



















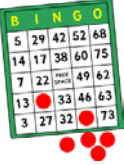





**MAY 2018, RETIREMENT ACTIVITIES**  
**SAINT LUKE'S PLACE: RETIREMENT**

	<p><i>This month we will be celebrating the country <b>MEXICO!</b> You may notice some themed crafts, events, and activities on the calendar.</i></p>	<p><b>1. TUESDAY</b>            9:00- Coffee, Tea and Muffins (Coffee Shop)            9:15- Fun and Fitness (Aud.)            12:30- Tai Chi (Aud.)            12:30- National Seniors Health &amp; Fitness Month challenge!</p> 	<p><b>2. WEDNESDAY</b>            10:00- Swim Gym with Kelsey (Pool)            10:00- Men's Discussion Group (Aud.)            12:30- Euchre (Coffee Shop)            2:00- Eastwood Strings            8:00- Rogers TV Bingo (Coffee Shop)</p>	<p><b>3. THURSDAY</b>            9:15- Fun and Fitness (Aud.)            12:30- Walking Club! Meet Kelsey in Coffee Shop!</p>  <p>1:30 New Hope Hearing(C1 Lounge)            7:00- Gospel Brass (Aud.)</p>	<p><b>4. FRIDAY</b>            9:30- TD Canada Bank (C1 Lounge)            9:45- Hymn Sing (AUD)            10:30-Worship Service (Aud)            1:15- The Carol Burnett Show (Aud.)</p> 	<p><b>5. SATURDAY</b>            No Programs- Happy Saturday!</p>
<p><b>6. SUNDAY</b>            10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p> 	<p><b>7. MONDAY</b>            9:15- Fun and Fitness (Aud.)            12:30- Travelogue of Mexico (Coffee Shop)</p>  <p>3:00 Bingo (C1 Lounge)            7:00- Scrabble (C1 Lounge)</p>	<p><b>8. TUESDAY</b>            9:00- Coffee, Tea and Muffins (Coffee Shop)            9:15- Fun and Fitness (Aud.)            12:30- Tai Chi (Aud.)            12:30- Wii Bowling (Coffee Shop)</p>  <p>7:00 Games night \$1.00 (Coffee Shop)</p>	<p><b>9. WEDNESDAY</b>            10:00- Swim Gym with Kelsey (Pool)            10:00- Men's Discussion Group (Aud.)            12:30- Euchre (Coffee Shop)            8:00- Rogers TV Bingo (Coffee Shop)</p>	<p><b>10. THURSDAY</b>            9:15- Fun and Fitness (Aud.)            12:30- Walking Club! Meet Kelsey in Coffee Shop            2:00- Flower Arrangments</p> 	<p><b>11. FRIDAY</b>            9:45- Hymn Sing (AUD)            10:30-Worship Service (Aud)</p>  <p><b>1:00- Mother's Day/Ladies Day Tea with Paul Schlam playing piano \$2.50 (Aud.)</b></p> 	<p><b>12. SATURDAY</b></p>
<p><b>13. SUNDAY</b>   <b>Mother's Day!</b>            10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p><b>14. MONDAY</b>            9:15- Fun and Fitness (Aud.)            11-2- Shumaker Mobile Footwear Service (Front Lounge)            12:30- Mexican Trivia (Coffee Shop)</p>  <p>3:00 Bingo (C1 Lounge)            7:00- Scrabble (C1 Lounge)</p>	<p><b>15. TUESDAY</b>            9:00- Coffee, Tea and Muffins (Coffee Shop)            9:15- Fun and Fitness (Aud.)            12:30- Walk-a-thon Poster Making! (Coffee Shop)            12:30- Tai Chi (Aud.)            1:30- Roman Catholic Communion (Chapel)</p> 	<p><b>16. WEDNESDAY</b>            10:00- Swim Gym with Kelsey (Pool)            10:00- Men's Discussion Group (Aud.)            12:30- Euchre (Coffee Shop)            8:00- Rogers TV Bingo (Coffee Shop)</p>	<p><b>17. THURSDAY</b>            9:15- Fun and Fitness (Aud.)            9:30-11 Visiting Library(Coffee shop)            12:30- Walking Club! Meet Kelsey in Coffee Shop            2:00- Good-bye party for Brian (Aud.)</p> 	<p><b>18. FRIDAY</b>            9:45- Hymn Sing (AUD)            10:30-Worship Service (Aud)            1-3- ListenUP Canada visit *For those with appointments (C1 Lounge)            1:15- The Carol Burnett Show (Aud.)</p> 	<p><b>19. SATURDAY</b></p>

