

JULY



A-Main



SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES Page 1 of 2

Also check out the “Events Calendar”
on our website at






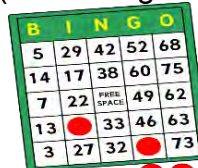


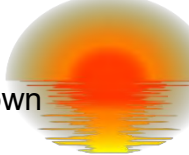














www.saintlukesplace.ca

for updates, special events, and other
Saint Luke's Place community activities

Program times and locations may change
at times. Please refer to the white boards
on each unit for any changes.

CANADA



		1	MONDAY	2	TUESDAY	3	WEDNESDAY	4	THURSDAY	5	FRIDAY	6	SATURDAY
		A-La-Carte All Day All Floors 		10:00 One to One Visits 2:00 Discussion/ Trivia All Things Canadian (TV Room)  3:00 Exercise (AM) 		10:00 Red/White Sensory Cart (A-Main)  2:00 Bingo! (AM Dining Room)  3:00 Exercise (AM) 		11:00 Exercises (TV Room) 2:00 Nail Spa (AM)  3:30 Fun with Words (TV Room)  6:15 Sundown Slowdown		10:00 Hymn Sing DVD (TV Room) 2:20 Music Therapy With Katie (AM Dining Room) 		11:00 Dog Visits (EW/AM) 	
7	SUNDAY	8	MONDAY	9	TUESDAY	10	WEDNESDAY	11	THURSDAY	12	FRIDAY	13	SATURDAY
10:30 Catholic Communion (On The Unit) 		10:00 Ball Time (TV Room)  12:00 Picnic with Campers from HVNA – AUD (Sign-Up Required)  2:00 One to One Visits		10:00 Outdoor Walks  2:00 Current News Discussion (TV Room)  3:00 Exercise (AM)		10:00 Crafts: Canadian Totem Poles (TV Room)  2:00 Sing Along Club (TV Room)  3:00 Exercise (AM)		11:00 Exercises (TV Room) 2:00 Coffee Shop Visits  3:30 Canadian Trivia (TV Room)  6:15 Sundown Slowdown		NEW TIME 10:15 Worship Service (AUD) 1:45 Musical DVD (TV Room) 		11:00 Dog Visits (EW/AM)  2:35 Music with Jan Denk (AM) 	

JULY



A-Main




















SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES Page 2 of 2

14	SUNDAY	15	MONDAY	16	TUESDAY	17	WEDNESDAY	18	THURSDAY	19	FRIDAY	20	SATURDAY
10:30 Catholic Communion (On The Unit) 		10:00 Travelogue-Canada (TV Room) 2:00 Pub Afternoon with David John Kirby (AUD) 		10:00 One to One Visits (AM) 10:30 Anglican Communion (Chapel) 3:00 Exercise (AM) 		10:00 Card Club (Cozy Corner)  2:00 A-Main Social Group (TV Room)  3:00 Exercise (AM)		10:00-11:00 Visiting Library (Café) 11:00 Exercises (TV Room) 2:00 Bingo! (AM Dining Room)  3:30 Musical DVD (TV Room) 6:15 Sundown Slowdown		<u>NEW TIME</u> 10:15 Worship Service (AUD) 2:20 Music Therapy With Katie (AM Dining Room) 		11:00 Dog Visits (EW/AM)  2:00 Dice Games (AM Dining Room) 	
21	SUNDAY	22	MONDAY	23	TUESDAY	24	WEDNESDAY	25	THURSDAY	26	FRIDAY	27	SATURDAY
10:30 Catholic Communion (On The Unit) 		10:00 Nail Spa (AM)  2:00 Popcicle Cart (All Floors) 		11:30 Theatre Trip – Grease the Musical (Sign-Up Needed)  3:00 Exercise (AM)		10:00 Outside Walks  2:00 New Resident Tea (Stenhouse)		1:30 Fun with Words (TV Room)  2:30 –One to one visits 		<u>NEW TIME</u> 10:15 Worship Service (AUD)  1:45 Musical DVD (TV Room) 		11:00 Dog Visits (EW/AM) 	
28	SUNDAY	29	MONDAY	30	TUESDAY	31	WEDNESDAY	CANADA, EH					
10:30 Catholic Communion (On The Unit)  2:25 Music with Paul Horton (AM)		10:00 Balloon Badminton (TV Room)  2:00 Ice Cream Social (Stenhouse) 		10:00 One to One Visits 3:00 Exercise (AM) 6:30 Evening Music with Gerry Cutting (AUD) 		10:00 I-Pod Visits (AM)  2:00 A-Main Auxiliary Meeting (AM Dining Room) 3:00 Exercise (AM)		   					



