














A-MAIN







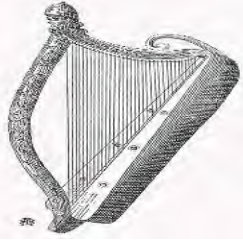
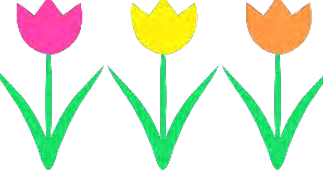
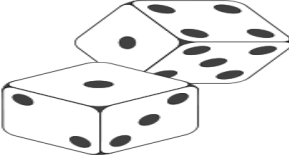



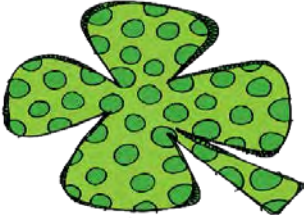
SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES Page 1 of 2

<p>Also check out the “Events Calendar” on our website at www.saintlukesplace.ca</p> <p>for updates, special events, and other Saint Luke’s Place community activities</p> <p>Program times and locations may change at times. Please refer to the white boards on each unit for any changes.</p>						 <p>IRELAND</p>			<p>1 FRIDAY</p> <p>9:45 Hymn Sing (AUD)</p> <p>10:30 Worship Service (AUD)</p> <p>1:45 Musical DVD (TV Room)</p> 		<p>2 SATURDAY</p> <p>11:00 Dog Visits (EW/AM)</p> <p>2:00 Irish Traditions (TV Room)</p> 		
<p>3 SUNDAY</p> <p>10:30 Catholic Communion (On The Unit)</p> 		<p>4 MONDAY</p> <p>10:00 March Sensory Program (TV Room)</p> <p>2:00 Denise the Harp Player (AUD)</p> 		<p>5 TUESDAY</p> <p>10:00 One to One Visits</p> <p>1:45 Spring Photo Cart (All Floors)</p>  <p>3:00 Exercise (AM)</p> <p>6:30 All About Ireland (Stenhouse)</p> <p>SHOVE TUESDAY</p>		<p>6 WEDNESDAY</p> <p>10:00 A-Main Social Group (TV Room)</p> <p>2:15 Craft: Shamrock Sun Catcher (TV Room)</p>  <p>3:00 Exercise (AM)</p>		<p>7 THURSDAY</p> <p>10:00 Resident Council (Board Room)</p> <p>11:00 Exercises (TV Room)</p> <p>2:00 New Resident Tea (Stenhouse)</p> <p>3:30 Sundown Slowdown</p> <p>6:30 Word Whiz Quiz (Stenhouse)</p>		<p>8 FRIDAY</p> <p>9:45 Hymn Sing (AUD)</p> <p>10:30 Worship Service (AUD)</p>  <p>2:20 Music Therapy With Katie (AM Dining Room)</p>		<p>9 SATURDAY</p> <p>11:00 Dog Visits (EW/AM)</p> <p>2:00 Name That Tune (TV Room)</p> 	
<p>10 SUNDAY</p> <p>10:30 Catholic Communion (On The Unit)</p> <p>2:35-3:15 Music with Eric Lunn (AM)</p> 		<p>11 MONDAY</p> <p>8:30 McDonalds Breakfast - <u>Sign-Up</u> (Coffee Shop)</p> <p>2:00 Bingo (AM Dining Room)</p> 		<p>12 TUESDAY</p> <p>10:00 One to One Visits</p> <p>2:00 Irish Afternoon With Bob McLean (AUD)</p> <p>3:00 Exercise (AM)</p> <p>6:30 Word Whiz Quiz (Stenhouse)</p> 		<p>13 WEDNESDAY</p> <p>10:00 Java Music Club (TV Room)</p> <p>2:00 Knitting Circle (TV Room)</p>  <p>3:00 Exercise (AM)</p>		<p>14 THURSDAY</p> <p>11:00 Exercises (TV Room)</p> <p>4:45 Homestyle Dinner (For Those Who Signed Up)</p> 		<p>15 FRIDAY</p> <p>9:45 Hymn Sing (AUD)</p> <p>10:30 Worship Service (AUD)</p> <p>1:30 Green Drink Cart (EW/AM)</p> 		<p>16 SATURDAY</p> <p>11:00 Dog Visits (EW/AM)</p> 	



