



Also check out the "Events Calendar" on our website at

www.saintlukesplace.ca

for updates, special events, and other Saint Luke's Place community activities

Program times and locations may change at times. Please refer to the white boards on each unit for any changes. CHADAY **MONDAY**

11





FRIDAY SATURDAY 9:45 Hymn Sing (AUD) 11:00 Dog Visits (EW/AM) 10:30 Worship Service 2:00 Irish (AUD) Traditions (TV Room) 1:45 Musical DVD (TV Room)

3	SUNDAY
10:3	0 Catholic
Com	nmunion
(On	The Unit)
	DLAMEY CATTLE
10	SUNDAY
10:3	0 Catholic
_	

2:00 Denise the Harp Player (AUD)

10:00 March Sensory



TUESDAY



12

AM) reland	
SDAY	3:00 Exercise (



WEDNESDAY

10:00 A-Main Social

2:15 Craft: Shamrock

Sun Catcher (TV Room)

Group (TV Room)

14	THURSDAY		
(Stenhouse)			
6:30	Word Whiz Quiz		
Slow	<i>y</i> down		
3:30	Sundown		
	2:00 New Resident Tea (Stenhouse)		
À.00	Massa Danisland Tan		

(Board Room)

(TV Room)

11:00 Exercises

THURSDAY

10:00 Resident Council



8

15

FRIDAY

2:00 Nam Tune (TV	e That Room)
Ò	

11:00 Dog Visits

9

(EW/AM)

2:20 Music Therapy With Katie (AM Dining Room)



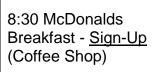
16 SATURDAY

11:00 Dog Visits

SATURDAY

2	0010
10:3	0 Catholic
Com	nmunion
	The Unit)

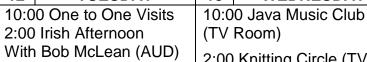
2:35-3:15 Music with Eric Lunn (AM)



MONDAY

2:00 Bingo (AM Dining Room)





TUESDAY



11:00 Exercises (TV Room)

4:45 Homestyle Dinner (For Those Who Signed Up)

(AUD) 1:30 Green Drink Cart (EW/AM)

9:45 Hymn Sing (AUD)