JULY 2019: LONG-TERM-CARE ACTIVITIES **SAINT LUKE'S PLACE – A-SECOND Page 1 of 2**



<p>All Residents From All Floors Can Participate In All Programs</p> 	<p>1. MONDAY</p> <p>CANADA DAY!</p>  <p>All Day Activity A La Carte (All Floors)</p>	<p>2. TUESDAY</p> <p>10:00 Java Music Club (A2)</p>  <p>2:00 Bingo (A2 Dining Room)</p> 	<p>3. WEDNESDAY</p> <p>11:00 Exercise (A2)</p> <p>2:00 One-To-One Visits/Outdoor Walk (A2)</p> <p>4:00 Sundown Slowdown Program (A2)</p> <p>6:15: Symmetric Boxes (A2)</p> <table border="1" data-bbox="1166 615 1435 794"><tr><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td></td><td></td></tr><tr><td>5</td><td></td><td></td></tr></table>	1	2	3	4			5			<p>4. THURSDAY</p> <p>10:00 Musical DVD with Daniel O'Donnell (A2)</p> <p>12:00 Barbeque Hamburgers, Hot Dogs and more. (A2)</p>  <p>2:00 One-To-One Visits (A2)</p>	<p>5. FRIDAY</p> <p>10:00 Spiritual DVD (A2)</p> <p>1:45 Musical DVD (A2)</p> 	<p>6. SATURDAY</p> <p>2:00 Hangman (A2)</p> 
1	2	3													
4															
5															
<p>7. SUNDAY</p> <p>10:30 Catholic Communion (All Floors)</p>  <p>Dog Visits!</p> <p>2:00 Resident's Choice (A2)</p>	<p>8. MONDAY</p> <p>11:00 Exercises (A2)</p>  <p>12:00 Picnic with Campers from HVNA (Aud.) (Sign up only)</p> 	<p>9. TUESDAY</p> <p>10:00 Java Music Club (A2)</p>  <p>2:00 On A Roll (Cards and Dice) (A2 Dining Room)</p> 	<p>10.WEDNESDAY</p> <p>11:00 Exercise (A2)</p> <p>2:00 One-To-One Visits (A2)</p> <p>4:00 Sundown Slowdown (A2)</p>  <p>6:15 Let's Chat (A2)</p> 	<p>11.THURSDAY</p> <p>10:00 Walk Program (A2)</p> <p>2:00 Card Bingo (A2 Dining Room)</p>  <p>Mid Afternoon: Pet Therapy (A2)</p>	<p>12. FRIDAY</p> <p>10:15 Hymn Sing and Worship Service (Aud.)</p> <p>2:20-2:45 Music Therapy with Katie (A2)</p> 	<p>13. SATURDAY</p> <p>2:00 Spa Visits (A2)</p> 									