MARCH 2019: LONG-TERM-CARE ACTIVITIES
SAINT LUKE'S PLACE- A-SECOND – Page 1 of 2



<p align="center">All Residents From All Floors Can Participate In All Programs</p>	<p align="center">Program times and locations may change At anytime. Please refer to white boards on each unit for any changes</p>	<p>Also check out the “Events Calendar” on our website at www.saintlukesplace .ca for updates, special events, and other Saint Luke’s Place community activities.</p>	 <p align="center">IRELAND (GREEN, WHITE & ORANGE)</p>		<p>1. FRIDAY</p> <p>9:45 Hymn Sing (Aud.) 10:30 Worship Service (Aud.)</p> <p>2:20 Music Therapy with Katie (A2)</p>	<p>2. SATURDAY</p> 
<p>3. SUNDAY 10:30 Catholic Communion (All Floors)</p> <p>10:00 Spa Visits (A2) Dog Visits!</p> 	<p>4. MONDAY</p> <p>10:00 One-To-One Visits (A2) 11:00 Exercises (A2)</p> <p>2:00 Entertainment: Denise- Harp Music (Aud.)</p> 	<p>5. TUESDAY</p> <p>10:00Java Music Club (A2)</p> <p>1:30 Spring Photo Shoot (All Floors)</p>  <p>6:30 All About Ireland (Stenhouse Hall)</p>	<p>6. WEDNESDAY</p> <p>10:00 One-To-One Visits (A2) 10:00 Heritage College Visits (A2) 11:00 Exercise (A2)</p> <p>2:00 “On A Roll” (A2)</p>  <p>4:00 Sundown Slowdown Program (A2)</p>	<p>7.THURSDAY</p> <p>10:00 Residents’ Council (Board Room) 10:00 Musical DVD with Daniel O’Donnell -“The Rock “n” Roll Show” (A2)</p> <p>2:00 New Residents Meet and Greet (Stenhouse Hall)</p> <p>6:30 Knit and Chat Circle (A2) 6:30 Word Whiz Quiz (Stenhouse Hall)</p>	<p>8. FRIDAY</p> <p>9:45 Hymn Sing (Aud.) 10:30 Worship Service (Aud.)</p> <p>1:45 Musical DVD Singing with Suzie Q (A2)</p> 	<p>9. SATURDAY</p> <p>10:00 Putting The Past In Order-Game (A2)</p> 
<p>10.SUNDAY</p> <p>SPRING AHEAD!(Daylight Saving Time)</p> <p>10:30 Catholic Communion (All Floors)</p> <p align="center">Dog Visits!</p>	<p>11. MONDAY</p> <p>8:30 Breakfast From McDonald’s (A2: sign up only) 11:00 Exercises (A2)</p> <p>2:00 Pottery with Helen (On A Lower)</p>	<p>12. TUESDAY</p> <p>10:00Java Music Club (A2)</p> <p>2:00 Irish Afternoon with Bob McLean (Aud.)</p> <p>6:30 Word Whiz Quiz (Stenhouse Hall)</p>	<p>13. WEDNESDAY</p> <p>10:00 One-To-One Visits (A2) 10:00 Heritage College Visits (A2) 11:00 Exercise (A2)</p> <p>2:00 Bingo (A2) 4:00 Sundown Slowdown Program (A2)</p>	<p>14. THURSDAY</p> <p>10:00 Hangman (A2)</p> 	<p>15. FRIDAY</p> <p>9:45 Hymn Sing (Aud.) 10:30 Worship Service (Aud.)</p> <p>2:20 Music Therapy with Katie (A2)</p>	<p>16. SATURDAY</p> <p>2:00 Roaming A-Z “All Things Green” (A2)</p> 

