















A-Main

SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES - 2020 Page 1 of 2



<p>Also check out the “Events Calendar” on our website at</p> <p>www.saintlukesplace.ca</p> <p>for updates, special events, and other Saint Luke’s Place community activities</p> <p>Program times and locations may change at times. Please refer to the white boards on each unit for any changes.</p>		 <p>ONTARIO</p>		<p>1. THURSDAY 10:00 Virtual Visits (AM)</p> <p>10:00 Residents’ Council (Chapel)</p> <p>11:00 Exercise With Physio (AM)</p> <p>2:00 Monthly News Letter Drop Off (AM)</p>	<p>2. FRIDAY 10:15 Hymn Sing DVD (A-M)</p> <p>1:45 Musical DVD (A-M)</p> 	<p>3. SATURDAY</p>  <p>A-La-Carte and One to One Visits (all Floors)</p>
<p>4. SUNDAY</p> 	<p>5. MONDAY 10:00 Fall Themed Hangman (AM)</p> <p>2:00 Music Therapy with Katie (AM)</p> 	<p>6. TUESDAY 10:00 One to One Visits (AM)</p> <p>2:00 Fall Sensory (AM)</p> <p>3:00 Exercise with Physio (AM)</p> 	<p>7. WEDNESDAY 10:00 Bible Study with Lorne (AM)</p>  <p>3:00 Exercise with Physio</p>	<p>8. THURSDAY 10:00 Virtual Visits (AM)</p> <p>11:00 Exercise With Physio (A-M)</p> <p>1:30 – 3:00 Harley Davidson Visits with Motorcycles</p> 	<p>9. FRIDAY 10:15 Hymn Sing DVD (A-M)</p> <p>2:00 Music Therapy with Katie (A-M)</p> 	<p>10. SATURDAY</p> <p>A-La-Carte and One to One Visits (all Floors)</p> 
<p>11. SUNDAY</p> <p>How do you fix a cracked pumpkin?</p>  <p>A pumpkin patch.</p>	<p>12. MONDAY A-La-Carte All Floors / All Day</p> 	<p>13. TUESDAY 10:00 One to One Visits (AM)</p> <p>1-3 Apple Cider Drink Cart (All Floors)</p>  <p>3:00 Exercise with Physio (AM)</p>	<p>14. WEDNESDAY 10:00 Puzzle Drop Off (AM+EW)</p> <p>2:00 Craft: Pony Bead Pumpkins (AM)</p>  <p>3:00 Exercise with Physio (AM)</p>	<p>15. THURSDAY 10:00 Virtual Visits (AM)</p> <p>11:00 Exercise With Physio (A-M)</p> <p>2:00 Number Bingo</p> 	<p>16. FRIDAY 10:15 Hymn Sing DVD (A-M)</p> <p>1:45 Musical DVD (A-M)</p> 	<p>17. SATURDAY</p>  <p>A-La-Carte and One to One Visits (all Floors)</p>

