






JANUARY 2018, RETIREMENT ACTIVITIES
SAINT LUKE'S PLACE: RETIREMENT

<p><i>This month we will be celebrating the country Scotland! You may notice some themed crafts, events, and activities on the calendar. Thank you!</i></p>	<p>1. MONDAY</p>  <p><i>New Year's Day</i></p> <p>7:00- Scrabble (C1 Lounge)</p>	<p>2. TUESDAY</p> <p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>12:30- Tai Chi (Aud.)</p> <p>12:30-Coloring the Scotland Flag (Coffee Shop)</p>	<p>3. WEDNESDAY</p> <p>10:00- Swim Gym with Sarah (Pool)</p> <p>10:00 Men's Group (Aud.)</p> <p>8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>4. THURSDAY</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>10:00 Resident Council Meeting(Board Room)</p> <p>1:30 New Hope Hearing (C1 Lounge)</p>	<p>5. FRIDAY</p> <p>9:30 TD Canada Bank (C1 lounge)</p> <p>9:30- Woolettes Knitting Group (Ret. Lounge)</p> <p>9:45- Hymn Sing (Aud.)</p> <p>10:30- Worship Service (Aud.)</p> <p>1:45 Eric Lunn performs(Aud)</p>	
<p>7. SUNDAY</p> <p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p> 	<p>8. MONDAY</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>12:30 Scotland Castles information (Coffee Shop)</p> <p>3:00 Bingo (C1 Lounge)</p> <p>7:00- Scrabble (C1 Lounge)</p>	<p>9. TUESDAY</p> <p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>12:30- Tai Chi (Aud.)</p> <p>12:30-One-to-One visits(door to door)</p> <p>7:00 Games night \$1.00 (Coffee Shop)</p>	<p>10. WEDNESDAY</p> <p>10:00- Swim Gym with Sarah (Pool)</p> <p>10:00 Men's Group (Aud.)</p> <p>2:00 Scottish Afternoon with Bill Muir (Aud)</p> <p>8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>11. THURSDAY</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>12:30 History of the Lochness Monster(Coffee Shop)</p> 	<p>12. FRIDAY</p> <p>9:30- Woolettes Knitting Group (Ret. Lounge)</p> <p>9:45- Hymn Sing (AUD)</p> <p>10:30-Worship Service (Aud)</p> <p>12:30-Scotland Trivia (Coffee Shop)</p>	
<p>14. SUNDAY</p> <p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p>15. MONDAY</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>12:30 Scotland Shortbread Cookies (Aud)</p> <p>3:00 Bingo (C1 Lounge)</p> <p>7:00- Scrabble (C1 Lounge)</p>	<p>16. TUESDAY</p> <p>9:00- Coffee, Tea and Muffins (Coffee Shop)</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>12:30- Tai Chi (Aud.)</p>	<p>17. WEDNESDAY</p> <p>10:00- Swim Gym with Sarah (Pool)</p> <p>10:00 Men's Group (Aud.)</p> <p>8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>18. THURSDAY</p> <p>9:15- Fun and Fitness (Aud.)</p> <p>9:30 Visiting Library(Coffee shop)</p> <p>12:30 Travelogue: Scotland (Aud)</p>	<p>19. FRIDAY</p> <p>9:30- Woolettes Knitting Group (Ret. Lounge)</p> <p>9:45- Hymn Sing (Aud.)</p> <p>10:30- Worship Service (Aud.)</p> <p>1-3:00 Listen up Canada *For those with Appointments* (C1 Lounge)</p> <p>1:45 Tonia-Joy Skipper(Aud)</p>	<p>20. SATURDAY</p> <p>No Programs- Happy Saturday!</p>

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21. SUNDAY	22. MONDAY	23. TUESDAY	24. WEDNESDAY	25. THURSDAY	26. FRIDAY	27. SATURDAY
<p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p>9:15- Fun and Fitness (Aud.) 12:30 One-to-One visits 3:00 Bingo (C1 Lounge) 7:00- Scrabble (C1 Lounge)</p>	<p>9:00- Coffee, Tea and Muffins (Coffee Shop) 9:15- Fun and Fitness (Aud.) 10:30 Anglican Communion (Chapel) 12:30- Tai Chi (Aud.) 1:30 Roman Catholic Mass(Chapel) 7:00 Games night \$1.00 (Coffee Shop)</p>	<p>10:00- Swim Gym with Sarah (Pool) 10:00 Men's Group (Aud.) 8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>9:15- Fun and Fitness (Aud.) 12:30 Robbie Burns Day Discussion (Coffee Shop)</p> 	<p>9:30- The Woolettes Knitting Group (Ret. Lounge) 9:45- Hymn Sing (Aud.) 10:30- Worship Service (Aud.) 12:30 Sarah and her guitar (a taste of Scotland) (Coffee shop)</p>	<p>2:00-2:45 Cambridge Highland Dancers (Aud)</p> 
<p>28. SUNDAY</p> <p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p>29. MONDAY</p> <p>9:15- Fun and Fitness (Aud.) 2:00-2:45 Ice Cream Social (Stenhouse) 3:00 Bingo (C1 Lounge) 7:00- Scrabble (C1 Lounge)</p>	<p>30. TUESDAY</p> <p>9:00- Coffee, Tea and Muffins (Coffee Shop) 12:00 Birthday Party (Stenhouse) 12:30- Tai Chi (Aud.) 2:00 Cambridge Seniors Choir (Aud)</p>	<p>31. WEDNESDAY</p> <p>10:00- Swim Gym with Sarah (Pool) 10:00 Men's Group (Aud.) 8:00- Rogers TV Bingo (Coffee Shop)</p>			<p>check out the "Events Calendar" on our website at www.saintlukesplace.ca for updates, special events, and other Saint Luke's Place community activities Program times and locations may change at times. Please refer to the boards for any cancellations or changes. Thank you!</p>