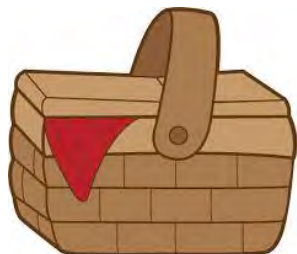





JULY 2019: LONG-TERM-CARE ACTIVITIES
SAINT LUKE PLACE-A-SECOND - Page 2 of 2



<p>14. SUNDAY</p> <p>10:30 Catholic Communion (All Floors)</p>  <p>Dog Visits!</p>	<p>15. MONDAY</p> <p>10:00 Walk Program (A2) 11:00 Exercise (A2)</p> <p>2:00 Pub Afternoon with David John Kirby (Aud.)</p> <p>Mid Afternoon: Pet Therapy (A2)</p>	<p>16. TUESDAY</p> <p>10:00 Java Music Club (A2)</p>  <p>10:30 Anglican Communion (Chapel)</p>	<p>17. WEDNESDAY</p> <p>11:00 Exercise (A2)</p> <p>2:00 One-To-One Visits (A2) 4:00 Sundown Slowdown Program (A2)</p> <p>6:15 Roaming A-Z (A2)</p>	<p>18. THURSDAY</p> <p>10:00-11:00 Visiting Library (Coffee Shop)</p> <p>2:00 On A Roll (A2 Dining Room)</p> 	<p>19. FRIDAY</p> <p>10:15 Hymn Sing and Worship Service (Aud.)</p> <p>1:45 Outdoor Walk/ Musical DVD (A2)</p> 	<p>20. SATURDAY</p> 
<p>21. SUNDAY</p> <p>10:30 Catholic Communion (All Floors)</p> <p>2:00 Resident's Choice (A2)</p> <p>Dog Visits!</p>	<p>22. MONDAY</p> <p>11:00 Exercise (A2)</p> <p>2:00 Popsicle Cart (All Floors)</p> 	<p>23. TUESDAY</p> <p>11:30 Lunch (Coffee Shop); Hamilton Theater- "Grease" (sign up only)</p> 	<p>24. WEDNESDAY</p> <p>11:00 Exercise (A2)</p> <p>2:00 New Resident's Tea (Stenhouse Hall)</p> 	<p>25. THURSDAY</p> <p>10:00 Hangman (A2)</p>  <p>2:00 Walk Program (A2) Mid Afternoon; Pet Therapy (A2)</p>	<p>26. FRIDAY</p> <p>10:15 Hymn Sing and Worship Service (Aud.)</p> <p>2:20 Music Therapy with Katie (A2)</p> 	<p>27. SATURDAY</p> <p>2:00 Walk Program (A2)</p> 
<p>28. SUNDAY</p> <p>10:30 Catholic Communion (All Floors)</p> <p>2:35-3:00 Music with Eric Lunn (A2)</p> <p>Dog Visits!</p>	<p>29. MONDAY</p> <p>11:00 Exercise (A2)</p> <p>2:00 Ice-Cream and Birthday Social (Stenhouse Hall)</p> <p>Mid Afternoon: Pet Therapy (A2)</p>	<p>30. TUESDAY</p> <p>2:00 Name That Tune (A2)</p>  <p>6:30 Evening Music with Gerry Cutting (Aud.)</p>	<p>31. WEDNESDAY</p> <p>11:00 Exercise (A2)</p> <p>2:00 One-To-One Visits/Walk Program (A2) 4:00 Sundown Slowdown (A2)</p> <p>6:15 Fun with Words (A2)</p>		<p>Program times and locations may change at times. Please refer to white boards on each unit for any changes</p>	<p>Also check out the "Events Calendar" on our website at www.saintlukesplace.ca for updates, special events, and other Saint Luke's Place community activities.</p>

