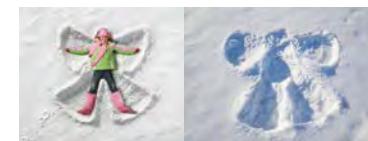
























# **JANUARY 2020: LONG-TERM-CARE ACTIVITIES** **SAINT LUKE'S PLACE ~ A-MAIN - Page 1 of 2**





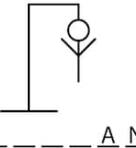







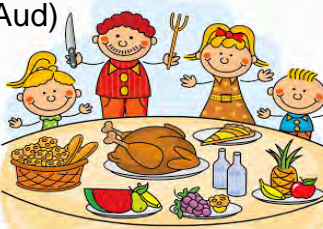





<p><b>All Residents From All Floors Can Participate In All Programs</b></p> 	<p><b>Program times and locations may change at times.</b></p> <p><b>Please refer to white boards on each unit for any changes</b></p> 		<p><b>1. WEDNESDAY</b></p> <p><b>HAPPY NEW YEAR!</b></p> <p>1:30 New Year 's Resolutions (A-M)</p> 	<p><b>2. THURSDAY</b></p> <p>10:00 Resident's Council (Board Room) 10:00 One-To-One Visits (A-M) 11:00 Exercise with Physio (A-M)</p> <p>2:00 Walk Program (A-M)</p>	<p><b>3. FRIDAY</b></p> <p>10:15 Worship Service (Aud)</p> <p>2:20 Music Therapy with Katie (A-M)</p> 	<p><b>4. SATURDAY</b></p> <p>1:30 Afternoon at the Movies (A-M)</p> 
<p><b>5. SUNDAY</b></p> <p>10:30 Catholic Communion (All Floors)</p> 	<p><b>6. MONDAY</b></p> <p>Christmas Take Down (All Floors)</p> 	<p><b>7. TUESDAY</b></p> <p>10:00 One-To-One Visits (A-M) 2:00 Java Music Club (A-M) 3:00 Exercise with Physio (A-M)</p> 	<p><b>8. WEDNESDAY</b></p> <p>2:00 Monthly Gazette (A-M) 3:00 Exercise with Physio (A-M) 4:00 Sundown Slowdown Program (A-M)</p> <p>6:15 What is It? (AM)</p> 	<p><b>9. THURSDAY</b></p> <p>10:00 Sensory Program (A-M) 11:00 Exercise with Physio (A-M)</p> <p>2:00 Bingo (A-M)</p> 	<p><b>10. FRIDAY</b></p> <p>10:15 Worship Service (Aud)</p> <p>1:45 Musical DVD (A-M)</p> 	<p><b>11. SATURDAY</b></p> <p>2:00 Hot Drink Cart (A-M)</p> 
<p><b>12. SUNDAY</b></p> <p>10:30 Catholic Communion (All Floors)</p> 	<p><b>13. MONDAY</b></p> <p>10:00 Walk Program (A-M) 2:00 On A Roll (A-M)</p> 	<p><b>14. TUESDAY</b></p> <p>10:00 One-To-One Visits (A-M)</p>  <p>3:00 Exercise with Physio (A-M)</p>	<p><b>15. WEDNESDAY</b></p> <p>10:00 Fun With Words (A-M) 2:00 Spa Visits (A-M)</p>  <p>3:00 Exercise with Physio (A-M)</p>	<p><b>16. THURSDAY</b></p> <p>10:00-11:00 Visiting Library (Coffee Shop) 11:00 Exercise with Physio (A-M)</p> <p>2:00 Card Bingo (A-M)</p>  <p>6:45 Pub Evening with Eric Lunn (Aud)</p>	<p><b>17. FRIDAY</b></p> <p>10:15 Worship Service (Aud)</p> <p>2:20 Music Therapy with Katie (A-M)</p> 	<p><b>18. SATURDAY</b></p> <p>2:00 Pathway's (A-M)</p> 



