

JANUARY 2019 TENANT ACTIVITIES
SENIORS ACTIVE LIVING CENTRE : TENANTS

<p>Check out the "Events Calendar" on our website at www.saintlukesplace.ca for updates, special events, and other Saint Luke's Place community activities! <u>Program times and locations may change at times.</u> Please refer to the bulletin boards for any cancellations or changes. Thank you ☺</p>		<p align="center">1. TUESDAY</p> 	<p align="center">2. WEDNESDAY</p> <p>10:00 Grocery Trip to Zehrs Sign up at the main office Cost: \$2.00</p> <p>7:00 Wii Bowling (D1 Lounge)</p>	<p align="center">3. THURSDAY</p> <p>9:00 Coffee, Tea & Muffins Cost: \$1.00 (D1 Lounge)</p> <p>10:30 Fun & Fitness (Aud.)</p> <p>1:30-2:30 New Hope Hearing Drop in (C1 Lounge)</p> 	<p align="center">4. FRIDAY</p> <p>9:30-10:15 TD Bank (C1 Lounge)</p> <p>9:45- Hymn Sing (AUD)</p> <p>10:30-Worship Service (AUD)</p> <p>1:30 Waterloo Region Museum: Canada Day 1 Exhibit Cost \$3.00 + \$8.00 admission at the door</p>	<p align="center">5.SATURDAY</p> 
<p>6. SUNDAY</p> <p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p align="center">7. MONDAY</p> <p>10:30 Fun & Fitness (Aud.)</p> <p>12:30 Tai Chi (Aud.)</p> <p>1:30 Knit Pickers (D1 Lounge)</p> <p>7:00- Scrabble (C1 Lounge)</p>	<p align="center">8. TUESDAY</p> <p>9:00 Coffee, Tea and Muffins (Coffee Shop) \$1.00</p> <p>10:30 Fun and Fitness (Aud.)</p> <p>7:00- Games Night \$1.00 (Coffee Shop) </p>	<p align="center">9. WEDNESDAY</p> <p>10:00 Grocery Trip to Food Basics Sign up at the main office Cost: \$2.00</p> <p>7:00 Wii Bowling (D2 Lounge)</p>	<p align="center">10. THURSDAY</p> <p>9:00 Coffee, Tea and Muffins (D1 Lounge) \$1.00</p> <p>10:30 Fun and Fitness (Aud.)</p> <p>7:00 Bingo (D1 Lounge)</p> 	<p align="center">11. FRIDAY</p> <p>9:45- Hymn Sing (AUD)</p> <p>10:30-Worship Service (AUD)</p> <p>1:30-2:30 Armchair Travel: Scotland</p>	<p align="center">12. SATURDAY</p> 
<p>13. SUNDAY</p> <p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p align="center">14. MONDAY</p> <p>10:30 Fun and Fitness (Aud.)</p> <p>12:30 Tai Chi (Aud.)</p> <p>1:30 Knit Pickers (D1 Lounge)</p> <p>7:00- Scrabble (C1 Lounge)</p>	<p align="center">15. TUESDAY</p> <p>9:00- Coffee, Tea and Muffins (Coffee Shop) \$1.00</p> <p>10:30- Fun and Fitness (Aud.)</p> <p>10:30 Anglican Communion (Chapel)</p> <p>1:00pm Swim Shuttle to Fairview Mennonite Pool</p> <p>1:30 Catholic Mass (Chapel)</p>	<p align="center">16. WEDNESDAY</p> <p>10:00 Grocery Trip to Zehrs Sign up at the main office Cost: \$2.00</p> <p>7:00 Wii Bowling (D2 Lounge)</p> <p>8:00- Rogers TV Bingo (Coffee Shop)</p>	<p align="center">17. THURSDAY</p> <p>9:00- Coffee, Tea and Muffins (D1 Lounge) \$1.00</p> <p>10-11 Visiting Library (Coffee Shop)</p> <p>10:30- Fun and Fitness (Aud.)</p> <p>11:30 Trip to the Cambridge Centre</p>	<p align="center">18. FRIDAY</p> <p>9:45- Hymn Sing (AUD)</p> <p>10:30-Worship Service (Aud)</p> <p>1:30 Progressive Euchre \$2.00 (Stenhouse)</p> 	<p align="center">19. SATURDAY</p>

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20. SUNDAY	21. MONDAY	22. TUESDAY	23. WEDNESDAY	24. THURSDAY	25. FRIDAY	26. SATURDAY
<p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p>	<p>10:30- Fun and Fitness (Aud.) 12:30 Tai Chi (Aud) 1:30 Knit Pickers (D1 Lounge) 7:00- Scrabble (C1 Lounge)</p>	<p>9:00- Coffee, Tea and Muffins (Coffee Shop) \$1.00 10:30- Fun and Fitness (Aud.) 1:00 Swim Shuttle to Fairview Mennonite Pool 7:00 Games Night \$1.00 (Coffee Shop)</p>	<p>10:00 Grocery Trip to Food Basics Sign up at the main office. Cost: \$2.00 7:00 Wii Bowling (D2 Lounge) 8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>9:00 Coffee, Tea and Muffins (D1 Lounge) \$1.00 10:30 Fun and Fitness (Aud.) 10:00 Casino Trip 7:00 Bingo (D1 Lounge)</p> 	<p>9:45- Hymn Sing (Aud.) 10:30- Worship Service (Aud.)</p>	
<p>27. SUNDAY</p> <p>10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443</p> <p>2:00 Scottish Highland Dancers (Aud.)</p>	<p>28. MONDAY</p> <p>10:30- Fun and Fitness (Aud.) 12:30 Tai Chi (Aud) 1:30 Knit Pickers (D1 Lounge) 2:00 Bingo! (C1 Lounge) 7:00- Scrabble (C1 Lounge)</p> 	<p>29. TUESDAY</p> <p>9:00- Coffee, Tea and Muffins (Coffee Shop) \$1.00 10:30- Fun and Fitness (Aud.) 1:00 Swim Shuttle to Fairview Mennonite Pool</p>	<p>30. WEDNESDAY</p> <p>11:30 Lunch Bunch (Sign up at the main office) 7:00 Wii Bowling (D2 Lounge) 8:00- Rogers TV Bingo (Coffee Shop)</p>	<p>31. THURSDAY</p> <p>9:00 – Coffee, Tea & Muffins (D1 Lounge) \$1.00 10:30- Fun & Fitness (Aud)</p>		