



We will remember them...

# NOVEMBER, 2019: LONG-TERM-CARE ACTIVITIES

## SAINT LUKE'S PLACE – A-MAIN – Page 1 of 2

















<p><b>All Residents From All Floors Can Participate In All Programs</b></p>	<p><b>Program times and locations may change at times. Please refer to white boards on each unit for any changes</b></p>	<p><b>Also check out the "Events Calendar" on our website at <a href="http://www.saintlukesplace.ca">www.saintlukesplace.ca</a> for updates, special events, and other Saint Luke's Place community activities.</b></p>			<p><b>1. FRIDAY</b></p> <p>10:15 Worship Service (Aud.)</p> <p>1:45 Musical DVD (AM TV Room)</p>	<p><b>2. SATURDAY</b></p> <p>Deviled Egg Day!</p>
<p><b>3. SUNDAY</b></p> <p><i>DAYLIGHT SAVINGS TIME ENDS</i></p> <p>10:30 Catholic Communion (All Floors)</p> <p>2:00 – 2:25 Music with Dennis Scherer (AM)</p>	<p><b>4. MONDAY</b></p> <p>10:00 Reading "The Gazette" (A Main)</p> <p>2:30 Poppy Sun catcher Craft (AM)</p>	<p><b>5. TUESDAY</b></p> <p>10:00 One-To-One Visits (AM)</p> <p>2:00 Townhall Meeting (Stenhouse Hall)</p> <p>3:00 Exercise with Physio (AM)</p>	<p><b>6. WEDNESDAY</b></p> <p>3:00 Exercise with Physio (AM)</p> <p>4:00 Sundown Slowdown Program (AM)</p> <p>6:15 Montessori Program (A Main)</p>	<p><b>7. THURSDAY</b></p> <p>10:00 Resident's Council (Board Room)</p> <p>11:00 Exercise with Physio (AM)</p> <p>2:00 Bingo (AM)</p> <p>6:45 German Kindergruppe kids perform (Aud.)</p>	<p><b>8. FRIDAY</b></p> <p>10:15 Worship Service (Aud.)</p> <p>2:20 Music Therapy with Katie (AM)</p>	<p><b>9. SATURDAY</b></p> <p>Willow Ptarmigan</p>
<p><b>10. SUNDAY</b></p> <p>10:30 Catholic Communion (All Floors)</p> <p>10:00 Fun With Words (AM)</p>	<p><b>11. MONDAY</b></p> <p><b>REMEMBRANCE DAY</b></p> <p>10:15 Remembrance Day Service (Aud.)</p>	<p><b>12. TUESDAY</b></p> <p>10:00 One-To-One Visits (AM)</p> <p>1:45 Pub Afternoon with Eric Lunn (Aud.)</p> <p>3:00 Exercise with Physio (AM)</p>	<p><b>13. WEDNESDAY</b></p> <p>3:00 Exercise with Physio (AM)</p> <p>4:00 Sundown Slowdown Program (AM)</p> <p>6:15 Adult Colouring (AM)</p>	<p><b>14. THURSDAY</b></p> <p>10:00-11:00 Visiting Library (Coffee Shop)</p> <p>11:00 Exercise with Physio (AM TV Room)</p> <p>2:00 New Resident's Tea (Stenhouse Hall)</p>	<p><b>15. FRIDAY</b></p> <p>10:15 Worship Service (Aud.)</p> <p>1:45 Musical DVD (AM TV Room)</p>	<p><b>16. SATURDAY</b></p> <p>2:00-4:00 Ladies Auxiliary Christmas Bazaar (Coffee Shop)</p>



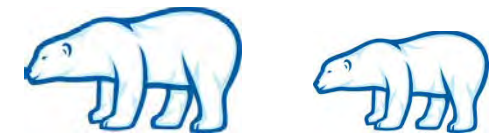
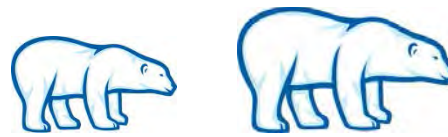
# **NOVEMBER, 2019: LONG-TERM-CARE ACTIVITIES** **SAINT LUKE'S PLACE-A-MAIN – Page 2 of 2**





