September

SAINT LUKE'S PLACE - LONG-TERM-CARE ACTIVITIES Page 1 of 2



Canadians celebrate the Caribbean in a festival called Caribana. Caribana is known for its bright colours, sequins and feathers! Caribana Toronto happens August 2-6th, the main event being a grand parade. Also check out the "Events Calendar" on our website at

www.saintlukesplace.ca

for updates, special events, and other Saint Luke's Place community activities

1 SATURDAY 10-11 Dog Visits (AM)

2 SUNDAY

10:00 Catholic Communion (On The Unit)

2:00 All About Beavers (TV Room)



3 MONDAY

Activity Cart on all Floors All Day



4 TUESDAY

10:00 One to One Visits (AM)

2:00 Popsicle Cart (all Floors)



3:00 Exercise (AM)

5 WEDNESDAY

10:00 SLP Social Group – Current Events (AUD)

2:00 - Caribbean Travelogue (TV Room)



3:00 Exercise (AM)

6 THURSDAY

10:00 Resident's Council (Board Room)

2:00 National Read A Book Day (AUD)



7:00 Gospel Brass (AUD)

7 FRIDAY

9:45 Hymn Sing (AUD)

10:30 Worship Service (AUD)

1:45 Musical DVD (TV Room)

8 SATURDAY

10-11 Dog Visits (AM)

2:00 Fun with Words with Sydney (TV Room)

9 SUNDAY



National Grandparents Day 10 MONDAY

10:00 Java Music Club (TV Room)

1:30 Tropical Craft (A-Lower)



11 TUESDAY

10:00 One to One Visits (AM)

1:30 Pottery – Cost for Program (E-Lower Private Dining Room)

3:00 Exercise (AM)

12 WEDNESDAY

10:00 SLP Social Group - Guest Speaker Janine from the Alzheimer's Society (AUD)

2:00 Bingo (Stenhouse)



3:00 Exercise (AM)

13 THURSDAY

2:00 Outside Walks



4:00 Sundown Slowdown

6:30 Trivia (Front Lounge) 14 FRIDAY

9:45 Hymn Sing (AUD) 10:30 Worship Service (AUD)

2:20 Music Therapy with Katie (AM Dining Room)

15 SATURDAY

10-11 Dog Visits (AM)

2:35 Erin Moffat playing the Flute



September

A-MAIN

Page 2 of 2 SAINT LUKE'S PLACE - LONG-TERM-CARE ACTIVITIES

16 SUNDAY

10:00 Catholic Communion (On The Unit)

2:00 Balloon Badminton (TV Room)

23 SUNDAY

10:00 Catholic

30 SUNDAY

10:00 Catholic

The Caribbean

(TV Room)

Unit)

Unit)

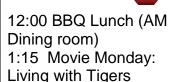
Communion (On The

Communion (On The

2:00 Fun Facts About

17 MONDAY

10:00 Spa Visits





10:00 Baking: Peanut

24 MONDAY

18 TUESDAY

(AM)

2:00 Mini Bowling (EW)



3:00 Exercise (AM)

25 TUESDAY

2:00 Bingo (Stenhouse)

3:00 Exercise (AM)



2:00 Icecream Social (Stenhouse)

10:00 One to One Visits



10:00 One to One Visits (AM)



19 WEDNESDAY

10:00 SLP Social Group - Reminiscing (AUD)

2:00 Caribbean Afternoon with John Pebble (AUD)

3:00 Exercise (AM)

26 WEDNESDAY

10:00 SLP Social Group - Guest Speaker: Police Officer Scott Donnelly (AUD)



2:00 Coffee Break Fundraiser for the Alzheimer's Society -\$2.00 (Stenhouse)



3:00 Exercise (AM)

20 THURSDAY

2:00 New Resident Tea (Stenhouse)



3:30 Sundown Slowdown

6:30 Trivia (Front Lounge)

27 THURSDAY

2:00 Tropical Photo Cart (All Floors)



3:30 Sundown Slowdown



9:45 Hymn Sing (AUD)

10:30 Worship Service (AUD)

9:45 Hymn Sing (AUD)

10:30 Worship Service

2:20 Music Therapy

1:45 Musical DVD (TV Room)

28 FRIDAY

(AUD)

with Katie



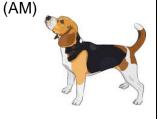
10-11 Dog Visits (AM)

2:00 Java Music Club (TV Room)



29 SATURDAY

10-11 Dog Visits



Program times and locations may change at times.