JULY 2019, LONG-TERM-CARE ACTIVITIES

SAINT LUKE'S PLACE: E-WING Page 1 of 2


<p>All residents from all floors can participate in all programs.</p> <p>Program times and locations may change at times.</p> <p>Please refer to white boards on each unit for any changes.</p>	<p>1. MONDAY</p>  <p>10:00 Canada Day a la Carte (All Floors)</p>	<p>2. TUESDAY</p> <p>10:00 Exercise (E-Wing)</p> <p>2:00 iPod Visits (E-Wing)</p> <p>4:00 Sundown Slowdown (E-Wing)</p>  <p>6:15 All About Canada Discussion (E-Wing)</p>	<p>3. WEDNESDAY</p> <p>10:00 Outdoor Walks (E-Wing)</p> <p>11:00 Exercise (E-Wing)</p>  <p>2:00 Bingo (E-Wing)</p>	<p>4. THURSDAY</p> <p>10:00 Physical Aerobics (E-Wing)</p>  <p>2:00 Travelogue to Canada (E-Wing)</p> 	<p>5. FRIDAY</p>  <p>10:00 Hymn Sing DVD (E-Wing)</p> <p>1:45 – 2:10 Music Therapy with Katie (E-Wing)</p>	<p>6. SATURDAY</p> <p>10:00 Hangman (E-Wing)</p> <p>Check out the “Events Calendar” on our website at</p> <p>www.saintlukesplace.ca</p> <p>for updates, special events, and other Saint Luke's Place community activities</p> 
<p>7. SUNDAY</p> <p>10:30 Catholic Communion (All Floors)</p>  <p>DOG VISITS TODAY!</p>	<p>8. MONDAY</p> <p>10:00 Name That Tune (E-Wing)</p> <p>11:00 Exercise (E-Wing)</p> <p>12:00 Picnic Lunch with HVNA Kids (for those signed up!)</p> 	<p>9. TUESDAY</p> <p>10:00 Exercise (E-Wing)</p> <p>2:00 iPod Visits (E-Wing)</p>  <p>4:00 Sundown Slowdown (E-Wing)</p> <p>6:15 Classic Sitcom: Resident's Choice (E-Wing)</p>	<p>10. WEDNESDAY</p> <p>10:00 Monthly Gazette: July (E-Wing)</p> <p>11:00 Exercise (E-Wing)</p>  <p>2:00 Patio Social: Let's sit outside and enjoy the sunshine together! (E-Wing)</p>	<p>11. THURSDAY</p> <p>10:00 Walking Program (E-Wing)</p> <p>10:00 Residents' Council (Board Room)</p> <p>2:00 Fun with Words (E-Wing)</p>  <p>3:00 Dog Visits (E-Wing)</p>	<p>12. FRIDAY</p> <p>10:15 – 11:00 *NEW TIME* Worship Service (Aud.)</p>  <p>1:45 Musical DVD (E-Wing)</p>	<p>13. SATURDAY</p> <p>2:00 – 2:30 Jan Denk plays his music! (E-Wing)</p> 



JULY 2019, LONG-TERM-CARE ACTIVITIES

SAINT LUKE'S PLACE: E-WING Page 2 of 2




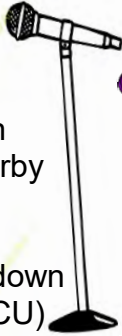






















14. SUNDAY 10:00 Hangman (E-Wing) 10:30 Catholic Communion (All Floors) DOG VISITS TODAY!	15. MONDAY 11:00 Exercise (E-Wing) 2:00 Pub Afternoon with David John Kirby (Aud.) 3:00 Dog Visits (E-Wing)	16. TUESDAY 10:00 Exercise (E-Wing) 10:30 Anglican Communion (Chapel) 4:30 Truckin' Tuesday Dinner (Sign-up required) (Coffee Shop) 	17. WEDNESDAY 10:00 Walking Group (E-Wing) 11:00 Exercise (E-Wing) 12:00 BBQ Lunch! (E-Wing Dining Room) 2:00 One to One Visits (E-Wing)	18. THURSDAY 10:00 – 11:00 Visiting Library (Coffee Shop) 2:00 Trivia (E-Wing) 	19. FRIDAY 10:15 – 11:00 *NEW TIME* Worship Service (Aud.) 1:45 – 2:10 Music Therapy with Katie (E-Wing)	20. SATURDAY 10:00 Spa Visits (E-Wing) 
21. SUNDAY 10:30 Catholic Communion (All Floors)  DOG VISITS TODAY!	22. MONDAY 11:00 Exercise (E-Wing)  2:00 Popsicle Cart (All Floors)	23. TUESDAY 10:00 Exercise (E-Wing) 10:00 One to One Visits 11:30 Coffee Shop Lunch and Hamilton Family Theatre Outing: Grease! (Sign-up required - \$40) 2:00 iPod Visits (E-Wing)	24. WEDNESDAY 10:00 Outdoor Walks (E-Wing) 11:00 Exercise (E-Wing)  2:00 New Resident Meet and Greet (Stenhouse)	25. THURSDAY 2:00 Bingo (E-Wing)  3:00 Dog Visits (E-Wing) 6:15 Thursday Night Feature Film (E-Wing)	26. FRIDAY 10:15 – 11:00 *NEW TIME* Worship Service (Aud.)  1:45 Musical DVD (E-Wing)	27. SATURDAY  10:00 One to One Visits (E-Wing)
28. SUNDAY 10:30 Catholic Communion (All Floors) DOG VISITS TODAY! 	29. MONDAY 10:00 Spa Visits (E-Wing) 11:00 Exercise (E-Wing) 2:00 Ice Cream Social (Stenhouse) 3:00 Dog Visits (E-Wing)	30. TUESDAY 10:00 Exercise (E-Wing) 2:00 iPod Visits (E-Wing) 6:30 Evening Music with Gerry Cutting (Aud.) 	31. WEDNESDAY 10:00 Outdoor Walks (E-Wing) 11:00 Exercise (E-Wing) 2:00 Musical Memories (E-Wing) LAST DAY OF JULY!	THIS MONTH WE WILL BE CELEBRATING CANADA  ALBERTA  SASKATCHEWAN  YUKON  NOVA SCOTIA  NORTHWEST TERRITORIES  BRITISH COLUMBIA  MANITOBA  NEW BRUNSWICK  P.E.I.  QUEBEC  NEWFOUNDLAND & LABRADOR  ONTARIO  NUNAVUT		