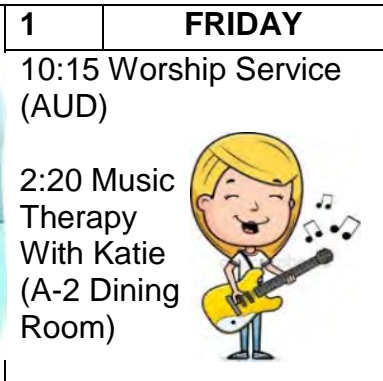
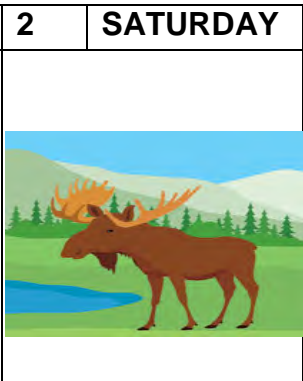

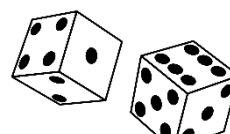




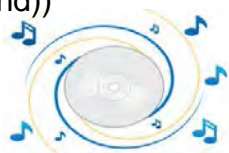

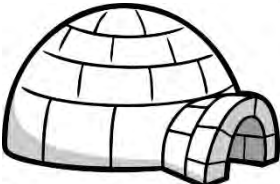










<p><b>17. SUNDAY</b></p> <p>10:30 Catholic Communion (All Floors)</p> <p>2:35 – 3:00 Music with Gerry Cutting (AM)</p> 	<p><b>18. MONDAY</b></p> <p>10:00 Sensory Program (AM)</p>  <p>2:00 Clean Glasses! One to one visits (AM)</p>	<p><b>19. TUESDAY</b></p> <p>10:00 One-To-One Visits (AM)</p> <p>10:30 Anglican Communion (Chapel)</p> <p>1:30 Roman Catholic Mass (Chapel)</p> <p>3:00 Exercise with Physio (AM)</p> 	<p><b>20. WEDNESDAY</b></p> <p>2:30 Celebration of Life (Aud)</p> <p>3:00 Exercise with Physio (AM)</p> <p>4:00 Sundown Slowdown Program (AM)</p> <p>6:15 Word Scramble (AM)</p> 	<p><b>21. THURSDAY</b></p> <p>10:00 Visiting Library (Coffee Shop)</p> <p>11:00 Exercise with Physio (AM TV Room)</p> <p>2:00 SPA Visits (AM)</p> 	<p><b>22. FRIDAY</b></p> <p>10:15 Worship Service (Aud.)</p> <p>2:00 Engelbert in Concert DVD (AM)</p> 	<p><b>23. SATURDAY</b></p> <p>10:00 Card Bingo (AM TV Room)</p> 
<p><b>24. SUNDAY</b></p> <p>10:30 Catholic Communion (All Floors)</p> 	<p><b>25. MONDAY</b></p> <p>Christmas Decorating (All Floors)</p> 	<p><b>26. TUESDAY</b></p> <p>2:00 Travelogue To Alaska (AM TV Room)</p> <p>3:00 Exercise with Physio (AM)</p> <p>7:15-8:15 Galt Kiltie Band (Aud.)</p> 	<p><b>27. WEDNESDAY</b></p> <p>10:00 HVNA kids visit (Stenhouse)</p>  <p>3:00 Exercise with Physio (AM)</p>	<p><b>28. THURSDAY</b></p> <p>10:00 What is It? (AM)</p>  <p>11:00 Exercise with Physio (AM)</p> <p>2:00 Java Music Club (AM)</p>	<p><b>29. FRIDAY</b></p> <p>10:15 Worship Service (Aud.)</p> <p>2:20 Sing out with Katie (AM)</p> 	<p><b>30. SATURDAY</b></p> <p>2:35-3 – Keith Tobey plays his tunes (AM)</p> 