Please refer to the white boards on each unit for any changes.

7:00 Caribbean Pub with Clayton Steel Band (AUD)



SEPTEMBER, 2018: LONG-TERM-CARE ACTIVITIES SAINT LUKE'S PLACE – A-SECOND – Page 1 of 2

All Residents From All Floors Can Participate In All Programs	Program times and locations may change at times. Please refer to white boards on each unit for any changes	Dominica Republic	Also check out the "Events Calendar" on our website at www.saintlukesplace .ca for updates, special events, and other Saint Luke's Place community activities.	Cuba	Venezuela Flag	1. SATURDAY 2:00 "On A Roll" (dice and Card Game) (A2)
2. SUNDAY	3. MONDAY	4. TUESDAY	5. WEDNESDAY	6. THURSDAY	7. FRIDAY	8. SATURDAY
10:30 Catholic Communion (All Floors)	LABOUR DAY HOLIDAY! All Day: Activity A La Carte (All Floors)	10:00 One-To-One Visits (All Floors) 1:45 Popsicle Cart (All Floors) 6:30 All About the Caribbean (Front Lounge)	10:00 SLP Social Group "Current Events" (Aud.) 11:00 Exercise (A2) 1:45 Caribbean Travelogue (A2)	10:00 Resident's Council (Board Room) 2:00 National Read A Book Day (Aud.) 7:00 Gospel Brass (Aud.)	9:45 Hymn Sing (Aud.) 10:30 Worship Service (Aud.) 2:20 Sing Out with Katie (Aud.)	2:35 – 3:00 Music with Peter Bauman (A2)
9. SUNDAY	10. MONDAY	11. TUESDAY	12. WEDNESDAY	13. THURSDAY	14. FRIDAY	15. SATURDAY
10:30 Catholic Communion (All Floors) 2:00 Humourous Grandparents Stories (A2)	11:00 Exercises (A2) 2:30 Crafts-Making Lei's (A2)	10:00 Musical DVD (A2) 1:30 Pottery with Helen (E-Wing Dining Room) 6:30 One-To-One Visits (All Floors)	10:00 SLP Social Group with Nicole; Guest Speaker Janine-Alzheimer's Society (Aud.) 10:00 One-To-One Visits (A2) 11:00 Exercise (A2) 2:00 Bingo (A2) 4:00 Sundown Slowdown Program (A2)	10:00 Hangman (A2) 6:30 Trivia (Front Lounge)	9:45 Hymn Sing (Aud.) 10:30 Worship Service (Aud.) 1:45 Sing Along (A2)	2:00 Balloon Badminton (A2)

