

MARCH 2020 TENANT ACTIVITIES

SENIORS ACTIVE LIVING CENTR : TENANTS

1. SUNDAY 	2. MONDAY 10:30 Fun & Fitness (Wellness Centre) 1:30 BINGO! (C1 Lounge) 7:00- Scrabble (C1 Lounge) 	3. TUESDAY 8:30 Coffee, Tea and Muffins (Coffee Shop) \$1.00 10:30 Fun and Fitness (Wellness Centre)	4. WEDNESDAY 10:00 Grocery Trip to Zehrs Sign up at the main office Cost: \$2.00 7:00 Wii Bowling (D2 Lounge) 8:00- Rogers TV Bingo (Coffee Shop or your Apt.)	5. THURSDAY 8:30 Coffee, Tea and Muffins (D1 Lounge) \$1.00 10:30 Fun and Fitness (Wellness Centre) 1:30-2:30 New Hope Hearing (Drop in C1 Lounge)	6. FRIDAY 8-12 Community Support Connections (C2) 9:30-10:15 TD Bank (C1 Lounge) 10:15 Hymn Sing & Worship Service (AUD) 1:30 Chair Yoga (Wellness Centre)	7. SATURDAY
8. SUNDAY 10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443	9. MONDAY 10:30 Fun & Fitness (Wellness Centre) 1:30 BINGO! (C1 Lounge) 7:00- Scrabble (C1 Lounge)	10. TUESDAY 8:30 Coffee, Tea and Muffins (Coffee Shop) \$1.00 10:30 Fun and Fitness (Wellness Centre) 7:00pm Games Night \$1.00 (Coffee Shop) 	11. WEDNESDAY 10:00 Grocery Trip to Food Basics Sign up at the main office Cost: \$2.00 2:00 Travel Video: Ireland (Auditorium)  7:00 Wii Bowling (D2 Lounge) 8:00- Rogers TV Bingo (Coffee Shop or your Apt.)	12. THURSDAY 8:30 Coffee, Tea and Muffins (D1 Lounge) \$1.00 10:30 Fun and Fitness (Wellness Centre) 7:00 BINGO! (D1 Lounge)	13. FRIDAY 8-12 Community Support Connections (C2) 9:30-10:15 TD Bank (C1 Lounge) 10:15 Hymn Sing & Worship Service (AUD) 1:30 Chair Yoga (Wellness Centre)	14. SATURDAY 
15. SUNDAY 10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443	16. MONDAY 10:30 Fun and Fitness (Wellness Centre) 11:30 Lunch bunch to Fionn MacCool's \$5.00 plus lunch. Sign up at the office  7:00- Scrabble (C1 Lounge)	17. TUESDAY 8:30 - Coffee, Tea and Muffins (Coffee Shop) \$1.00 10:30- Fun and Fitness (Wellness Centre) 10:30 Anglican Comm (Chapel) 1:30 Catholic Mass (Chapel) 1:30 Top of the Afternoon Irish Trivia! (C1 Lounge) 	18. WEDNESDAY 10:00 Grocery Trip to Zehrs Sign up at the main office Cost: \$2.00 7:00 Wii Bowling (D2 Lounge) 8:00- Rogers TV Bingo (Coffee Shop or your Apt.)	19. THURSDAY 8:30 Coffee, Tea and Muffins (D1 Lounge) \$1.00 10-11 Visiting Library 10:30- Fun and Fitness (Wellness Centre) 1:30 Spring Craft (Craft Room) 	20. FRIDAY 8-12 Community Support Connections (C2) 10:15 Hymn Sing & Worship Service (AUD) 1:30 Chair Yoga (Wellness Centre) 1:30 Progressive Euchre. Sign up at the main office. \$2.00 (Stenhouse)	21. SATURDAY

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SENIORS ACTIVE LIVING CENTRE: TENANTS

22. SUNDAY 10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443	23. MONDAY 10:30- Fun and Fitness (Wellness Centre) 1:30 Bingo! (C1 Lounge) 7:00- Scrabble (C1 Lounge)	24. TUESDAY 8:30- Coffee, Tea and Muffins (Coffee Shop) \$1.00 10:30- Fun and Fitness (Wellness Centre.) 7:00 Games Night \$1.00 (Coffee Shop)	25. WEDNESDAY 10:00 Grocery Trip to Food Basics Sign up at the main office. Cost: \$2.00 7:00 Wii Bowling (D2 Lounge) 8:00- Rogers TV Bingo (Coffee Shop)	26. THURSDAY 8:30 Coffee, Tea and Muffins (D1 Lounge) \$1.00 10:30 Fun and Fitness (Wellness Centre) 11:30-4pm KmW Clothing Company (Auditorium) 7:00 Bingo (D1 Lounge) 	27. FRIDAY 8-12 Community Support Connections (C2) 10:15 Hymn Sing & Worship Service (AUD) 1:30 Chair Yoga (Wellness Centre)	28. SATURDAY
29. SUNDAY 10:30- Roman Catholic Communion in your rooms. St. Mary's Church 519-658-4443	30. MONDAY 10:30- Fun and Fitness (Wellness Centre) 1:30 Bingo! (C1 Lounge) 7:00- Scrabble (C1 Lounge)	31. TUESDAY 8:30- Coffee, Tea and Muffins (Coffee Shop) \$1.00 10:30- Fun and Fitness (Wellness Centre) 11:15 Trip to the Cambridge Centre. \$3.00 Sign up at the main office 				Check out the "Events Calendar" on our website at www.saintlukesplace.ca for updates, special events, and other Saint Luke's Place community activities! <u>Program times and locations may change at times.</u> Please refer to the bulletin boards for any cancellations or changes. Thank you ☺