10:30 Worship Service

FRIDAY





A-MAIN SAINT LUKE'S PLACE - LONG-TERM-CARE ACTIVITIES Page 2 of 2

SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES <u>Page 2 of 2</u>						
17 SUNDAY	18 MONDAY	19 TUESDAY	20 WEDNESDAY	21 THURSDAY	22 FRIDAY	23 SATURDAY
	10:00 Reading Corner	10:00 One to One Visits	10:00 A-Main Social	10:00-11:00 Visiting	9:45 Hymn Sing (AUD)	11:00 Dog Visits
40.00.0 11.11	(TV Room)	(AM)	Group (TV Room)	Library (Café)	10:30 Worship Service	(EW/AM)
10:30 Catholic	00000	10:30 Anglican	2:00 Walking Group	11:00 Exercises	(AUD)	2:35-3:15 Music
Communion (On The Unit)		Communion (Chapel) 1:30 Catholic Mass	(Meet at AM Dining	(TV Room)	11:00-1:00 Maple Syrup	with Dennis
(On the only)		(Chapel)	Room)	2:00 Coffee Shop Visits	Tour (\$15.00 – Sign Up)	Sheerer (AM)
de Limon II de		2:00 Cambridge Seniors	3:00 Exercise (AM)	(Café)	TO TOP	,
2 Linkhin 2		Choir (AUD)	3.00 Exercise (AIVI)			
St. Patrick's		00 00 ((Carlos
St. FULLIURS					10	1816 P. O. 1910
Dau	2:00 Travelogue: Ireland (TV Room)		Springer	3:30 Sundown		Thisip
	(TV KOOIII)		is hove to	Slowdown		
	6,3		1		2:20 Music Therapy	
		It we It we		6:30 Word Whiz Quiz	With Katie (AM Dining	•
ST.PATRICKS DAY		3:00 Exercise (AM)	The state of the s	(Stenhouse)	Room)	
24 SUNDAY	25 MONDAY	26 TUESDAY	27 WEDNESDAY	28 THURSDAY	29 FRIDAY	30 SATURDAY
	10:00 Java Music Club	10:00 One to One Visits	10:00 SLP Social Group:	11:00 Exercises		11:00 Dog Visits
10:30 Catholic						
10.30 Callione	(TV Room)	(AM)	Guest Speaker Amy	(TV Room)	9:45 Hymn Sing (AUD)	(EW/AM)
Communion	(IV Room)	(AM) 2:00 Craft: Coffee Filter	Strom from Strom's Farm	,		,
	(IV Room)	2:00 Craft: Coffee Filter Flowers (TV Room)	Strom from Strom's Farm (Stenhouse)	2:00 Table Bowling	10:30 Worship Service	2:00 Rainbow
Communion (On The Unit)	(TV Room)	2:00 Craft: Coffee Filter	Strom from Strom's Farm (Stenhouse) 2:00 Bingo (AM Dining	,		,
Communion (On The Unit) 31 SUNDAY	(TV Room) 2:00 Warm Drinks	2:00 Craft: Coffee Filter Flowers (TV Room) 3:00 Exercise (AM) 6:45 Celtic Music Pub	Strom from Strom's Farm (Stenhouse) 2:00 Bingo (AM Dining Room)	2:00 Table Bowling	10:30 Worship Service	2:00 Rainbow
Communion (On The Unit) 31 SUNDAY 10:30 Catholic	2:00 Warm Drinks Social with Jan Denk	2:00 Craft: Coffee Filter Flowers (TV Room) 3:00 Exercise (AM) 6:45 Celtic Music Pub with Peter and Gwen	Strom from Strom's Farm (Stenhouse) 2:00 Bingo (AM Dining Room)	2:00 Table Bowling (TV Room)	10:30 Worship Service (AUD)	2:00 Rainbow
Communion (On The Unit) 31 SUNDAY 10:30 Catholic Communion	2:00 Warm Drinks	2:00 Craft: Coffee Filter Flowers (TV Room) 3:00 Exercise (AM) 6:45 Celtic Music Pub	Strom from Strom's Farm (Stenhouse) 2:00 Bingo (AM Dining Room) 20 42 59 62	2:00 Table Bowling (TV Room) 3:30 Sundown Slowdown	10:30 Worship Service (AUD) 1:45 Musical DVD	2:00 Rainbow
Communion (On The Unit) 31 SUNDAY 10:30 Catholic	2:00 Warm Drinks Social with Jan Denk	2:00 Craft: Coffee Filter Flowers (TV Room) 3:00 Exercise (AM) 6:45 Celtic Music Pub with Peter and Gwen	Strom from Strom's Farm (Stenhouse) 2:00 Bingo (AM Dining Room) 2042 59 62 5 29 39 56 75	2:00 Table Bowling (TV Room) 3:30 Sundown Slowdown 6:30 Word Whiz Quiz	10:30 Worship Service (AUD) 1:45 Musical DVD	2:00 Rainbow
Communion (On The Unit) 31 SUNDAY 10:30 Catholic Communion (On The Unit)	2:00 Warm Drinks Social with Jan Denk	2:00 Craft: Coffee Filter Flowers (TV Room) 3:00 Exercise (AM) 6:45 Celtic Music Pub with Peter and Gwen	Strom from Strom's Farm (Stenhouse) 2:00 Bingo (AM Dining Room) 20 42 59 62 5 20 39 56 75 4 17 60 71	2:00 Table Bowling (TV Room) 3:30 Sundown Slowdown	10:30 Worship Service (AUD) 1:45 Musical DVD	2:00 Rainbow
Communion (On The Unit) 31 SUNDAY 10:30 Catholic Communion (On The Unit) 2:00 Game:	2:00 Warm Drinks Social with Jan Denk	2:00 Craft: Coffee Filter Flowers (TV Room) 3:00 Exercise (AM) 6:45 Celtic Music Pub with Peter and Gwen	Strom from Strom's Farm (Stenhouse) 2:00 Bingo (AM Dining Room) 20 42 59 62 5 20 39 56 75 4 17 60 71 11 18 32 \$1 66	2:00 Table Bowling (TV Room) 3:30 Sundown Slowdown 6:30 Word Whiz Quiz	10:30 Worship Service (AUD) 1:45 Musical DVD	2:00 Rainbow
Communion (On The Unit) 31 SUNDAY 10:30 Catholic Communion (On The Unit)	2:00 Warm Drinks Social with Jan Denk	2:00 Craft: Coffee Filter Flowers (TV Room) 3:00 Exercise (AM) 6:45 Celtic Music Pub with Peter and Gwen	Strom from Strom's Farm (Stenhouse) 2:00 Bingo (AM Dining Room) 20 42 59 62 5 20 39 56 75 4 17 60 71	2:00 Table Bowling (TV Room) 3:30 Sundown Slowdown 6:30 Word Whiz Quiz	10:30 Worship Service (AUD) 1:45 Musical DVD	2:00 Rainbow
Communion (On The Unit) 31 SUNDAY 10:30 Catholic Communion (On The Unit) 2:00 Game: Playing Card	2:00 Warm Drinks Social with Jan Denk	2:00 Craft: Coffee Filter Flowers (TV Room) 3:00 Exercise (AM) 6:45 Celtic Music Pub with Peter and Gwen	Strom from Strom's Farm (Stenhouse) 2:00 Bingo (AM Dining Room) 20 42 59 62 5 20 39 56 75 4 17 60 71 11 18 32 \$1 66	2:00 Table Bowling (TV Room) 3:30 Sundown Slowdown 6:30 Word Whiz Quiz	10:30 Worship Service (AUD) 1:45 Musical DVD	2:00 Rainbow