SEPTEMBER 2018: LONG-TERM-CARE ACTIVITIES SAINT LUKE PLACE - A-SECOND - Page 2 of 2

16. SUNDAY 18. TUESDAY 19. WEDNESDAY 20. THURSDAY 21. FRIDAY 17. MONDAY 22. SATURDAY 9:45 Hymn Sing (Aud.) **FALL BEGINS** 10:30 Catholic 10:00 One-To-One 10:30 Anglican 10:00 SLP Social Group: 9:30-11:00 Visiting 10:30 Worship Service Communion (Chapel) Library (Coffee Shop) Communion Visits (A2) Reminiscing (Aud.) 10:00 One-To-One Visits (Aud.) 11:00 Exercise (A2) (All Floors) 1:30 Roman Catholic (A2)2:00 New Resident's Tea Mass (Chapel) 2:20 Music Therapy 11:00 Exercise (A2) Meet and Greet with Katie (A2) (Stenhouse Hall) 2:00 One-To-One (A2) 2:00 Caribbean Afternoon 2:35-3:00 - Paul 4:30 Homestyle Dinner with John Pebble (Aud.) (Aud.) (sign up only) Horton plays his music (A2) 6:30 Trivia 2:00 Pathway's Video (Front Lounge) 4:00 Sundown Slowdown (A2)Program (A2) 29. SATURDAY 23. SUNDAY 24. MONDAY 25. TUESDAY **26. WEDNESDAY** 27. THURSDAY 28. FRIDAY 10:00 Java Music Club 9:45 Hymn Sing (Aud.) 10:30 Catholic 10:00 One-To-One 10:00 SLP Social Group; 1:45 Tropical Photo Cart 10:30 Worship Service Communion (A2)(A2)Guest Speaker "Police (All Floors) 2:00 Sensory Cart (A2) (All Floors) 11:00 Exercise (A2) Officer Scott Donnelly" (Aud.) 2:00 Bingo (A2) 7:00 Caribbean Pub night (Aud.) 10:00 One-To-One Visits with Clayton Steel Band 1:45 Sing Along (A2) 2:00 Reading 2:00 Ice Cream Short Stories (A2) Social 6:30 Apple Pie with the (A2)(Aud.) (Stenhouse Hall) Administrator 11:00 Exercise (A2) (Front Lounge) 2:00 Alzheimers Society -Coffee Break Fundraiser 30. SUNDAY **Puerto Rico Flag** (Stenhouse Hall) 10:30 Catholic Communion 4:00 Sundown Slowdown (All Floors) (A2)

SEPTEMBER 2018, LONG-TERM-CARE ACTIVITIES

SAINT LUKE'S PLACE: E-WING - Page 1 of 2

All residents from all floors can participate in all programs.

Program times and locations may change.

Please check white boards on units which are updated daily!

This month we will be celebrating Caribbean countries! You may notice themed crafts, events, and activities on the calendar.
Happy Caribana!





1. SATURDAY

Also check out the "Events Calendar" on our website at

www.saintlukesplace.ca

for updates, special events, and other Saint Luke's Place community activities

2. SUNDAY

10:00 All About Beavers (E-Wing)

10:30 Catholic Communion (All Floors)

Dog visits today.



3. MONDAY



10:00 Leisure a la Carte (All Floors, All Day)

HAPPY LABOUR DAY!

4. TUESDAY

10:00 Exercise (E-Wing)

2:00 Popsicle Cart (All Floors)

4:00 Sundown Slowdown (E-Wing)

6:30 All About the Caribbean Islands (Front Lounge)

5. WEDNESDAY

10:00 SLP Social Group: Current Events (Aud.)

10:00 Outdoor Walks (E-Wing)

11:00 Exercise (E-Wing)

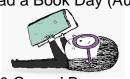
2:00 Trivia Afternoon (E-Wing)

6. THURSDAY

10:00 Resident's Council (Board Room)

11:00 Exercise (E-Wing)

2:00 – 3:00 National Read a Book Day (Aud.)



7:00 Gospel Brass (Aud.)

7. FRIDAY

9:45 Hymn Sing (Aud.)



10:30 Worship Service (Aud.)

1:45 Musical DVD (E-Wing)

14. FRIDAY

8. SATURDAY

10:00 Physical Aerobics (E-Wing)



9. SUNDAY



10:30 Catholic Communion (All Floors)

10. MONDAY

10:00 One to One Visits

11:00 Exercise (E-Wing)

2:00 Coffee Shop Visits (Coffee Shop)



11. TUESDAY

10:00 Exercise (E-Wing)

1:30 Pottery (E-Lower Dining Room)

4:00 Sundown Slowdown (E-Wing)

6:30 One to One Visits (All Floors)

12. WEDNESDAY

10:00 SLP Social Group: Talk with Nicole – Guest: Janine from the Alzheimer Society (Aud.)

10:00 One to One Visits

11:00 Exercise (E-Wing)

2:00 Bingo (Stenhouse)

13. THURSDAY

10:00 Exercise (E-Wing)

12:00 BBQ Lunch (E-Wing Dining Room)

6:30 Trivia (Front Lounge)

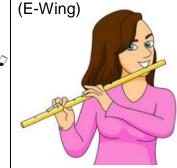


9:45 Hymn Sing (Aud.)