## JANUARY, 2020: LONG-TERM-CARE ACTIVITIES SAINT LUKE'S PLACE ~ A-MAIN - Page 2 of 2



<b>19. SUNDAY</b>  10:00 Walk Program (A-M)  10:30 Catholic Communion (All Floors) 	<b>20. MONDAY</b>  10:00 Musical DVD (A-M)  2:00 Bingo (A-M) 	<b>21. TUESDAY</b>  10:30 Anglican Communion (Chapel)  1:30 Roman Catholic Mass (Chapel) 3:00 Exercise with Physio (A-M) 	<b>22. WEDNESDAY</b>  2:00 Hangman (A-M)  H _ _ _ _ A N 3:00 Exercise with Physio (A-M) 4:00 Sundown Slowdown Program (A-M) 6:15 Montessori Program (A-M)	<b>23. THURSDAY</b>  10:00 Physical Aerobics; Volleyball (A-M) 11:00 Exercise with Physio (A-M)  2:00 New Resident's Tea (Stenhouse Hall) 	<b>24. FRIDAY</b>  10:15 Worship Service (Aud)  1:45 Musical DVD (A-M) 	<b>25. SATURDAY</b> Chinese New Year  2:00 Walk Program (A-M) 
<b>26. SUNDAY</b>  10:30 Catholic Communion (All Floors) 	<b>27. MONDAY</b>  10:00 Java Music Club (A-M)  2:00 Hot Drink Social (Stenhouse Hall) 	<b>28. TUESDAY</b>  10:00 One-To-One Visits (A-M)  2:00 Tried and True Tunes with Corey & Greg (Aud) 3:00 Exercise with Physio (A-M) 	<b>29. WEDNESDAY</b>  2:00 Name That Tune (A-M) 3:00 Exercise with Physio (A-M)  4:45 Homestyle dinner (Sign up) (Aud) 	<b>30. THURSDAY</b>  10:00 Sensory Program (A-M)  11:00 Exercise with Physio (A-M)  2:00 Card Bingo (A-M) 	<b>31. FRIDAY</b>  10:15 Worship Service (Aud)  2:20 Music Therapy with Katie (A-M) 	<p><b>Also check out the "Events Calendar" on our website at <a href="http://www.saintlukesplace.ca">www.saintlukesplace.ca</a> for updates, special events, and other Saint Luke's Place community activities.</b></p> 

# January



# January

## A- SECOND

### SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES Page 1 of 2



<p>Also check out the “Events Calendar” on our website at <a href="http://www.saintlukesplace.ca">www.saintlukesplace.ca</a></p> <p>for updates, special events, and other Saint Luke’s Place community activities</p> <p>Program times and locations may change at times. Please refer to the white boards on each unit for any changes.</p>		<div><div>YUKON</div></div>		<div><div>1</div><div>WEDNESDAY</div><div>New Year’s Day!! 1:30 New Year’s Resolutions (A-2)</div></div>	<div><div>2</div><div>THURSDAY</div><div>10:00 Residents’ Council (Board Room) 10:15 Balloon Badminton (A-2)</div></div> <div>2:00 Indoor Walk Program (A-2)</div>	<div><div>3</div><div>FRIDAY</div><div>10:15 Worship Service (AUD)</div></div> <div>2:00 Sing-Along with Susie Q (A-2)</div>	<div><div>4</div><div>SATURDAY</div><div>Happy Saturday!</div></div>
<div><div>5</div><div>SUNDAY</div><div>10:30 Catholic Communion (On The Unit) 2:00 Dice Game with Emma (A-2)</div></div> <div>Dog Visits Today!</div>	<div><div>6</div><div>MONDAY</div><div>11:00 Exercises (A-2)  Christmas Take Down (All Floors)</div></div>	<div><div>7</div><div>TUESDAY</div><div>2:00 Shuffleboard (A-2)</div></div> <div>4:00 Sundown Slowdown (A-2)</div> <div>6:15 One-to-One Visits (A-2)</div>	<div><div>8</div><div>WEDNESDAY</div><div>10:15 Fun with Words (A-2)</div></div> <div>11:00 Exercises (A-2)</div> <div>2:00 Sensory Cart (A-2)</div>	<div><div>9</div><div>THURSDAY</div><div>10:15 Java Music Club (A-2)</div><div>2:00 Bingo! (A-2 Dining Room)</div></div>	<div><div>10</div><div>FRIDAY</div><div>10:15 Worship Service (AUD) 2:20 Music Therapy with Katie (A-2 Dining Room)</div></div>	<div><div>11</div><div>SATURDAY</div><div>10:15 Yukon Travelogue (A-2)</div></div>	
<div><div>12</div><div>SUNDAY</div><div>10:30 Catholic Communion (On The Unit)</div></div> <div>Dog Visits Today!</div>	<div><div>13</div><div>MONDAY</div><div>10:15 Hot Drink Cart (A-2)</div></div> <div>11:00 Exercises (A-2) 2:00 Gentle Hand Massages (A-2)</div>	<div><div>14</div><div>TUESDAY</div><div>4:00 Sundown Slowdown (A-2)</div></div> <div>6:15 Evening Movie: Snow Dogs (A-2)</div>	<div><div>15</div><div>WEDNESDAY</div><div>10:15 Who/What am I? (A-2)</div></div> <div>11:00 Exercises (A-2)</div> <div>2:00 Indoor Walk Program (A-2)</div>	<div><div>16</div><div>THURSDAY</div><div>10:00-11:00 Visiting Library (Café)</div></div> <div>2:00 One-to-One Visits (A-2)</div> <div>6:45-7:45 Eric Lunn Pub Night (AUD)</div>	<div><div>17</div><div>FRIDAY</div><div>10:15 Worship Service (AUD)</div></div> <div>2:00 Musical DVD (A-2)</div>	<div><div>18</div><div>SATURDAY</div><div>10:00 Balloon Badminton (A-2)</div></div>	










