGarry, MPP bring warm words of welcome from the Province, highlighting the importance of the Saint Luke's Place redevelopment and growth strategy to the local community.

This sold-out Gala Event included a wandering magician to delight guests, a wonderful gourmet dining experience, silent and live auctions, a complementary photo booth, and lively musical entertainment to wrap up the evening on a high note.

The proceeds from the Charity Ball are designated to the Foundation's Welcome Home Capital Campaign, in support of the redevelopment of our Long-Term Care Home. Thank you to all who attended the evening, and to those who helped to make it such a magical evening – from local dignitaries, guests and sponsors, to the entertainers, organizers, volunteers and staff who helped make the evening a night to remember!

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RESIDENT SPOTLIGHT: Connie Moroz

Connie Moroz was born in San Miguel, Portugal in 1939 and comes from a family of 8 girls and 4 boys. She made the decision to move to Canada in 1965 and settled in Toronto. Connie met her future husband, Stanley, at church and they married in 1968. While raising their 3 children, Connie also worked in a local factory. Since English was not her first language, her employer encouraged her to sign up for a 6-month night school course. Upon completion, Connie was thrilled to get a part-time job at the Mississauga Hospital as a Nurses' Aide. After 2 ½ years she became a "Floater" and worked in the different departments. Before retiring in 1999, Connie was an Operating Room attendant, in charge of the sterilization of the medical instruments, linens and organization of the equipment for the surgical team. She says that she enjoyed her job but would have preferred to work full-time.

Connie was happy when her parents and siblings moved to Canada. When she wasn't working, she assisted her parents with medical appointments and errands and acted as their translator. She also enjoyed cooking, cleaning, making cookies for her children, knitting many baby blankets and clothes, and visiting friends and family. For many years, Connie, Stanley and their children travelled to their condo in Naples, Florida. When her husband was no longer able to drive the distance, Connie took over the wheel and drove the 27 hours to their home away from home.

Connie and her family eventually moved from Toronto to Mississauga and then finally to Cambridge. She became part of our Saint Luke's Place family 4 years ago and has made many good friends here. Each week Connie looks forward to a social time with two of our dedicated volunteers who host a special program for our Portuguese-speaking residents. This social group loves to play cards and dominoes, with great conversation, all while enjoying a coffee and sweet treat. Connie always shares a kind word and a welcoming smile, whether she is socializing in the coffee shop, or just sitting with friends outside to enjoy nice weather days.



Dementia-Friendly Design Considerations

At Saint Luke's Place, our redevelopment plan not only meets the required design standards for Long-Term Care, but also incorporates many unique enhancements to better serve the changing needs of our community.

One key feature of our redevelopment plan is a continued commitment to creating and enhancing a dementia-friendly home environment. This is achieved through a comprehensive strategy that includes innovative evidence-based resident-centred care, an inclusive community of acceptance, supporting specialized education and training for staff, and effectively incorporating dementia-friendly design considerations into our physical space. Our redevelopment project considers dementia-friendly design features such as:

- simple, non-repetitive floor plans to enhance ease of navigation and independence, including a circuitous path to encourage uninterrupted travel,
- placement of "cueing devices" or homelike landmarks to assist with recognition and familiarity,
- provisions for balanced sensory stimulation interventions that are not simply distractions, but which have personal meaning,
- memory boxes in or outside of each resident room, which have personal meaning to each resident,
- large signage with simple, easily recognizable images,
- appropriate lighting and peaceful cheerful spaces to lessen confusion and distraction, and to provide comfort for residents.

Through your continued support, our future vision for Long-Term Care will be an invaluable centre of innovation to meet the unique care needs of residents, and the expectations of families for many years to come.



Thank you for supporting our 4th Annual Generations Walk & Roll-a-Thon!

Residents, tenants, family, staff, volunteers and friends all came out in full force on Saturday, May 27th for our 4th Annual Generations Walk & Roll-a-Thon! The energy was infectious as we took to the pavement enjoying our beautiful gardens along our accessible pathway. This year we had vendors lining the path with giveaways and treats to help keep our par-

ticipants energized! After the last lap was completed, we all met in the Auditorium for a tasty bbq lunch and social time. A big thank you to our staff who donated baskets of goodies for our raffle draw!

Congratulations to the Aquafit Mermaids for having the most members on their team!



Thank you to an awesome Walk-A-Thon committee, volunteers, donors, supporters and participants! Through your generosity we raised more than \$10,500! We look forward to seeing you next year!

St. James Lutheran Shows their Support

Saint Luke's Place Foundation is extremely thankful to the members of St. James Lutheran Church for their dedication and commitment to support the Saint Luke's Place Long-Term Care Redevelopment Project with donations of \$16,000 to-date.

St. James Lutheran Church has been overlooking Queen Street in Hespeler for the last 150 years on land purchased and donated by Jacob Hespeler. This historic landmark of worship was recently sold after years of spiritually serving all members of St. James and the greater community. Although the

church saw many structural changes and additions over the years, their charitable giving, dedicated support and fellowship with the community has remained the same.

Cheque presentation from Representatives of St. James Lutheran Church



Why I Give: Featuring Harvey Sauder

Harvey Sauder has lived in the Special Care Unit at Saint Luke's Place Long-Term Care for the past 2 years. His daughter, Diane Burmaster, and her husband Glen also live at Saint Luke's Place, in our Independent Living Apartments, making it easy to visit with Harvey every day. Harvey is very happy living at Saint Luke's Place and always has a smile on his face. He enjoys a good chat, visits from his loving wife Alice, participating in the activities and will break out into song at the drop of a hat!