1:45 – 2:10 Music Therapy with Katie (E-Wing)

15. SATURDAY

2:00 – 2:25 Erin Moffat plays the flute



SEPTEMBER 2018, LONG-TERM-CARE ACTIVITIES

SAINT LUKE'S PLACE: E-WING -Page 2 of 2

16. SUNDAY

10:00 Tangram Puzzles (E-Wing)

10:30 Catholic Communion (All Floors)

2:35 - 3:15Eric Lunn plays his music (E-Wing)

17. MONDAY

11:00 Exercise (E-Wing)

2:00 Travelogue to the Caribbean (E-Wing)



18. TUESDAY

10:00 Exercise (E-Wing)

10:00 iPod Visits (E-Wing)

2:00 Bowling (E-Wing)



19. WEDNESDAY

10:00 SLP Social Group: Reminiscing (Aud.)

11:00 Exercise (E-Wing)



2:00 Caribbean Afternoon with John Pebble (Aud.)

20. THURSDAY

9:30 - 11:00 Visiting Library (Coffee Shop)

10:00 Exercise (E-Wing)

2:00 New Resident Meet and Greet (Stenhouse)

6:30 Trivia (Front Lounge) 27. THURSDAY

21. FRIDAY

9:45 Hymn Sing (Aud.)



10:30 Worship Service (Aud.)

1:45 Musical DVD (E-Wing)



10:00 Physical Game (E-Wing)



23. SUNDAY

10:30 Catholic Communion



Dog visits today.

10:00 Spa Visits

10:30 Catholic

2:35 - 3:00 Myra plays Newfoundland

Communion

(All Floors)

(E-Wing)

30. SUNDAY

(E-Wing)

Words (E-Wing) 11:00 Exercise

> 2:00 Ice Cream Social (Stenhouse)

24. MONDAY

10:00 Fun with

(E-Wing)

25. TUESDAY

10:00 Exercise (E-Wing)



26. WEDNESDAY

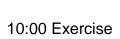
10:00 SLP Social Group: Guest Speaker - Police Officer Scott Donnelly (Aud.)

10:00 One to One Visits

11:00 Exercise (E-Wing)

2:00 Coffee Break Fundraiser for the \$2.00) (Stenhouse)

Alzheimer Society (Cost -



(E-Wing)

2:00 Tropical Photo Cart (All Floors)

7:00 Caribbean Pub Night with the Clayton Steel Band (Aud.)

28. FRIDAY

9:45 Hymn Sing (Aud.)

10:30 Worship Service (Aud.)

1:45 - 2:10Music Therapy with Katie (E-Wing)

29. SATURDAY







The Spirit of Caribana





6:30 Apple Pie with the Administrator (Front Lounge)



SEPTEMBER 2018, LONG-TERM-CARE ACTIVITIES SAINT LUKE'S PLACE: SPECIAL CARE UNIT - Page 1 of 2

All residents from all floors can participate in all programs.

Activities are subject to change pending the daily routine of our residents.

This month we will be celebrating Caribbean countries! You may notice themed crafts, events, and activities on the calendar. Happy Caribana!







1. SATURDAY

10:00 AM- Physical Aerobics (SCU)



2. SUNDAY

10:30 AM-Catholic Communion (All Floors)



Dog visits today!

3. MONDAY



10:00 AM- Leisure a la Carte (All Floors) Dog visits today!



4. TUESDAY

10:00 AM- One to One Visits (AM/SCU)

11:15 AM- Exercises with Physio (SCU)

2:00 PM- Popsicle Cart (All Floors)



5. WEDNESDAY

10:00 AM- Physical Aerobics (SCU)

2:00 PM- Tim Hortons Cart (SCU)



4:15 PM- Sundown Slowdown (SCU)

6. THURSDAY

11:15 AM- Exercises with Physio (SCU)

3:00 PM- Crokinole with Diane (SCU)

4:00: Book Reading with Marlena Books (SCU)

7:00 PM- Gospel Brass (AUD)

7. FRIDAY

9:45 AM- Hymn Sing (AUD)

10:30 AM- Worship Service (AUD)

1:45 PM- Sing Out with Katie (SCU)



8. SATURDAY

2:00 PM- Music with Peter Bauman (SCU)



9. SUNDAY

10:00 AM-Humorous Grandparent stories (SCU)

10:30 AM-Catholic Communion (All Floors)

Dog visits today!