MARCH 2019: LONG-TERM-CARE ACTIVITIES SAINT LUKE'S PLACE- A-SECOND – Page 1 of 2



All Residents From All Floors **Can Participate** In All Programs

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.ca for updates, special events, and other Saint Luke's Place community activities.



IRELAND (GREEN, WHITE & ORANGE)



1. FRIDAY

9:45 Hymn Sing (Aud.) 10:30 Worship Service (Aud.)

2:20 Music Therapy with Katie (A2)



3. SUNDAY

10:30 Catholic Communion (All Floors)

10:00 Spa Visits (A2)Dog Visits!



4. MONDAY

10:00 One-To-One Visits (A2) 11:00 Exercises (A2)

2:00 Entertainment: Denise- Harp Music (Aud.)



5. TUESDAY

10:00Java Music Club (A2)

1:30 Spring Photo Shoot (All Floors)



6:30 All About Ireland (Stenhouse Hall)

6. WEDNESDAY

10:00 One-To-One Visits (A2) 10:00 Heritage College Visits (A2) 11:00 Exercise (A2)

2:00 "On A Roll" (A2)



4:00 Sundown Slowdown Program (A2)

7.THURSDAY

10:00 Residents' Council (Board Room) 10:00 Musical DVD with Daniel O'Donnell - "The Rock "n" Roll Show" (A2)

2:00 New Residents Meet and Greet (Stenhouse Hall)

6:30 Knit and Chat Circle (A2) 6:30 Word Whiz Quiz (Stenhouse Hall)

8. FRIDAY

9:45 Hymn Sing (Aud.) 10:30 Worship Service (Aud.)

1:45 Musical DVD Singing with Suzie Q (A2)



2. SATURDAY



9. SATURDAY

10:00 Putting The Past In Order-Game (A2)



10.SUNDAY

SPRING AHEAD!(Daylight Saving Time)

10:30 Catholic Communion (All Floors)

Dog Visits!

11. MONDAY

8:30 Breakfast From McDonald's (A2: sign up only) 11:00 Exercises (A2)

2:00 Pottery with Helen (On A Lower)

12. TUESDAY

10:00Java Music Club (A2)

2:00 Irish Afternoon with Bob McLean (Aud.)

6:30 Word Whiz Quiz (Stenhouse Hall)

13. WEDNESDAY

10:00 One-To-One Visits (A2) 10:00 Heritage College Visits (A2) 11:00 Exercise (A2)

2:00 Bingo (A2) 4:00 Sundown Slowdown Program (A2)

14. THURSDAY

10:00 Hangman (A2)



15. FRIDAY

9:45 Hymn Sing (Aud.) 10:30 Worship Service (Aud.)

2:20 Music Therapy with Katie (A2)

16. SATURDAY

2:00 Roaming A-Z "All Things Green" (A2)





MARCH, 2019: LONG-TERM-CARE ACTIVITIES SAINT LUKE'S PLACE-A-SECOND - Page 2 of 2



17. SUNDAY



10:00 Hangman- "All Things Green" (A2)

10:30 Catholic Communion (All Floors)

Dog Visits!

24. SUNDAY

10:30 Catholic Communion (All Floors) 2:00 Activity A la Carte (A2) Dog Visits!

31. SUNDAY

10:00 Sensory Bin (A2)10:30 Catholic Communion (All Floors) Dog Visits!

18. MONDAY

11:00 Exercise (A2)

1:30 Travelogue; "Ireland" (A2)



25. MONDAY

10:00 One-To-One Visits (A2) 11:00 Exercise (A2)

2:00 Warm Drink Social with Jan Denk (Stenhouse Hall)



19. TUESDAY

10:00Java Music Club (A2)10:30 Anglican Communion (Chapel)

1:30 Catholic Mass (Chapel)

2:00 Cambridge Senior's Choir (Aud.)