# A-SECOND SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES Page 1 of 2

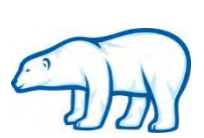
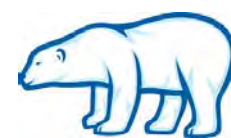
<p>Also check out the “Events Calendar” on our website at <a href="http://www.saintlukesplace.ca">www.saintlukesplace.ca</a></p> <p>for updates, special events, and other Saint Luke’s Place community activities</p> <p>Program times and locations may change at times. Please refer to the white boards on each unit for any changes.</p>									<p>1</p> <p>FRIDAY</p> <p>10:15 Worship Service (AUD)</p> <p>2:20 Music Therapy With Katie (A-2 Dining Room)</p> 		<p>2</p> <p>SATURDAY</p> 		
<p>3</p> <p>SUNDAY</p> <p>10:30 Catholic Communion (On The Unit)</p> <p>2:35 Music With Dennis Scherer (A2)</p>  <p>Dog Visits Today!</p>		<p>4</p> <p>MONDAY</p> <p>10:00 Bible Study (A2)</p> <p>11:00 Exercises (A-2)</p> <p>2:00 On A Roll with Karen (A-2)</p> 		<p>5</p> <p>TUESDAY</p> <p>2:00 Town Hall Meeting (Stenhouse)</p> <p>4:00 Sundown Slowdown</p>  <p>6:15 One to One Visits (A-2)</p>		<p>6</p> <p>WEDNESDAY</p> <p>10:00 Sing-A-Long Program (A-2)</p>  <p>2:00 Colouring Club (A-2)</p> 		<p>7</p> <p>THURSDAY</p> <p>10:00 Resident Council (Board Room)</p> <p>2:00 Hangman (A-2)</p>  <p>H _ A _ N _ M _ A _ N</p> <p>6:45 Schwaben Kindergruppe Performs (AUD)</p>		<p>8</p> <p>FRIDAY</p> <p>10:15 Worship Service (AUD)</p> <p>1:45 Musical DVD (A-Second))</p> 		<p>9</p> <p>SATURDAY</p> <p>10:00 Bingo! (A-2)</p> 	
<p>10</p> <p>SUNDAY</p> <p>10:30 Catholic Communion (On The Unit)</p> <p>Dog Visits Today!</p> 		<p>11</p> <p>MONDAY</p> <p>10:15 Remembrance Day Service (AUD)</p>  <p>REMEMBRANCE DAY</p> <p>Lest We Forget</p>		<p>12</p> <p>TUESDAY</p> <p>1:45 Pub Afternoon with Eric Lunn (AUD)</p>  <p>4:00 Sundown Slowdown (A2)</p> <p>6:15 Montessori Activities (A-2)</p>		<p>13</p> <p>WEDNESDAY</p> <p>10:00 Discussion/ Activity – World Kindness Day (A-2)</p>  <p>2:00 – One to one visits (A2)</p> 		<p>14</p> <p>THURSDAY</p> <p>10:00 Balloon Badminton (A-2)</p>  <p>2:00 New Resident Tea (Stenhouse)</p> 		<p>15</p> <p>FRIDAY</p> <p>10:15 Worship Service (AUD)</p>  <p>2:20 Music Therapy With Katie (A-2 Dining Room)</p> 		<p>16</p> <p>SATURDAY</p> <p>10:00 Roaming A-Z (A-2)</p>  <p>2-4 Christmas Bazaar (Coffee Shop)</p>  <p>Christmas Bazaar</p>	