MARCH, 2019: LONG-TERM-CARE ACTIVITIES
SAINT LUKE'S PLACE—A-SECOND – Page 2 of 2



<p>17. SUNDAY</p>  <p>10:00 Hangman- "All Things Green" (A2)</p> <p>10:30 Catholic Communion (All Floors)</p> <p align="center">Dog Visits!</p>	<p>18. MONDAY</p> <p>11:00 Exercise (A2)</p> <p>1:30 Travelogue; "Ireland" (A2)</p> 	<p>19. TUESDAY</p> <p>10:00Java Music Club (A2)</p> <p>10:30 Anglican Communion (Chapel)</p> <p>1:30 Catholic Mass (Chapel)</p> <p>2:00 Cambridge Senior's Choir (Aud.)</p> <p>6:30 One-To-One Visits (All Floors)</p>	<p>20. WEDNESDAY <i>Spring Begins</i></p> <p>10:00 One-To-One Visit (A2)</p> <p>10:00 Heritage College Visits (A2)</p> <p>11:00 Exercise (A2)</p> <p>2:00 Shuffleboard (A2)</p>  <p>4:00 Sundown Slowdown Program (A2)</p>	<p>21. THURSDAY</p> <p>10:00-11:00 Visiting Library (Coffee Shop)</p>  <p>10:00 Musical DVD with Daniel O'Donnell-"The Rock n Roll Show" (A2)</p> <p>2:00 Card Bingo (A2)</p> <p>6:30 Word Whiz Quiz (Stenhouse Hall)</p>	<p>22. FRIDAY</p> <p>9:45 Hymn Sing (Aud.)</p> <p>10:30 Worship Service (Aud.)</p> <p>11:00 Maple Syrup Tour (sign up only)</p>  <p>1:45 Musical DVD Singing with Suzie Q (A2)</p>	<p>23. SATURDAY National Puppy Day!</p>  <p>2:35-3:15 Music with Paul Horton (A2)</p> 
<p>24. SUNDAY</p> <p>10:30 Catholic Communion (All Floors)</p> <p>2:00 Activity A la Carte (A2)</p> <p align="center">Dog Visits!</p>	<p>25. MONDAY</p> <p>10:00 One-To-One Visits (A2)</p> <p>11:00 Exercise (A2)</p> <p>2:00 Warm Drink Social with Jan Denk (Stenhouse Hall)</p> 	<p>26. TUESDAY</p> <p>2:00 Pathway's (A2)</p> <p>6:45 Celtic Music Pub with Peter and Gwen (Aud.)</p> 	<p>27. WEDNESDAY</p> <p>10:00 Guest Speaker Amy Strom from Strom's Farm (Aud.)</p> <p>10:00 One-To-One Visit (A2)</p> <p>10:00 Heritage College Visits (A2)</p> <p>11:00 Exercise (A2)</p> <p>2:00 Bingo (A2)</p> <p>4:00 Sundown Slowdown (A2)</p>	<p>28. THURSDAY</p> <p>10:00 Fun With Words (A2)</p> <p>2:00 On A Roll – Cards and Dice Game (A2)</p> <p>6:30 Word Whiz Quiz (Stenhouse Hall)</p> 	<p>29. FRIDAY</p> <p>9:45 Hymn Sing (A2)</p> <p>10:30 Worship Service (Aud.)</p> <p>2:20 Musical Therapy with Katie (A2)</p> 	<p>30. SATURDAY</p> <p align="center">Did you hear about the guy whose whole left side was cut off?</p> <p align="center">He's all right now</p> 
<p>31. SUNDAY</p> <p>10:00 Sensory Bin (A2)</p> <p>10:30 Catholic Communion (All Floors)</p> <p align="center">Dog Visits!</p>						