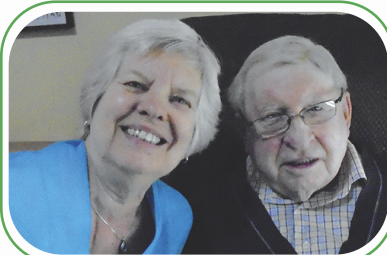
On May 23rd, 1924 Harvey was born in St. Jacobs and grew up 1 of 7 children. During WWII, Harvey was posted to the Bomber Command, Royal Canadian Air Force where he transported 250lb bombs down the runway to be loaded onto the Lancaster Bombers.

After the war, he married his first wife, Hazel Einwechter and in 1946, settled in Hespeler where they raised 2 daughters, Diane and Rosemary. Harvey made his living first at the Hockey Stick Factory, and then later, selling Tupperware and Kirby vacuums. Being a people person, in 1955 he transferred those sales skills to London Life and became known as the "Insurance Man".

Harvey has lived his life being a good neighbour, helping those in need, and he and his family are continuing this tradition today.

Through a generous donation to Saint Luke's Place Foundation, Harvey and his family are giving back to their home, expressing their belief that the care and well-being of Harvey's friends and neighbors at Saint Luke's Place is just as important as his own. Seeing the difference that their donation makes today and for future generations is why they give.

"God has truly blessed us and we want to pass it on!"



Diane Burmaster and her father Harvey Sauder

VOLUNTEER SPOTLIGHT: Gladys Goldrick

Gladys moved into the apartments at Saint Luke's Place in 2007 and she has been volunteering in our Long-Term Care Home ever since. She was born in Preston in 1929, married Arthur Goldrick, and eventually purchased a house in Hespeler. While raising their 7 children, Gladys worked at Artex Woolens and a shoe factory but it was her love of caring for others that encouraged Gladys to become a Red Cross Homemaker for 20 years. Throughout those years, Gladys cared for many seniors in the community, including many tenants in the apartments at Saint Luke's Place.



For Gladys, retirement did not last long, as helping and caring for others was in her nature. Volunteering at Saint Luke's Place was a natural path for her to take and she became a volunteer shortly after she moved in.

Every Friday, Gladys spends two hours assisting residents at our church services. Over the years, she has only missed one or two days due to illness. Now that's dedication! Gladys volunteers because it is something she felt she could really help out with.

Gladys enjoyed living with Buddy, her Shih Tzu and constant companion these last 16 years and misses him terribly. Gladys was so thankful that Buddy was able to join her when she moved in.

When not volunteering, Gladys spends weekends at her trailer with her family at Peacock Point. She keeps active by jogging at her trailer and also by participating in Aqua Fit classes at Saint Luke's Place. Gladys loves singing, and she was a member of the Cambridge Seniors Choir, which often performs for our residents and tenants.

We thank you, Gladys, for your loyal volunteer service to the residents of Saint Luke's Place.

Memorial Gifts

Saint Luke's Place Foundation is honoured to have been chosen by you to remember loved ones with a memorial donation. Donations were received in memory of those who resided within Saint Luke's Place, as well as outside of our community.

Donations Received April 16, 2017 – November 1, 2017

Esther Andreas	Elden Dingledine	Beth Moyer
Bertha Bartlett	Richard Galway	Stanislaw Sawkowicz
Margaret Jeanne Bradley	Betty Garland	Adam Simmons
William Braun	Ronald Krete	Martyn Thorburn
Eileen Burnes	Harry Lewis	Mary Whitehead
Jean Clarkson	Jantje Loonstra	Margaret "Winnie" Winters

Cambridge couple gives us a reason to celebrate seniors during Seniors' Month

*Jun 27, 2017 by Carly Genys, Volunteer
Focus Cambridge Times*

Did you know Canada's senior adult population volunteers more than any other age group?

Statistics Canada says older adults give an average of 223 hours of their time each year. This month marks the 33rd anniversary of Seniors' Month in Ontario, an opportunity to celebrate and recognize the impact seniors make every day in their communities.

This month we are honouring a couple who devote their time to helping others at Saint Luke's Place in Hespeler.

Betty and Reto Negri were not long at the independent living apartments at Saint Luke's Place when they were invited to get involved with the community. Currently, they both volunteer with the residents in the long-term care home, which provides permanent and long term care to approximately 114 people in four residence home areas.

Betty began volunteering in January by connecting with residents around her interest in crafts. She joins the other seniors for pottery and painting and loves that it allows for her to get to know the residents and hear their stories.

Betty says, "It is important to remember that each of them were young once and have accomplished amazing things."



Betty and Reto Negri - submitted photo

Reto became a volunteer in March, assisting in the dining room and with Friday chapel services. His background as a registered nurse has been a great asset at Saint Luke's Place, but he says you don't need to have specialized skills to be helpful.

Reto points out "you can do very simple things, like having a conversation or helping with a small task. To hear someone say, 'Thank you,' is very moving and rewarding."

Betty adds, "I look forward to [volunteering] each week. It feels effortless and the seniors are so much fun!"

To look for volunteer opportunities that support senior services, search the online volunteer opportunities database. Go to www.uwcambridge.on.ca/volunteer-centre.php and then click "Search the Online Database". For one-on-one assistance finding a volunteer opportunity that suits your interests, call the volunteer centre at 519-621-1030, ext. 243.

Carly Genys is a volunteer services co-ordinator for United Way Waterloo Region Communities.

SAINT LUKE'S PLACE FOUNDATION MISSION STATEMENT

To encourage and obtain financial support so Saint Luke's Place can improve its facilities and services.

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Through excellence and innovation we create a community of care that is person-centred.

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COMMUNITY CONNECTION

Comments and suggestions regarding Community Connection, Saint Luke's Place Foundation Newsletter, can be directed to the Foundation Office 519-658-5183 x 291.