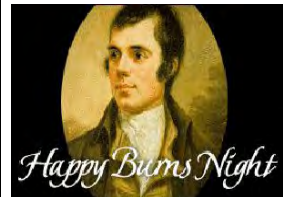





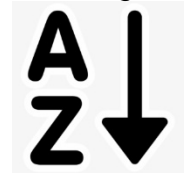














# January

## A- SECOND SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES Page 2 of 2



19	SUNDAY	20	MONDAY	21	TUESDAY	22	WEDNESDAY	23	THURSDAY	24	FRIDAY	25	SATURDAY
10:30 Catholic Communion (On The Unit)		10:15 Coffee Shop Visits (A-2)		National Hug Day!		10:15 Word Mining (A-2)		10:15 Adult Colouring (A-2)		10:15 Worship Service (AUD)		CHINESE NEW YEAR	
													
Dog Visits Today!		11:00 Exercises (A-2)		1:30 Catholic Mass (Chapel)		11:00 Exercises (A-2)		2:00 New Resident Tea (Stenhouse)		2:20 Music Therapy with Katie (A-2 Dining Room)		Robbie Burns Day!	
		2:00 Nail Spa (A-2)		4:00 Sundown Slowdown (A-2)		2:00 Card Bingo! (A-2 Dining Room)							
												Happy Burns Night	
26	SUNDAY	27	MONDAY	28	TUESDAY	29	WEDNESDAY	30	THURSDAY	31	FRIDAY	Yukon	
10:30 Catholic Communion (On The Unit)		Marshmallow Monday!		10:15 Tea & Trivia (A-2)		10:15 Roaming A-Z (A-2)		10:15 Balloon Badminton (A-2)		National Hot Chocolate Day!			
		10:15 Indoor Walk Program (A-2)											
2:35 Music by Gerry Cutting (A-2)		11:00 Exercises (A-2)		2:00 Tried and True Tunes by Corey and Greg (AUD)		11:00 Exercises (A-2)		2:00 Shuffleboard (A-2)		10:15 Worship Service (AUD)			
		2:00 Hot Drink Social (Stenhouse)				2:00 Sing-Along Program (A-2)				2:00 Musical DVD (A2)			
Dog Visits Today!													