MARCH 2019, LONG-TERM-CARE ACTIVITIES
SAINT LUKE'S PLACE: E-WING – Page 1 of 2







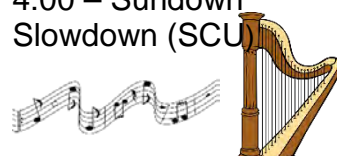












<p>Program times and locations may change at times. Please refer to white boards on each unit for any changes.</p> <p>All residents from all floors can participate in all programs.</p>	<p>This month we will be celebrating Ireland. You may notice themed events and programs on the calendar this month!</p>				<p>1. FRIDAY 9:45 Hymn Sing (Aud.)  10:30 Worship Service (Aud.) 1:45 Musical Video (E-Wing)</p>	<p>2. SATURDAY 10:00 Monthly Gazette (E-Wing)</p> 
<p>3. SUNDAY 10:30 Catholic Communion (All Floors)</p> <p>Dog visits today</p>  <p>2:00 One to One Visits (E-Wing)</p>	<p>4. MONDAY 11:00 Exercise (E-Wing) 2:00 – 2:45 Harp Player – Denise (Aud.)</p> 	<p>5. TUESDAY 10:00 Exercise (E-Wing) 1:45 Spring Photo Cart (All Floors)  4:00 Sundown Slowdown (E-Wing) 6:30 All About Ireland (Stenhouse)</p>	<p>6. WEDNESDAY 10:00 Bible Study (E-Wing)</p>  11:00 Exercise (E-Wing) 2:00 Bingo (E-Wing)	<p>7. THURSDAY 10:00 Residents' Council (Board Room) 10:00 Indoor Walks (E-Wing) 2:00 New Resident Meet and Greet (Stenhouse) 6:30 Word Whiz Quiz (Stenhouse)</p>	<p>8. FRIDAY 9:45 Hymn Sing (Aud.) 10:30 Worship Service (Aud.) 1:45 – 2:10 Music Therapy with Katie (E-Wing)</p>	<p>9. SATURDAY</p> 
<p>10. SUNDAY 10:30 Catholic Communion (All Floors)</p>  1:45 – 2:25 Eric Lunn plays (E-Wing)	<p>11. MONDAY 8:30 McDonalds Order In Breakfast (Sign up required) 11:00 Exercise (E-Wing) 2:00 iPod Visits (E-Wing)</p>	<p>12. TUESDAY 10:00 Exercise (E-Wing) 2:00 Irish Afternoon with Bob McLean (Aud.) 4:00 Sundown Slowdown (E-Wing) 6:30 Word Whiz Quiz (Stenhouse)</p>	<p>13. WEDNESDAY 10:00 Nail Spa (E-Wing) 11:00 Exercise (E-Wing)</p>  2:00 Card Bingo (E-Wing)	<p>14. THURSDAY 10:00 Balloon Badminton (E-Wing)</p>  LUCK O' THE IRISH	<p>15. FRIDAY 9:45 Hymn Sing (Aud.) 10:30 Worship Service (Aud.) 1:30 Green Drink Cart (E-Wing/Main)</p> 	<p>16. SATURDAY Today is National Quilting Day! Have you ever made a quilt?</p> 

MARCH 2019, LONG-TERM-CARE ACTIVITIES
SAINT LUKE'S PLACE: E-WING – Page 2 of 2

<p>17. SUNDAY</p> <p>10:30 Catholic Communion (All Floors)</p>  <p>2:00 Hangman (E-Wing)</p>	<p>18. MONDAY</p> <p>10:00 Coffee Shop Visits (E-Wing)</p> <p>11:00 Exercise (E-Wing)</p> <p>2:00 Balloon Badminton (E-Wing)</p> 	<p>19. TUESDAY</p> <p>10:00 Exercise (E-Wing)</p> <p>10:30 Anglican Communion (Chapel)</p> <p>1:30 Roman Catholic Mass (Chapel)</p> <p>2:00 Cambridge Seniors Choir (Aud.)</p> <p>6:30 One to One Visits (All Floors)</p>	<p>20. WEDNESDAY</p> <p>10:00 Wednesday Morning Social (E-Wing)</p> <p>11:00 Exercise (E-Wing)</p> <p>2:00 Bingo (E-Wing)</p> 	<p>21. THURSDAY</p> <p>10:00 – 11:00 Visiting Library (Coffee Shop)</p> <p>2:00 Musical Memories: Music of Ireland (E-Wing)</p>  <p>6:30 Word Whiz Quiz (Front Lounge)</p>	<p>22. FRIDAY</p> <p>9:45 Hymn Sing (Aud.)</p> <p>10:30 Worship Service (Aud.)</p> <p>11:00 Maple Syrup Tour and Brunch (Sign up required)</p> <p>1:45 – 2:10 Music Therapy with Katie (E-Wing)</p>	<p>23. SATURDAY</p> <p>2:00 – 2:25 Dennis Scherer plays his fiddle! (E-Wing)</p>  <p>TODAY IS NATIONAL PUPPY DAY! Enjoy dog visits tomorrow ☺</p>
<p>24. SUNDAY</p> <p>10:00 Nail Spa (E-Wing)</p> <p>10:30 Catholic Communion (All Floors)</p> <p>Dog visits today.</p>	<p>25. MONDAY</p> <p>10:00 One to One Visits (E-Wing)</p> <p>11:00 Exercise (E-Wing)</p> <p>2:00 Warm Drink Social (Stenhouse)</p>	<p>26. TUESDAY</p> <p>10:00 Exercise (E-Wing)</p> <p>2:00 iPod Visits (E-Wing)</p> 	<p>27. WEDNESDAY</p> <p>10:00 Guest Speaker: Amy Strom from Strom's Farm (Aud.)</p> <p>11:00 Exercise (E-Wing)</p> 	<p>28. THURSDAY</p> <p>10:00 Physical Aerobics (E-Wing)</p> <p>2:00 Travelogue to Ireland (E-Wing)</p> 	<p>29. FRIDAY</p> <p>9:45 Hymn Sing (Aud.)</p>  <p>10:30 Worship Service (Aud.)</p> <p>1:45 Sing Along with Suzy Q (E-Wing)</p>	<p>30. SATURDAY</p> <p>10:00 Rainbow Sensory (E-Wing)</p> 
<p>31. SUNDAY</p> <p>10:30 Catholic Communion (All Floors)</p> 		<p>6:45 Celtic Music Pub with Peter and Gwen (Aud.)</p>	<p>2:00 Card Bingo (E-Wing)</p>	<p>6:30 Word Whiz Quiz (Front Lounge)</p>		