OCTOBER

A-Main




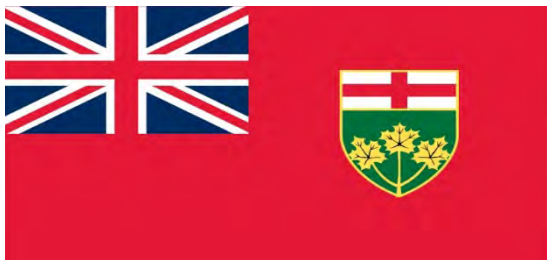











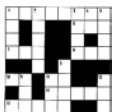



SAINT LUKE'S PLACE – LONG-TERM-CARE ACTIVITIES -2020 Page 2 of 2

<p>18. SUNDAY</p> <p>Why didn't the skeleton go to the dance?</p>  <p>Because he had no "body" to dance with</p>	<p>19. MONDAY</p> <p>10:00 Bible Study with Lorne (AM)</p>  <p>2:00 Music Therapy with Katie (A-M)</p> 	<p>20. TUESDAY</p> <p>10:00 Roaming A-Z (AM)</p>  <p>3:00 Exercise with Physio (AM)</p>	<p>21. WEDNESDAY</p> <p>10:00 Adult Colouring (AM)</p>  <p>2:00 Mini Bowling (AM)</p> <p>3:00 Exercise with Physio (AM)</p> 	<p>22. THURSDAY</p> <p>10:00 Virtual Visits (AM)</p> <p>11:00 Exercise With Physio (A-M)</p> <p>2:00 Travelogue (AM)</p> 	<p>23. FRIDAY</p> <p>10:15 Hymn Sing DVD (A-M)</p>  <p>2:00 Musical Therapy with Katie (A-M)</p> 	<p>24. SATURDAY</p> <p>A-La-Carte and One to One Visits (all Floors)</p> 
<p>25. SUNDAY</p> 	<p>26. MONDAY</p> <p>10:00 All About Owls (AM)</p>  <p>2:00 Music Therapy with Katie (A-M)</p> 	<p>27. TUESDAY</p> <p>10:00 One to One Visits (AM)</p> <p>3:00 Exercise with Physio (AM)</p> 	<p>28. WEDNESDAY</p> <p>10:00 Craft : Remembrance Day Poppies (AM)</p> <p>2:00 Bingo (AM Dining Room)</p>  <p>3:00 Exercise with Physio (AM)</p> 	<p>29. THURSDAY</p> <p>10:00 Virtual Visits (AM)</p> <p>11:00 Exercise with Physio (A-M)</p>  <p>2:00 'Owling With Laughter (AM)</p> 	<p>30. FRIDAY</p> <p>10:15 Hymn Sing DVD (A-M)</p> <p>1:30-3:00 Halloween Treat Cart (All Floors)</p> 	<p>31. SATURDAY</p>  <p>A-La-Carte and One to One Visits (all Floors)</p> 



A-SECOND – 2020

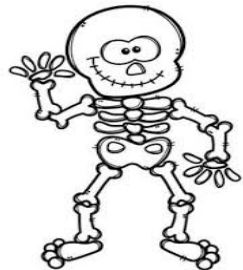








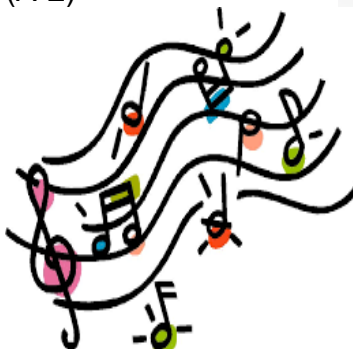








SAINT LUKE'S PLACE –LONG-TERM-CARE ACTIVITIES **Page 1 of 2**

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								10:00 Residents’ Council (Chapel) 2:00 October Reminiscing Tea and Chat (A-2) 		10:15 Hymn Sing DVD (A-2) 2:00 Music with Susie Q (A-2) 		Family and One to One Visits 	
4	SUNDAY	5	MONDAY	6	TUESDAY	7	WEDNESDAY	8	THURSDAY	9	FRIDAY	10	SATURDAY
 <p>What’s the cutest season? Awwwtum</p>		10:00 Fall Craft 2:00 No-bake Pumpkin Pie 		10:00 Gratitude Tree (A-2)  2:00 Music Therapy with Katie (A-2)		11:00 Exercises (A-2) 2:00 Painting Pumpkins 3:30 Guided Breathing and Meditation (A-2) 6:15 Evening one-to-one Visits		10:00 One-to-one Visits (A-2) 2:00 Harley Davidson Parade (All Floors) 		10:15 Hymn Sing DVD (A-2) 2:00 Fall Colouring (A-2) 		Family and One to One Visits 	
11	SUNDAY	12	MONDAY	13	TUESDAY	14	WEDNESDAY	15	THURSDAY	16	FRIDAY	17	SATURDAY
 <p>Why did the turkey cross the road? It was Thanksgiving day and he wanted everyone to think he was a chicken!</p>		 <p>A’la Carte (All Floors)</p>		10:00 Jumbo Crosswords (A-2)  1:00 Hot Cider Cart (All Floors) 2:00 Music Therapy with Katie (A-2)		10:00 Bible Study with Lorne (A-2) 11:00 Exercises (A-2) 2:00 Music with Susie Q (A-2) 3:30 Fall Sensory (A-2) 6:15 Evening One-to-one Visits (A-2)		10:00 Puzzle Pack Drop-Off (A-2) 2:00 Halloween Origami (A-2) 		10:15 Hymn Sing DVD (A-2)  2:00 Music Therapy with Katie (A-2)		Family and One to One Visits 	