6:30 One-To-One Visits (All Floors)

26. TUESDAY

2:00 Pathway's (A2)

6:45 Celtic Music Pub with Peter and Gwen (Aud.)



20. WEDNESDAY Spring Begins

10:00 One-To-One Visit (A2)10:00 Heritage College Visits (A2) 11:00 Exercise (A2)

2:00 Shuffleboard (A2)



4:00 Sundown Slowdown Program (A2)

27. WEDNESDAY

10:00 Guest Speaker Amy Strom from Strom's Farm (Aud.)

10:00 One-To-One Visit (A2)

10:00 Heritage College Visits (A2)

11:00 Exercise (A2)

2:00 Bingo (A2)

4:00 Sundown Slowdown (A2)

21. THURSDAY

10:00-11:00 Visiting Library (Coffee Shop)



10:00 Musical DVD with Daniel O'Donnell-"The Rock n Roll Show" (A2)

2:00 Card Bingo (A2)

6:30 Word Whiz Quiz (Stenhouse Hall)

28. THURSDAY

10:00 Fun With Words (A2)

2:00 On A Roll - Cards and Dice Game (A2)

6:30 Word Whiz Quiz (Stenhouse Hall)



22. FRIDAY

9:45 Hymn Sing (Aud.) 10:30 Worship Service (Aud.)

1:45 Musical DVD (A2)

11:00 Maple Syrup Tour (sign up only)



Singing with Suzie Q

29. FRIDAY

9:45 Hymn Sing (A2) 10:30 Worship Service (Aud.)

2:20 Musical Therapy with Katie (A2)



23. SATURDAY National Puppy Day!



2:35-3:15 Music with Paul Horton (A2)

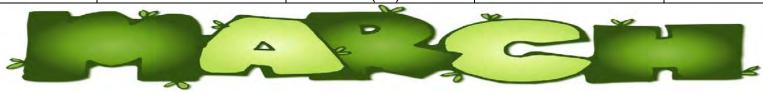


30. SATURDAY

Did vou hear about the guy whose whole left side was cut off?

He's all right now





MARCH 2019, LONG-TERM-CARE ACTIVITIES SAINT LUKE'S PLACE: E-WING - Page 1 of 2

quilt?

1. FRIDAY 2. SATURDAY Program times and This month we will locations may change 9:45 Hymn Sing be celebrating 10:00 Monthly at times. (Aud.) Gazette (E-Wing) Ireland. Please refer to white Hymn Sing You may notice boards on each unit for any changes. themed events 10:30 Worship and programs on Service (Aud.) March All residents from all the calendar this floors can participate 1:45 Musical Video month! in all programs. (E-Wing) 3. SUNDAY 4. MONDAY 5. TUESDAY 6. WEDNESDAY 7. THURSDAY 8. FRIDAY 9. SATURDAY 10:30 Catholic 11:00 Exercise 10:00 Exercise (E-Wing) 9:45 Hymn Sing 10:00 Bible Study 10:00 Residents' Council Communion (E-Wing) (E-Wing) (Board Room) (Aud.) (All Floors) 1:45 Spring Photo Cart 10:30 Worship 2:00 - 2:45 Harp (All Floors) 10:00 Indoor Walks Dog visits today Irish Blessing Player - Denise Service (Aud.) (E-Wing) Day your troubles (Aud.) be less, your blessings 1:45 - 2:10 Music 4:00 Sundown 2:00 New Resident Meet be more, and nothing Slowdown (E-Wing) 11:00 Exercise (E-Wing) and Greet (Stenhouse) Therapy with Katie but happiness come (E-Wing) through your door! 2:00 One to One 6:30 All About Ireland 2:00 Bingo (E-Wing) 6:30 Word Whiz Quiz Visits (E-Wing) (Stenhouse) (Stenhouse) 10. SUNDAY 11. MONDAY 12. TUESDAY 13. WEDNESDAY 14. THURSDAY 15. FRIDAY 16. SATURDAY 10:30 Catholic Today is National 8:30 McDonalds 10:00 Exercise (E-Wing) 10:00 Nail Spa (E-Wing) 10:00 Balloon Badminton 9:45 Hymn Sing Communion Order In Breakfast (E-Wing) Quilting Day! Have (Aud.) (All Floors) (Sign up required) 2:00 Irish Afternoon with 11:00 Exercise (E-Wing) vou ever made a 10:30 Worship Bob McLean (Aud.) 11:00 Exercise Service (Aud.) (E-Wing) 4:00 Sundown Slowdown (E-Wing) 1:30 Green Drink 2:00 iPod Visits Cart (E-Wing/Main) (E-Wing) 6:30 Word Whiz Quiz 2:00 Card Bingo (E-Wing) 1:45 - 2:25 Eric Lunn (Stenhouse) **LUCK O' THE IRISH** plays (E-Wing)