MARCH 2019 – SAINT LUKE’S PLACE

SPECIAL CARE UNIT – Page 1 of 2

<p>Program times and locations may change at times. Please refer to white boards on each unit for any changes.</p> <p>All residents from all floors can participate in all programs.</p>	<p>This month we will be celebrating Ireland. You may notice themed crafts, events, and special programs on the calendar this month!</p>				<p>1. FRIDAY</p> <p>9:45 – Hymn Sing (Aud)</p> <p>10:30 – Worship Service (Aud)</p> <p>1:45 – Sing out with Katie (SCU)</p> <p>4:00 – Sundown Slowdown (SCU)</p> 	<p>2. SATURDAY</p> <p>10:00 – Saint Patrick's Day Craft (SCU)</p> 
<p>3. SUNDAY</p> <p>10:30 – Catholic Communion (All Floors)</p>  <p>Dog Visits Today!</p>	<p>4. MONDAY</p> <p>9:30 – One on One Visits (iPad/iPod) (SCU)</p> <p>2:00 – Harp Performance (Aud)</p> <p>4:00 – Sundown Slowdown (SCU)</p> 	<p>5. TUESDAY</p> <p>PANCAKE TUESDAY!</p> <p>11:15 – Exercise with Physio (SCU)</p> <p>1:45 – Spring Photo Cart (SCU)</p>  <p>4:00 – Sundown Slowdown (SCU)</p>	<p>6. WEDNESDAY</p> <p>10:30 – Physical Aerobics (SCU)</p> <p>1:30 – St. Patrick's Day Craft with Emma! (SCU)</p>  <p>4:00 – Sundown Slowdown (SCU)</p>	<p>7. THURSDAY</p> <p>10:00 – Exercise with Physio (SCU)</p> <p>2:00 – New Resident Tea (Stenhouse)</p>  <p>4:00 – Sundown Slowdown (SCU)</p>	<p>8. FRIDAY</p> <p>9:45 – Hymn Sing (Aud)</p> <p>10:30 – Worship Service (Aud)</p> <p>2:00 – Birthday Celebrations! (SCU)</p> <p>4:00 – Sundown Slowdown</p> 	<p>9. SATURDAY</p> <p>10:30 – Morning Tea & Talk: Luck of the Irish (SCU)</p> 
<p>10. SUNDAY</p> <p>10:30 – Catholic Communion (All Floors)</p> <p>1:45 – Sarah McLeod Music (SCU)</p>  <p>Dog Visits Today!</p>	<p>11. MONDAY</p> <p>9:00 – McDonalds Breakfast (SCU)</p>  <p>2:00 - Easter Egg pottery with Helen (SCU)</p>  <p>4:00 – Sundown Slowdown (SCU)</p>	<p>12. TUESDAY</p> <p>9:30 – One on One Visits (SCU)</p> <p>11:15 – Exercise with Physio (SCU)</p> <p>2:00 – Irish Afternoon with Bob McLean (Aud)</p> <p>4:00 – Sundown Slowdown (SCU)</p>	<p>13. WEDNESDAY</p> <p>10:30 - Mental Aerobics "Name That Tune" (SCU)</p>  <p>2:00 – Physical Aerobics (SCU)</p> <p>4:00 – Sundown Slowdown (SCU)</p>	<p>14. THURSDAY</p> <p>10:00 – Exercise with Physio (SCU)</p>  <p>4:00 – Sundown Slowdown (SCU)</p>	<p>15. FRIDAY</p> <p>9:45 – Hymn Sing (Aud)</p> <p>10:30 – Worship Service (Aud)</p> <p>1:45 – Sing out with Katie (SCU)</p> <p>4:00 – Sundown Slowdown</p> 	<p>16. SATURDAY</p> <p>10:30 – Balloon Badminton (SCU)</p> 