**MAY 2018, RETIREMENT ACTIVITIES**  
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<p><b>20. SUNDAY</b></p> <p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p> 	<p><b>21. MONDAY</b></p> <p><b>VICTORIA DAY!</b></p>  <p>VICTORIA DAY</p>	<p><b>22. TUESDAY</b></p> <p>9:00- Coffee, Tea and Muffins (Coffee Shop)            9:15- Fun and Fitness (Aud.)            10:30- Anglican Communion (Chapel)            12:30- Documentary of the Royal Family (Coffee Shop)</p>  <p>7:00- Games Night \$1.00 (Coffee shop)</p>	<p><b>23. WEDNESDAY</b></p> <p>10:00- Swim Gym with Kelsey (Pool)            10:00- Men's Discussion Group (Aud.)            12:30- Euchre (Coffee Shop)            8:00- Rogers TV Bingo (Coffee Shop)</p>	<p><b>24. THURSDAY</b></p> <p>9:15 - Fun and Fitness (Aud.)            12:30- Walking Club! Meet Kelsey in Coffee Shop</p>  <p>2:00- Celebration of Life (Aud.)</p>	<p><b>25. FRIDAY</b></p> <p>9:45- Hymn Sing (Aud.)            10:30- Worship Service (Aud.)            1:15- The Carol Burnett Show (Aud.)</p> 	<p><b>26. SATURDAY</b></p> <p><b><u>WALK &amp; ROLL-A-THON!!!!</u></b></p> <p>9:30- Registration            10:30-Start Walking!            11:30- BBQ \$5.00</p>
<p><b>27. SUNDAY</b></p> <p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p><b>28. MONDAY</b></p> <p>9:15- Fun and Fitness (Aud.)            12:45- Chair Yoga (Coffee Shop)            3:00 Bingo (C1 Lounge)</p>  <p>7:00- Scrabble (C1 Lounge)</p>	<p><b>29. TUESDAY</b></p> <p>9:00- Coffee, Tea and Muffins (Coffee Shop)            9:15- Fun and Fitness (Aud.)</p>  <p>12:00- May Birthday Party (Stenhouse)            12:30- Room to Room chats with Kelsey!            12:30- Tai Chi (Aud.)</p>	<p><b>30. WEDNESDAY</b></p> <p>10:00- Swim Gym with Kelsey (Pool)            10:00- Men's Discussion Group (Aud.)  <b>11:00- LUNCH BUNCH: STONEROAD MALL! \$3.50, Depart @ 11 *For those who were SIGNED UP!!</b>            12:30- Euchre (Coffee Shop)            8:00- Rogers TV Bingo (Coffee Shop)</p>	<p><b>31. THURSDAY</b></p> <p>9:15- Fun and Fitness (Aud.)            12:30- Walking Club! Meet Kelsey in Coffee Shop</p>  <p>2:00- Little Tracks Visiting Farm (SLP Back path)</p> 	<p>Check out the "Events Calendar" on our website at <a href="http://www.saintlukesplace.ca">www.saintlukesplace.ca</a> for updates, special events, and other Saint Luke's Place community activities!</p> <p><b><u>Program times and locations may change at times.</u></b>            Please refer to the <b>bulletin boards</b> for any cancellations or changes.            Thank you ☺</p>	