MARCH 2019, LONG-TERM-CARE ACTIVITIES SAINT LUKE'S PLACE: E-WING - Page 2 of 2

17. SUNDA
10:30 Catho Communion (All Floors)
Saint Patric Day
2:00 Hangm (E-Wing)
24. SUNDA
10:00 Nail S (E-Wing)
10:30 Catho Communion (All Floors)
Dog visits to
31. SUNDA

olic



nan

18. MONDAY

10:00 Coffee Shop Visits (E-Wing)

11:00 Exercise (E-Wing)

2:00 Balloon Badminton (E-Wing)



19. TUESDAY

10:00 Exercise (E-Wing)

10:30 Anglican Communion (Chapel)

1:30 Roman Catholic Mass (Chapel)

2:00 Cambridge Seniors Choir (Aud.)

6:30 One to One Visits (All Floors)

20. WEDNESDAY

10:00 Wednesday Morning Social (E-Wing)

11:00 Exercise (E-Wing)

2:00 Bingo (E-Wing)



21. THURSDAY

10:00 - 11:00 Visiting Library (Coffee Shop)

2:00 Musical Memories: Music of Ireland (E-Wing)



6:30 Word Whiz Quiz (Front Lounge)

22. FRIDAY

9:45 Hymn Sing (Aud.)

10:30 Worship Service (Aud.)

11:00 Maple Syrup Tour and Brunch (Sign up required)

1:45 – 2:10 Music Therapy with Katie (E-Wing)

23. SATURDAY

2:00 - 2:25 Dennis Scherer plays his fiddle! (E-Wing)



TODAY IS NATIONAL PUPPY DAY! Enjoy dog visits tomorrow ©

Spa

olic

oday.

25. MONDAY

10:00 One to One Visits (E-Wing)

11:00 Exercise (E-Wing)

2:00 Warm Drink Social (Stenhouse)

26. TUESDAY

2:00 iPod Visits (E-Wing)



6:45 Celtic Music Pub with Peter and Gwen (Aud.)

27. WEDNESDAY

10:00 Guest Speaker: Amy Strom from Strom's Farm (Aud.)

11:00 Exercise (E-Wing)



2:00 Card Bingo (E-Wing)

28. THURSDAY

10:00 Physical Aerobics (E-Wing)

2:00 Travelogue to Ireland (E-Wing)

6:30 Word Whiz Quiz (Front Lounge)

29. FRIDAY

9:45 Hymn Sing (Aud.)



10:30 Worship Service (Aud.)

1:45 Sing Along with Suzy Q (E-Wing)

30. SATURDAY

10:00 Rainbow Sensory (E-Wing)



10:30 Catholic Communion (All Floors)



10:00 Exercise (E-Wing)



MARCH 2019 - SAINT LUKE'S PLACE

SPECIAL CARE UNIT – Page 1 of 2

Program times and locations may change at times. Please refer to white boards on each unit for any changes.

All residents from all floors can participate in all programs.

3. SUNDAY

this month! 4. MONDAY

This month we will

be celebrating

Ireland. You may

notice themed

crafts, events, and

special programs

on the calendar

10:30 - Catholic Communion (All Floors)



Dog Visits Today!

9:30 - One on One Visits (iPad/iPod) (SCU)

2:00 - Harp Performance (Aud) 4:00 – Sundown Slowdown (SCU)



10.SUNDAY 11. MONDAY

10:30 - Catholic Communion (All Floors)

1:45 - Sarah McLeod Music



9:00 - McDonalds Breakfast (SCU)



2:00 - Easter Egg pottery with Helen (SCU)

4:00 - Sundown Slowdown (SCU)



5. TUESDAY **PANCAKE TUESDAY!**

11:15 - Exercise with Physio (SCU)

1:45 - Spring Photo Cart (SCU)



Slowdown (SCU)

4:00 - Sundown

12. TUESDAY

9:30 - One on One Visits (SCU)