MARCH 2019 - SAINT LUKE'S PLACE

SPECIAL CARE UNIT - Page 2 of 2

<p>17. SUNDAY <i>Happy St. Patrick's Day!</i></p> <p>10:30 – Catholic Communion (All Floors)</p>  <p>Dog Visits Today!</p>	<p>18. MONDAY</p> <p>9:30 – One on One Visits (iPad/iPod) (SCU)</p> <p>2:00 – Spa Cart Visits (SCU)</p> <p>4:00 – Sundown Slowdown (SCU)</p> 	<p>19. TUESDAY</p> <p>11:15 – Exercise with Physio (SCU)</p> <p>2:00 – Cambridge Seniors Choir (Aud)</p>  <p>4:00 – Sundown Slowdown (SCU)</p>	<p>20. WEDNESDAY</p> <p>10:30 – Physical Aerobics (SCU)</p> <p>2:00 – Afternoon Travelogue & Snack: Ireland (SCU)</p>  <p>4:00 – Sundown Slowdown (SCU)</p>	<p>21. THURSDAY</p> <p>10:00 – Library Visits at Coffee Shop</p>  <p>2:00 – Mental Areobics (SCU)</p> <p>4:00 – Sundown Slowdown (SCU)</p>	<p>22. FRIDAY</p> <p>9:45 – Hymn Sing (Aud)</p> <p>10:30 – Worship Service (Aud)</p> <p>11:00 - Maple Syrup Tour and Brunch (Sign up & Fee required)</p>  <p>4:00 – Sundown Slowdown (SCU)</p>	<p>23. SATURDAY</p> <p>10:00 – One on One Visits (iPad/iPod) (SCU)</p> <p>1:45 – Musical Guest: Paul Horton(SCU)</p> 
<p>24. SUNDAY</p> <p>10:30 – Catholic Communion (All Floors)</p> <p>Dog Visits Today!</p> <p>31. SUNDAY</p> <p>10:30 – Catholic Communion (All Floors)</p> <p>Dog Visits Today!</p>	<p>25. MONDAY</p> <p>9:30 - Mental Aerobics "Name That Tune" (SCU)</p> <p>2:00 – Warm Drink Social with Musical Guest – Jan Denk (Stenhouse)</p>  <p>4:00 – Sundown Slowdown (SCU)</p>	<p>26. TUESDAY</p> <p>10:30 Anglican Communion (Chapel)</p> <p>11:15 – Exercise with Physio (SCU)</p> <p>1:30 Roman Catholic Mass (Chapel)</p> <p>2:00 – Reminiscing Group (SCU)</p> <p>6:45 – Celtic Music Pub with Peter & Gwen (Aud)</p> 	<p>27. WEDNESDAY</p> <p>10:00 –Physical Aerobics (SCU)</p>  <p>2:00 – Coloring Club (SCU)</p>  <p>4:00 – Sundown Slowdown (SCU)</p>	<p>28. THURSDAY</p> <p>10:00 – Exercise with Physio (SCU)</p> <p>2:00 – Board Game Cart (SCU)</p>  <p>4:00 – Sundown Slowdown (SCU)</p>	<p>29. FRIDAY</p> <p>9:45 – Hymn Sing (Aud)</p> <p>10:30 – Worship Service (Aud)</p> <p>1:45 – Sing out with Katie (SCU)</p> <p>4:00 – Sundown Slowdown</p> 	<p>30. SATURDAY</p> <p>10:00 – One to One Visits (iPad/iPod) (SCU)</p> 