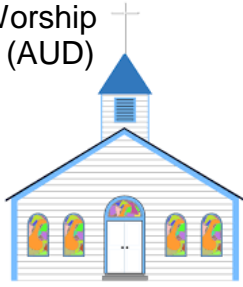















## A-SECOND



### SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES Page 2 of 2

17	SUNDAY	18	MONDAY	19	TUESDAY	20	WEDNESDAY	21	THURSDAY	22	FRIDAY	23	SATURDAY
10:30 Catholic Communion (On The Unit)		10:00 Nail Spa (A-Second)		10:30 Anglican Communion (Chapel)		10:00 – Super Quiz (A2)		10:00 One to One Visits (A2)		10:15 Worship Service (AUD)		Happy Saturday!	
Dog Visits Today!		11:00 Exercises (A-2)		1:30 Catholic Mass (Chapel)		2:00 Name That Tune (A2)		10:00-11:00 Visiting Library (Café)					
		1:30 Travelogue (A-2)		4:00 Sundown Slowdown (A2)		2:30 Celebration of Life (AUD)		2:00 Bingo! (A-2)		1:45 Musical DVD (TV Room)			
				6:15 – International Men's Day discussion (A2)									
24	SUNDAY	25	MONDAY	26	TUESDAY	27	WEDNESDAY	28	THURSDAY	29	FRIDAY	30	SATURDAY
10:30 Catholic Communion (On The Unit)		CHRISTMAS DECORATING ALL DAY!!		2:00 Fun With Words (A-2)		10:00 HVNA kids visit (Stenhouse)		10:00 Reading Circle (A-2)		10:15 Worship Service (AUD)			
Dog Visits Today!						2:00 Table Bowling (A-2)				2:20 Music Therapy With Katie (A-2 Dining Room)			
				7:15 Galt Kiltie Band (AUD)				2:00 Coffee Shop Visits (A-2)					
						4:00 Sundown Slowdown							





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<div>3</div> <div>SUNDAY</div>		<div>4</div> <div>MONDAY</div>		<div>5</div> <div>TUESDAY</div>		<div>6</div> <div>WEDNESDAY</div>		<div>7</div> <div>THURSDAY</div>		<div>8</div> <div>FRIDAY</div>		<div>9</div> <div>SATURDAY</div>			
<div>10:30 Catholic Communion (On The Unit)</div> <div>Dog Visits Today!</div> <div></div>		<div>10:00 One to One Visits</div> <div>11:00 Exercises (E-Wing)</div> <div>1:30 Craft: Poppy Suncatchers (E-Wing)</div> <div></div>		<div>10:00 One to One Visits</div> <div>10:00 Exercises (E-Wing)</div> <div>2:00 Town Hall Meeting (Stenhouse)</div> <div></div>		<div>10:00 Sensory Program (E-Wing)</div> <div></div> <div>11:00 Exercises (E-Wing)</div> <div>2:00 Music Group Queen - Bohemian Rhapsody Movie – (Aud)</div>		<div>10:00 Resident Council (Board Room)</div> <div>2:00 Bingo! (E-Wing)</div> <div></div> <div>4:00 Sundown Slowdown</div> <div>6:45 Schwaben Kindergruppe Performs (AUD)</div>		<div>10:15 Worship Service (AUD)</div> <div>1:45 Music Therapy With Katie (E-Wing)</div> <div></div>		<div>2:00 Fun With Words (E-Wing)</div> <div></div>			
<div>10</div> <div>SUNDAY</div>		<div>11</div> <div>MONDAY</div>		<div>12</div> <div>TUESDAY</div>		<div>13</div> <div>WEDNESDAY</div>		<div>14</div> <div>THURSDAY</div>		<div>15</div> <div>FRIDAY</div>		<div>16</div> <div>SATURDAY</div>			
<div>10:30 Catholic Communion (On The Unit)</div> <div>Dog Visits Today</div> <div></div>		<div>10:15 Remembrance Day Service (AUD)</div> <div></div> <div>REMEMBRANCE DAY</div> <div>Lest We Forget</div>		<div>10:00 One to One Visits</div> <div>10:00 Exercises (E-Wing)</div> <div></div> <div>1:45 Pub Afternoon with Eric Lunn (AUD)</div> <div></div>		<div>11:00 Exercises (E-Wing)</div> <div>2:00 Discussion/ Activity – World Kindness Day (E-Wing)</div> <div></div>		<div>10:00 Travelogue (EW)</div> <div>2:00 New Resident Tea (Stenhouse)</div> <div></div> <div>4:00 Sundown Slowdown (E-Wing)</div> <div>6:30 Montessori Program (E-Wing)</div>		<div>10:15 Worship Service (AUD)</div> <div></div> <div>1:45 Musical DVD (TV Room)</div> <div></div>		<div>2-4 Christmas Bazaar (Coffee Shop)</div> <div></div> <div>Christmas Bazaar</div>			




