10. MONDAY

10:00 AM- Morning Tea & Talk (SCU)

1:30 PM-Caribbean Craft (SCU)

4:15 PM- Sundown Slowdown (SCU)

Dog visits today!

11. TUESDAY

10:00 AM- Spa Morning (SCU)

11:15 AM- Exercises with Physio (SCU)

1:30 PM- Pottery with Helen *Cost for Parting Philip Program*

12. WEDNESDAY

10:00 AM- Coloring Club: Caribbean Theme (SCU)

2:00 PM- Bingo (SCU)



4:15 PM- Sundown Slowdown (SCU)

13. THURSDAY

10:00 AM- One to One Visits (SCU)

11:15 AM- Exercises with Physio (SCU)



3:00 PM- Crokinole with Diane (SCU)

14. FRIDAY

9:45 AM- Hymn Sing (AUD)

10:30 AM- Worship Service (AUD)

1:45 PM- Musical DVD (SCU)



15. SATURDAY

10:00 AM- Morning Social (SCU)



SEPTEMBER 2018, LONG-TERM-CARE ACTIVITIES SAINT LUKE'S PLACE: SPECIAL CARE UNIT - Page 2 of 2

16. SUNDAY

10:30 AM- Catholic Communion (All Floors)

1:45 PM- Music with Eric Lunn (SCU)



Dog visits today!

23. SUNDAY 10:00 AM- Tim Hortons Cart (SCU)

10:30 AM- Catholic Communion (All Floors)



30. SUNDAY

10:30 AM- Catholic Communion (All Floors)

2:00-2:25 PM- Myra plays Newfoundland (SCU)

Dog visits today!



17. MONDAY

10:00 AM- Physical Aerobics (SCU)

2:00 PM- Travelogue: Carribean (SCU)

4:15 PM- Sundown Slowdown (SCU) Dog visits today!

24. MONDAY

10:00 AM- Mental

2:00 PM- Ice Cream

Social (Stenhouse)

ICE

CREAM

4:15 PM- Sundown

Slowdown (SCU)

Dog visits today!

Aerobics (SCU)

18. TUESDAY

10:00 AM- Fun Facts: All About the Carribean (SCU)

11:15 AM- Exercises with Physio (SCU)

2:00 PM- Afternoon Movie with Popcorn & Refreshments (SCU)

19. WEDNESDAY

10:00 AM- Musical Memories (SCU)

2:00 PM- Caribbean Afternoon with John Pebble (AUD) 4:15 PM- Sundown Slowdown (SCU)



20. THURSDAY

10:00 AM- Table Top Games (SCU)

11:15 AM- Exercises with Physio (SCU)

2:00 PM- New Resident Tea (Stenhouse)

3:00 PM- Crokinole with Diane (SCU)

27. THURSDAY

26. WEDNESDAY

10:00 AM- Indoor Walks (SCU)

2:00 PM- Coffee Break Fundraiser for the Alzheimer Society (Cost -\$2.00) (Stenhouse)

10:00 AM- Spa Visits (All Floors)

> 11:15 AM- Exercises with Physio (SCU)

> > 2:00 PM- Tropical Photo Cart (All Floors)

3:00 PM- Crokinole with Diane (SCU)



21. FRIDAY

9:45 AM- Hymn Sing (AUD) 10:30 AM- Worship Service (AUD)



1:45 PM- Sing Out with Katie (SCU)

28. FRIDAY

9:45 AM- Hymn Sing (AUD)

10:30 AM- Worship Service (AUD)

1:45 PM- Fun with Heather (SCU)

22. SATURDAY

1:45-2:25 PM- Music with Paul Horton (SCU)



29. SATURDAY



10:00 AM- Room Visits/IPad Games (SCU)

Also check out the "Events Calendar" on our website at www.saintlukesplace.ca

for updates, special events, and other Saint Luke's Place community activities



25. TUESDAY

10:00 AM- Reminiscing Group (SCU)



11:15 AM- Exercises with Physio (SCU)

2:00 PM- Baking: Brownies (SCU)



Société **Alzheimer** Society

CANADA 4:15 PM- Sundown

Slowdown (SCU)



7:00 PM- Caribbean Pub Night with the Clayton Steel Band

(AUD)