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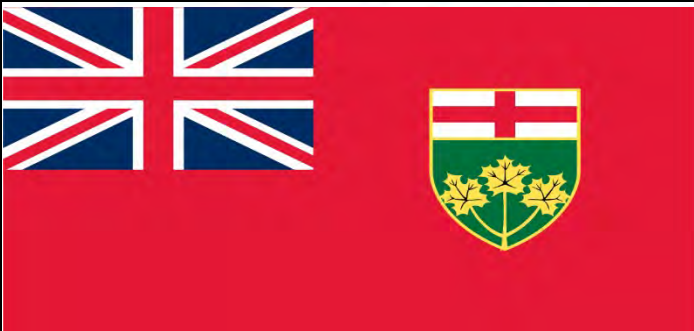


















18	SUNDAY	19	MONDAY	20	TUESDAY	21	WEDNESDAY	22	THURSDAY	23	FRIDAY	24	SATURDAY
 <p>Why didn't the skeleton go see a scary movie? Because he didn't have the guts!</p>		10:00 Hang-man 11:00 Exercises (A-2) 2:00 Hot Drink Cart (All Floors) 		10:00 Halloween Craft  2:00 Music Therapy with Katie (A-2)		11:00 Exercises (A-2) 2:00 Bible Study with Lorne (A-2) 3:30 October Sensory Bins (A-2)  6:15 One-to-one Visits (A-2)		10:00 One-to-one Visits (A-2) 2:00 Apple Pie Snack Cups (A-2) 		10:00 Hymn Sing DVD (A-2)  2:00 Ontario Trivia! (A-2) 		Family and One to One Visits 	
25	SUNDAY	26	MONDAY	27	TUESDAY	28	WEDNESDAY	29	THURSDAY	30	FRIDAY	31	SATURDAY
 <p>Where do ghosts by Halloween candy? The ghost-ery store!</p>		10:00 Mini Bowling (A-2) 11:00 Exercises (A-2) 2:00 Music with Susie Q (A-2) 		10:00 Music Trivia!  2:00 Music Therapy with Katie 		11:00 Exercises (A-2) 2:00 Mindscape Activity (A-2)  3:30 Movie Matinee 6:15 One-to-one Visits (A-2) 		10:00 BINGO (A-2)  2:00 Clay Art - Ghost Tea lights (A-2) 		10:00 Hymn Sing DVD (A-2) 1:00 Trick Or Treat Cart (All Floors)  2:00 Music Therapy with Katie (A-2)		HAPPY HALLOWEEN!!!  Halloween Activity Booklet and One to One Visits	