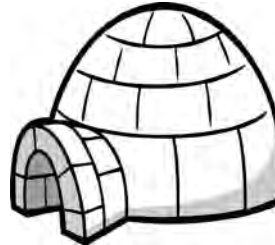







# E-Wing



SAINT LUKE'S PLACE – LONG-TERM –CARE ACTIVITIES PAGE 2 of 2

17	SUNDAY	18	MONDAY	19	TUESDAY	20	WEDNESDAY	21	THURSDAY	22	FRIDAY	23	SATURDAY
10:30 Catholic Communion (On The Unit)		10:00 Bible Study (E-Wing)		10:00 Nail Spa (E-Wing)		11:00 Exercises (E-Wing)		10:00-11:00 Visiting Library (Café)		10:15 Worship Service (AUD)		2:00 Card Bingo (E-Wing Activity Room)	
2:00 Music with Gerry Cutting (EW)				10:00 Exercises (E-Wing)		2:00 Word Scramble (E-Wing)		2:00 Bingo! (E-Wing)					
													
Dog Visits Today!		11:00 Exercises (E-Wing)		10:30 Anglican Communion (Chapel)		2:30 Celebration of Life (AUD)		4:00 Sundown Slowdown		1:45 Beach Boys live in Concert DVD (E-Wing)			
2:00 Hangman (E-Wing)				1:30 Catholic Mass (Chapel)				6:30 Classic TV (E-Wing)					
24	SUNDAY	25	MONDAY	26	TUESDAY	27	WEDNESDAY	28	THURSDAY	29	FRIDAY	30	SATURDAY
10:30 Catholic Communion (On The Unit)		CHRISTMAS DECORATING ALL DAY!!		10:00 One to One Visits (E-Wing)		10:00 HVNA kids visit (Stenhouse)		2:00 Adult Colouring (E-Wing)		10:15 Worship Service (AUD)		2-2:25 Keith Tobey Plays his tunes (EW)	
2:00 Music with Gerry Cutting (EW)				10:00 Exercises (E-Wing)						1:45 Sing out with Katie (E-Wing)			
Dog Visits Today!				2:00 Fun With Words/ Trivia (E-Wing)				4:00 Sundown Slowdown					
													
				7:15 Galt Kiltie Band (AUD)		11:00 Exercises (E-Wing)		6:30 Pathways Music Program (E-Wing)					
													



# November

## SPECIAL CARE UNIT

SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES Page 1 of 2

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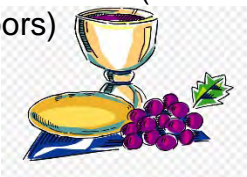


**1 FRIDAY**  
10:15 AM- Worship Service (AUD)  
1:45 PM- Sing Out with Katie (SCU)  
4:15 PM- Sundown Slowdown (SCU)

**2 SATURDAY**  
9:15 AM- Sing Along (SCU)  
1:45 PM- Hot Beverage Cart (SCU)

### 3 SUNDAY

10:30 AM- Catholic Communion (All Floors)



Dog Visits today!

### 4 MONDAY

9:45 AM- Travelogue: Alaska (SCU)



2:00 PM- Physical Aerobics "Balloon Badminton" (SCU)

4:15 PM- Sundown Slowdown (SCU)

### 5 TUESDAY

11:15 AM- Exercise with Physio (SCU)

2:00 PM- The Monthly Gazette (SCU)

4:15 PM- Sundown Slowdown (SCU)

### 6 WEDNESDAY

9:45 AM- Ball Toss Game (SCU)

2:00 PM- November Gratitude Discussion (SCU)

4:15 PM- Sundown Slowdown (SCU)

### 7 THURSDAY

9:30 AM- Exercise with Physio (SCU)

2:00 PM- Mental Aerobics (SCU)

4:15 PM- Sundown Slowdown (SCU)

6:15 PM- Evening Movie (SCU)

### 8 FRIDAY

10:15 AM- Worship Service (AUD)

1:45 PM- Musical Memories (SCU)

4:15 PM- Sundown Slowdown (SCU)

### 9 SATURDAY

9:15 AM- Early Morning News and Horoscopes (SCU)

1:45 PM- Remembrance day Craft (SCU)

### 10 SUNDAY

10:30 AM- Catholic Communion (All floors)

Dog Visits Today!