JULY 2019, LONG-TERM-CARE ACTIVITIES – Page 1 of 2

SAINT LUKE'S PLACE: SPECIAL CARE UNIT

<p>All residents from all floors can participate in all programs</p>	<p><i>This month we will be celebrating CANADA! You may notice themed crafts, events, and activities on the calendar, eh!</i></p>	<p><i>This month we will be celebrating CANADA! You may notice themed crafts, events, and activities on the calendar, eh!</i></p>				
	<p>1. MONDAY</p>  <p>HAPPY CANADA DAY!</p> <p>Canada Day A La Carte (All Floors, All Day))</p>	<p>2. TUESDAY</p>  <p>10:30 AM- The July Gazette (SCU)</p> <p>11:15 AM- Exercises with Physio (SCU)</p>  <p>2:00 PM- Sensory Cart (SCU)</p> <p>4:15 PM- Sundown Slowdown (SCU)</p> 	<p>3. WEDNESDAY</p> <p>10:30 AM- Canada Fun Facts (SCU)</p> <p>2:00 PM- Bingo (SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p> 	<p>4. THURSDAY</p>  <p>10:00 AM- Exercises with Physio (SCU)</p> <p>2:00 PM Outdoor fun on the Patio- (SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p> <p>6:00 PM – Montessori (SCU)</p> 	<p>5. FRIDAY</p> <p>9:30-1015AM- Hymn Sing with Bill (SCU)</p> <p>11:00 AM – Reading Circle (SCU)</p>  <p>1:45 PM- Table Games (SCU)</p>  <p>415:Sundown Slowdown</p> 	<p>6. SATURDAY</p>  <p>10:30 AM- Early Morning News & Views</p>  <p>1:45 PM- Physical Aerobics and Stretches(SCU)</p> 
<p>7. SUNDAY</p>  <p>Dog Visits Today!</p>	<p>8. MONDAY</p> <p>10:30 AM- One to One visits</p> <p>12:00 PM- HVNA lunch *sign up required*</p>  <p>2:00 PM- Physical Aerobics 'Noodle Hockey' (SCU)</p> <p>4:15 PM- Sundown Slowdown</p>	<p>9. TUESDAY</p>  <p>10:30 AM- Coloring Club: Canada Day Theme (SCU)</p>  <p>11:15 AM- Exercises with Physio (SCU)</p> <p>1:45 PM- Charades (SCU)</p> <p>4:15 PM- Sundown Slowdown (SCU)</p>	<p>10. WEDNESDAY</p> <p>10:30 AM- Spa Cart (SCU)</p>  <p>2:00 PM- Physical Aerobics</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p>	<p>11. THURSDAY</p>  <p>10:00AM- Exercises with Physio (SCU)</p> <p>2:00 PM- Summer Craft (SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p> <p>6:00 PM- Doll Therapy (SCU)</p> 	<p>12. FRIDAY</p> <p>*New Time*</p> <p>10:15 AM- Worship Service (AUD)</p> <p>1:45 PM- Sing Out with Katie (SCU)</p> <p>4:15 PM- Sundown Slowdown</p> 	<p>13. SATURDAY</p>  <p>10:30 AM- Physical Aerobics (SCU)</p> <p>1:45 AM- Patio & Popsicles (SCU)</p> 