 <b>YUKON</b>			<b>1. WEDNESDAY</b> 10:00 New Year Resolutions (EW) 	<b>2. THURSDAY</b> 10:00 Residents' Council (Board Room)  2:00 Fun With Words! (E-Wing) 4:00 Sundown Slowdown (E-Wing) 6:15 Reminiscing – Snow Days (E-Wing)	<b>3. FRIDAY</b> 10:15 Worship Service (Aud.) 1:45 Music Therapy with Katie (E-Wing) 	<b>4. SATURDAY</b> TAKE DOWN CHRISTMAS 
<b>5. SUNDAY</b> 10:30 Catholic Communion (All Floors)  Dog visits today!	<b>6. MONDAY</b> 11:00 Exercise (E-Wing) 2:00 Travelogue: Northern Locations (E-Wing) 	<b>7. TUESDAY</b> 10:00 Exercise (E-Wing)  10:00 One to One Visits (E-Wing) 2:30 Craft: Artic Landscape (E-Wing) 	<b>8. WEDNESDAY</b> 10:00 I-Pod Visits (E-Wing)  11:00 Exercise (E-Wing) 2:00 Name That Tune! (E-Wing) 	<b>9. THURSDAY</b> 2:00 Coffee Shop Visits (Café)  4:00 Sundown Slowdown (E-Wing) 6:15 Discussion: All About The Yukon (E-Wing) 	<b>10. FRIDAY</b> 10:15 Worship Service (Aud.)  1:45 Musical Video (E-Wing) 	<b>11. SATURDAY</b> Q: What's black and white and goes round and around?  A: A Penguin in a revolving door.
<b>12. SUNDAY</b> 10:30 Catholic Communion (All Floors)  2:35-3:15 Music With Paul Horton (E-Wing) Dog visits today!	<b>13. MONDAY</b> 11:00 Exercise (E-Wing) 1:30 Musical DVD (E-Wing) 	<b>14. TUESDAY</b> 10:00 Exercise (E-Wing) 10:00 Scensory Cart (E-Wing) 	<b>15. WEDNESDAY</b> 10:00 Nail Spa (E-Wing)  11:00 Exercise (E-Wing) 2:00 Yeti Stories (E-Wing) 	<b>16. THURSDAY</b> 10:00 – 11:00 Visiting Library (Coffee Shop)  2:00 Crystal Snowflakes (E-Wing)  6:45 Pub Night – Eric Lunn (AUD)	<b>17. FRIDAY</b>  10:15 Worship Service (Aud.) 1:45 Music Therapy with Katie (E-Wing)	<b>18. SATURDAY</b> 10:00 On A Roll (E-Wing)  2:00 Reading Corner (E-Wing) 


























# January

**E-Wing JANUARY 2020**

**SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES Page 2 of 2**



<p><b>19. SUNDAY</b> 10:30 Catholic Communion (All Floors)</p> <p>Check out the "Events Calendar" on our website at <a href="http://www.saintlukesplace.ca">www.saintlukesplace.ca</a> for updates, special events, and other Saint Luke's Place community activities</p> <p>Dog visits today!</p>	<p><b>20. MONDAY</b> 10:00 Bird Watching Club (E-Wing)</p>  <p>11:00 Exercise (E-Wing)</p> <p>2:00 Bingo! (A-Main)</p> 	<p><b>21. TUESDAY</b> 10:00 Exercise (E-Wing)</p> <p>10:30 Anglican Communion (Chapel)</p>  <p>1:30 Catholic Communion (Chapel)</p> 	<p><b>22. WEDNESDAY</b> 10:00 Indoor Walks (E-Wing)</p>  <p>11:00 Exercise (E-Wing)</p>  <p>2:00 Fun With Words (E-Wing)</p> 	<p><b>23. THURSDAY</b> 2:00 New Resident Tea (Stenhouse)</p>  <p>4:00 Sundown Slowdown (E-Wing)</p> <p>6:15 Golden Girls (E-Wing)</p> 	<p><b>24. FRIDAY</b> 10:15 Worship Service (Aud.)</p>  <p>1:45 Musical DVD (E-Wing)</p> 	<p><b>25. SATURDAY</b> 10:00 Balloon Badminton (E-Wing)</p>  
<p><b>26. SUNDAY</b> 10:30 Catholic Communion (All Floors)</p> <p>Dog visits today!</p> 	<p><b>27. MONDAY</b> 10:00 Sing Along Club (E-Wing)</p>  <p>11:00 Exercise (E-Wing)</p> <p>2:00 Hot Drink Social (Stenhouse)</p> 	<p><b>28. TUESDAY</b> 10:00 Roaming A – Z</p>  <p>10:00 Exercise (E-Wing)</p> <p>2:00 Corey and Greg "Tried and True Tunes" (AUD)</p> 	<p><b>29. WEDNESDAY</b> 10:00 Coffee Shop Visits (E-Wing)</p>  <p>11:00 Exercise (E-Wing)</p> <p>2:00 Musical Memories (E-Wing)</p> 	<p><b>30. THURSDAY</b> 2:00 Put The Past In Order Game (E-Wing)</p>  <p>4:00 Sundown Slowdown (E-Wing)</p> <p>6:15 Nail Spa (E-Wing)</p> 	<p><b>31. FRIDAY</b> 10:15 Worship Service (Aud.)</p> <p>1:45 Music Therapy with Katie (E-Wing)</p> 	<p>Program times and locations may change at times. Please refer to white boards on each unit for any changes. All residents from all floors can participate in all programs.</p> 