### 11 MONDAY

10:15- Remembrance Day Service (AUD)



### 12 TUESDAY

11:15 AM- Exercise with Physio (SCU)

1:45 PM- Pub Afternoon with Eric Lunn (AUD)

4:15 PM- Sundown Slowdown (SCU)

### 13 WEDNESDAY

9:45 AM- Physical Aerobics (SCU)

2:00 PM- Word Game: Words Starting with "N" (SCU)

4:15 PM- Sundown Slowdown (SCU)

### 14 THURSDAY

9:30 AM- Exercise with Physio (SCU)

2:00 PM- New Residents Tea (STEN)

4:15 PM- Sundown Slowdown (SCU)  
6:15 PM- One to One Visits (SCU)

### 15 FRIDAY

10:15 AM- Worship Service (AUD)

1:45 PM- Sing Out with Katie (SCU)

4:15 PM- Sundown Slowdown (SCU)

### 16 SATURDAY

9:15 AM- Morning Social (SCU)





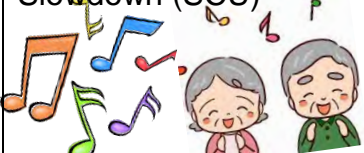

















1:45 PM- Spa Visits (SCU)



# November

## SPECIAL CARE UNIT

SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES Page 2 of 2

<p><b>17 SUNDAY</b></p> <p>10:30 AM- Catholic Communion(All floors)</p> <p>Dog Visits today!</p> 	<p><b>18 MONDAY</b></p> <p>9:45 AM- iPad Visits (SCU)</p>  <p>2:00 PM- Tea and Talk- All about Alaska (SCU)</p>  <p>4:15 PM- Sundown Slowdown(SCU)</p>	<p><b>19 TUESDAY</b></p> <p>11:15 AM- Exercise with Physio (SCU)</p> <p>2:00 PM- Mental Aerobics- "Hang Man"(SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p> 	<p><b>20 WEDNESDAY</b></p> <p>945 AM- Hand Massages (SCU)</p>  <p>2:30 PM- Celebration Of Life (AUD)</p>  <p>2:00 PM- True or False Game (SCU)</p> <p>4:15 PM- Sundown Slowdown (SCU)</p>	<p><b>21 THURSDAY</b></p> <p>9:30 AM- Exercise with Physio (SCU)</p> <p>1:45 PM- Relaxation Therapy (SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p> <p>6:15 PM- Homestyle Dinner *Sign up Required* (SCU)</p> 	<p><b>22 FRIDAY</b></p> <p>10:15 AM- Worship Service (AUD)</p> <p>1:45 PM- Bingo! (SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p>	<p><b>23 SATURDAY</b></p> <p>9:15 AM- Adult Coloring (SCU)</p>  <p>1:45 PM- physical Aerobics ' Noodle Hockey' (SCU)</p> 
<p><b>24 SUNDAY</b></p> <p>10:00 AM- Residents Choice (SCU)</p> <p>10:30AM- Catholic Communion (All floors)</p>  <p>Dog Visits today!</p>	<p><b>25 MONDAY</b></p> <p><b>PUT UP CHRISTMAS DÉCOR (ALL DAY)</b></p> 	<p><b>26 TUESDAY</b></p> <p>11:15 AM- Exercise with Physio (SCU)</p> <p>2:00 PM-Winter Craft "Hanging Mittens"(SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p> <p>6:30 PM- Galt Kiltie Band (AUD)</p> 	<p><b>27 WEDNESDAY</b></p> <p>10:00 AM- HVNA Kids visit (Stenhouse)</p> <p>2:00 PM- Chit Chat Club (SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p> 	<p><b>28 THURSDAY</b></p> <p>9:30 AM- Exercise with Physio (SCU)</p> <p>2:00 PM- Table Games (SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p> <p>6:15 PM- Doll &amp; Animal Therapy (SCU)</p> 	<p><b>29 FRIDAY</b></p> <p>10:15 AM- Worship Service (AUD)</p> <p>1:45 PM- Sing Out with Katie (SCU)</p>  <p>4:15 PM- Sundown Slowdown (SCU)</p> 	<p><b>30 SATURDAY</b></p> <p>9:15 AM- Rise and Shine: Morning Stretches (SCU)</p> <p>1:45 PM- Indoor Walks (SCU)</p> 