JULY 2019, LONG-TERM-CARE ACTIVITIES – Page 2 of 2 SPECIAL CARE UNIT

<p>14. SUNDAY</p>  <p>Dog visits today!</p>	<p>15. MONDAY</p> <p>10:30 AM- Physical Aerobics 'Table Bowling'</p>  <p>1:45 PM- Pub Afternoon with David John Kirby (AUD)</p> <p>4:15 PM-Sundown Slowdown (SCU)</p>	<p>16. TUESDAY</p> <p>10:30 AM- Knitting Circle (SCU)</p>  <p>11:15 AM- Exercises with Physio (SCU)</p> <p>2:00PM- Tea and Talk on the Patio (SCU)</p> <p>4:15 PM- Sundown Slowdown(SCU)</p>	<p>17. WEDNESDAY</p> <p>10:30 AM- Name That Tune (SCU)</p>  <p>2:00 PM- Balloon Badminton(SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p>	<p>18. THURSDAY</p> <p>10:00 AM- Visiting Library</p>  <p>10:00 AM- Exercises with Physio (SCU)</p>  <p>1:45 PM- Travelogue-Canadian Edition(SCU)</p>  <p>4:15- Sundown Slowdown(SCU)</p> <p>6:00 PM- Table Games</p>	<p>19. FRIDAY</p> <p>930-1015 AM- Hymn Sing with Bill (SCU)</p> <p>10:15 AM- Worship Service (AUD)</p> <p>1:45 PM- Musical DVD/ Sing-a-Long</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p>	<p>20. SATURDAY</p> <p>10:30 AM- Early Morning News & Views (SCU)</p> <p>1:30 PM- Physical Aerobics and Stretches (SCU)</p> 
<p>21. SUNDAY</p>  <p>Dog Visits today!</p>	<p>22. MONDAY</p> <p>10:30 AM- iPad Visits (SCU)</p> <p>1:45 PM- Popsicle Cart (SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p>	<p>23. TUESDAY</p> <p>10:30 AM- Reading Circle (SCU)</p>  <p>11:15 AM- Exercises with Physio (SCU)</p> <p>11:30 AM- Coffee lunch and theatre outing. *Sign up required*</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p>	<p>24. WEDNESDAY</p> <p>10:30 AM- Physical Aerobics (SCU)</p> <p>2:00 PM- New Resident Tea (Stenhouse)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p>	<p>25. THURSDAY</p> <p>10:00 AM- 1:1 Visits(SCU)</p> <p>2:00 PM- Sing-a-long on the Patio (SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p> <p>6:00 PM- Spa Cart(SCU)</p> 	<p>26. FRIDAY</p> <p>10:15 AM- Worship Service (AUD)</p>  <p>1:45 PM- Sing Out with Katie(SCU)</p>	<p>27. SATURDAY</p> <p>10:30 AM- Physical Aerobics (SCU)</p>  <p>1:45 PM- 'On a Roll' Dice Game(SCU)</p> 
<p>28. SUNDAY</p>  <p>Dog visits today!</p>	<p>29. MONDAY</p> <p>10:30 AM- Physical Aerobics(SCU)</p> <p>2:00 PM- Mental Aerobics (SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p>	<p>30. TUESDAY</p> <p>11:15 AM- Exercises with Physio (SCU)</p> <p>2:00 PM- BINGO! (SCU)</p> <p>415 PM- Sundown Slowdown (SCU)</p> <p>6:00 PM- Gerry Cutting (AUD)</p> 	<p>31. WEDNESDAY</p> <p>10:30 AM- Bean Bag Toss (SCU)</p>  <p>2:00 PM- BINGO! (SCU)</p> <p>415 PM- Sundown Slowdown (SCU)</p>	<p>6:00 PM- Spa Cart(SCU)</p> 