

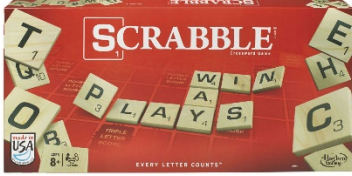
NOVEMBER 2019 TENANT ACTIVITIES

SAINT LUKE'S PLACE: TENANTS

Check out the "Events Calendar" on our website at www.saintlukesplace.ca for updates, special events, and other Saint Luke's Place community activities! <u>Program times and locations may change at times.</u> Please refer to the bulletin boards for any cancellations or changes. Thank you ☺			"In November, the trees are standing all sticks and bones. Without their leaves, how lovely they are, spreading their arms like dancers." - Cynthia Kujawa, In November	Our Wellness Centre is now open for all tenants at SLP! Call Alison at 519-658-5183 ext. 291 for an orientation date. To use the equipment an orientation and required paperwork must be completed as safety is our priority!	1. FRIDAY 10:15-11:00- Hymn Sing & Worship Service (AUD)	2.SATURDAY  7:00 Movie Night "Dolphin Tale 2" D1 Lounge
3. SUNDAY 10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443	4. MONDAY 10:30 Fun & Fitness (Wellness Centre) 7:00- Scrabble (C1 Lounge)	5. TUESDAY 8:30- Coffee, Tea and Muffins (Coffee Shop) \$1.00 10:30- Fun and Fitness (Wellness Centre) 7:00- Games Night (Coffee Shop) \$1.00	6. WEDNESDAY 10:00 Grocery Trip to Zehrs Sign up at the main office Cost: \$2.00 10:30 Ever Wellness Group with Daryl (AUD) For those signed up 7:00 Wii Bowling (D2 Lounge) 8:00- Rogers TV Bingo (Coffee Shop)	7. THURSDAY 8:30- Coffee, Tea and Muffins (D1 Lounge) \$1.00 10:30- Fun and Fitness (Wellness Centre) 11:30- Cambridge Centre Trip Sign up at Main Office 1:30-2:30 New Hope Hearing Drop in (C1 Lounge) 	8. FRIDAY 9:45-10:30 TD Bank (C1 Lounge) 10:15-11:00- Hymn Sing & Worship Service (AUD)	9. SATURDAY
10. SUNDAY 10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443	11. MONDAY 10:30- Fun and Fitness (Aud.) 10:15-11- Remembrance Day Service (AUD) 12:00 Veterans Lunch (AUD) 7:00- Scrabble (C1 Lounge) 	12. TUESDAY 8:30- Coffee, Tea and Muffins (Coffee Shop) \$1.00 10:30- Fun and Fitness (Wellness Centre)	13. WEDNESDAY 10:00 Grocery Trip to Food Basics Sign up at the main office Cost: \$2.00 10:30 Ever Wellness Group with Daryl (Wellness Centre) For those signed up 7:00 Wii Bowling (D2 Lounge) 8:00- Rogers TV Bingo (Coffee Shop)	14. THURSDAY 8:30- Coffee, Tea and Muffins (D1 Lounge) \$1.00 10:30- Fun and Fitness (Wellness Centre) 2:00 Alia N Tan Jay Fall Fashion Show (AUD) 7:00 Bingo! (D1 Lounge)	15. FRIDAY 10:15-11:00- Hymn Sing & Worship Service (AUD) 1:30 Progressive Euchre (Stenhouse) \$2.00	16. SATURDAY Auxiliary Christmas Bazaar! 2:00-4:00pm Tea room, baking, crafts 

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17. SUNDAY 10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443	18. MONDAY 10:30- Fun and Fitness (Wellness Centre) 1:30 Bingo! (C1 Lounge) 7:00- Scrabble (C1 Lounge) 	19. TUESDAY 8:30- Coffee, Tea and Muffins (Coffee Shop) \$1.00 10:30- Fun and Fitness (Wellness Centre) 7:00 Games Night (Coffee Shop) \$1.00	20. WEDNESDAY 10:00- Grocery Trip to Zehrs Sign up at the main office. Cost: \$2.00 10:30 Ever Wellness Group with Daryl (AUD) For those signed up 2:30 Celebration of Life (AUD) 7:00 Wii Bowling (D2 Lounge) 8:00- Rogers TV Bingo (Coffee Shop)	21. THURSDAY 8:30- Coffee, Tea and Muffins (D1 Lounge) \$1.00 10-11- Visiting Library (Coffee Shop) 10:30- Fun and Fitness (Wellness Centre.) 12-4 KmW Clothing Company (AUD)	22. FRIDAY 10:15-11:00- Hymn Sing & Worship Service (AUD) 	23. SATURDAY
24. SUNDAY 10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443	25. MONDAY 10:30- Fun and Fitness (Wellness Centre) 7:00- Scrabble (C1 Lounge)	26. TUESDAY 8:30- Coffee, Tea and Muffins (Coffee Shop) \$1.00 10:30- Fun and Fitness (Aud.) 7:15 Galt Kiltie Band(Aud) \$2:00 Limited seating so please sign up at the Main office	27. WEDNESDAY 10:00 Grocery Trip to Food Basics Sign up at the main office Cost: \$2.00 10:30 Ever Wellness Group with Daryl (AUD) For those signed up 7:00 Wii Bowling (D2 Lounge) 8:00- Rogers TV Bingo (Coffee Shop)	28. THURSDAY 8:30– Coffee, Tea & Muffins (D1 Lounge) \$1.00 10:30- Fun & Fitness (Wellness Centre)	29. FRIDAY 10:15-11:00- Hymn Sing & Worship Service (AUD) 2:00 Tree of Memories Launch (Stenhouse) 	30. SATURDAY