11:15 - Exercise with Physio (SCU)

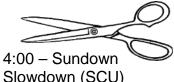
2:00 - Irish Afternoon with Bob McLean (Aud)

4:00 - Sundown Slowdown (SCU)



10:30 - Physical Aerobics (SCU)

1:30 - St. Patrick's Day Craft with Emma! (SCU)



Slowdown (SCU)

13. WEDNESDAY

10:30 - Mental Aerobics "Name That Tune" (SCU)



2:00 - Physical Aerobics (SCU) 4:00 - Sundown Slowdown (SCU)

1. FRIDAY

9:45 – Hymn Sing (Aud)

10:30 - Worship Service (Aud)

1:45 - Sing out with Katie (SCU) JES.

4:00 - Sundown Slowdown (SCU)

8. FRIDAY

7. THURSDAY

2:00 - New Resident Tea

14. THURSDAY

10:00 - Exercise with

10:00 - Exercise with

Physio (SCU)

(Stenhouse)

4:00 - Sundown

Slowdown (SCU)

Physio (SCU)

4:00 - Sundown

Slowdown (SCU)

9:45 – Hymn Sing (Aud)

10:30 – Worship Service (Aud)

2:00 - Birthday Celebrations! (SCU)

4:00 - Sundown Slowdown

2. SATURDAY

10:00 - Saint Patrick's Day Craft (SCU)



9. SATURDAY

10:30 - Morning Tea & Talk: Luck of the Irish (SCU)



15. FRIDAY 16. SATURDAY

9:45 – Hymn Sing (Aud)

10:30 - Worship Service (Aud)

Slowdown

10:30 - Balloon Badminton (SCU)



1:45 – Sing out with Katie (SCU)

4:00 - Sundown

MARCH 2019 - SAINT LUKE'S PLACE

SPECIAL CARE UNIT - Page 2 of 2

17. SUNDAY Happy St. Patrick's Day!

10:30 – Catholic Communion (All Floors)



Dog Visits Today!

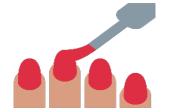
c (SCU)

2:00 – Spa Cart Visits (SCU)

9:30 - One on One

Visits (iPad/iPod)

4:00 – Sundown Slowdown (SCU)



18. MONDAY 19. TUESDAY

11:15 – Exercise with Physio (SCU)

2:00 – Cambridge Seniors Choir (Aud)



4:00 – Sundown Slowdown (SCU)

20. WEDNESDAY

10:30 – Physical Aerobics (SCU)

2:00 – Afternoon Travelogue & Snack: Ireland (SCU)



4:00 – Sundown Slowdown (SCU)

21. THURSDAY

10:00 – Library Visits at Coffee Shop



2:00 – Mental Areobics (SCU)

4:00 – Sundown Slowdown (SCU)

22. FRIDAY

9:45 – Hymn Sing (Aud)

10:30 – Worship Service (Aud)

11:00 - Maple Syrup Tour and Brunch (Sign up & Fee required)



4:00 – Sundown Slowdown (SCU)

23. SATURDAY

10:00 – One on One Visits (iPad/iPod) (SCU)

1:45 – Musical Guest: Paul Horton(SCU)



24. SUNDAY

10:30 – Catholic Communion (All Floors)

Dog Visits Today! 31. SUNDAY

10:30 - Catholic Communion (All Floors)

Dog Visits Today!

25. MONDAY

9:30 - Mental Aerobics "Name That Tune" (SCU)

2:00 – Warm Drink Social with Musical Guest – Jan Denk (Stenhouse)



Hau Harmonica Elbow Beggar 4:00 — **Sundown** Slowdown (SCU)

26. TUESDAY

10:30 Anglican Communion (Chapel)

11:15 – Exercise with Physio (SCU)

1:30 Roman Catholic Mass (Chapel)

2:00 – Reminiscing Group (SCU)

6:45 – Celtic Music Pub with Peter & Gwen (Aud)

27. WEDNESDAY

10:00 –Physical Aerobics (SCU)



2:00 – Coloring Club (SCU)



4:00 - Sundown Slowdown (SCU)

28. THURSDAY

10:00 – Exercise with Physio (SCU)

2:00 – Board Game Cart (SCU)



4:00 – Sundown Slowdown (SCU)

29. FRIDAY

9:45 – Hymn Sing (Aud)

10:30 – Worship Service (Aud)

1:45 – Sing out with Katie (SCU)



30. SATURDAY

10:00 – One to One Visits (iPad/iPod) (SCU)