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E-WING OCTOBER 2020

SAINT LUKE'S PLACE - LONG-TERM-CARE ACTIVITIES **Page 1 of 2**





		<p>Also check out the “Events Calendar” on our website at www.saintlukesplace.ca</p> <p>for updates, special events, and other Saint Luke’s Place community activities</p> <p>Program times and locations may change at times. Please refer to the white boards on each unit for any changes.</p>		1 THURSDAY		2 FRIDAY		3 SATURDAY					
ONTARIO				<p>10:00 Fall Sensory Program (E-Wing)</p>  <p>10:00 Resident Council (Board Room)</p> <p>2:00 Monthly News Letter Drop Off (EW)</p>		<p>10:15 Worship Service DVD (E-Wing)</p> <p>2:00 Musical DVD (E-Wing)</p> 		<p>A-La-Carte and One to One Visits (all Floors)</p> 					
4	SUNDAY	5	MONDAY	6	TUESDAY	7	WEDNESDAY	8	THURSDAY	9	FRIDAY	10	SATURDAY
		<p>10:00 Puzzle Pack Drop Off (E-Wing)</p> <p>10:00 Bible Study with Lorne (E-wing)</p> <p>11:00 Exercises (E-Wing)</p> <p>1:00 Music Therapy With Katie (E-Wing)</p>		<p>10:00 Exercises (E-Wing)</p> <p>2:00 Skeleton Dice Game (E-Wing)</p>  <p>3:30 Sundown Slowdown (E-Wing)</p>		<p>11:00 Exercises (E-Wing)</p> <p>2:00 Outside Walks</p> 		<p>10:00 Library Book Exchange – Ask Emma if you need books</p>  <p>1:30 – 3:00 Harley Davidson Visits with Motorcycles</p> 		<p>10:15 Worship Service DVD and Prayer with Lorne (E-Wing)</p> <p>1:00 Music Therapy With Katie (E-Wing)</p> 		<p>A-La-Carte and One to One Visits (all Floors)</p> 	
11	SUNDAY	12	MONDAY	13	TUESDAY	14	WEDNESDAY	15	THURSDAY	16	FRIDAY	17	SATURDAY
<p>How do you fix a cracked pumpkin?</p>  <p>A pumpkin patch.</p>		<p>A-La-Carte (All Floors, All Day)</p>  <p>THANKSGIVING</p>		<p>10:00 Exercises (E-Wing)</p> <p>1-3 Apple Cider Drink Cart (All Floors)</p> 		<p>10:00 Puzzle Pack Drop Off (EW+AM)</p> <p>11:00 Exercises (E-Wing)</p> <p>2:00 Virtual Family Visits</p> 		<p>10:00 Bingo (E-Wing)</p>  <p>1:30 Craft: Pony Bead Pumpkins (E-Wing)</p> 		<p>10:15 Worship Service DVD and Prayer with Lorne (E-Wing)</p>  <p>Hymn Sing</p> <p>2:00 Musical DVD (E-Wing)</p>		<p>A-La-Carte and One to One Visits (all Floors)</p> 	

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E-WING OCTOBER 2020

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18	SUNDAY	19	MONDAY	20	TUESDAY	21	WEDNESDAY	22	THURSDAY	23	FRIDAY	24	SATURDAY
<p>Why didn't the skeleton go to the dance?</p>  <p>Because he had no "body" to dance with</p>		<p>10:00 Puzzle Pack Drop Off (E-Wing)</p> <p>11:00 Exercises (E-Wing)</p> <p>1:00 Music Therapy With Katie (E-Wing)</p> 		<p>10:00 Exercises (E-Wing)</p>  <p>2:00 'Owling With Laughter (AM)</p>  <p>3:30 Sundown Slowdown (E-Wing)</p>		<p>10:00 Nail Spa (E-Wing)</p>  <p>11:00 Exercises (E-Wing)</p> <p>2:00 Colouring Club (E-Wing)</p> 		<p>10:00 Hangman (E-Wing)</p>   <p>2:00 All About Owls (E-Wing)</p> 		<p>10:15 Worship Service DVD and Prayer with Lorne (E-Wing)</p> <p>1:00 Musical Therapy With Katie (E-Wing)</p> 		<p>A-La-Carte and One to One Visits (all Floors)</p> 	
25	SUNDAY	26	MONDAY	27	TUESDAY	28	WEDNESDAY	29		30		31	
		<p>10:00 Puzzle Pack Drop Off (E-Wing)</p> <p>10:00 Bible Study with Lorne (Ewing)</p> <p>11:00 Exercises (E-Wing)</p>  <p>1:00 Music Therapy With Katie (E-Wing)</p> 		<p>10:00 Exercises (E-Wing)</p> <p>2:00 Giant Crossword (E-Wing)</p>  <p>3:30 Sundown Slowdown (E-Wing)</p> 		<p>10:00 Java Music Club (E-Wing)</p>  <p>11:00 Exercises (E-Wing)</p> <p>2:00 Virtual Family Visits (E-Wing)</p> 		<p>10:00 Craft : Remembrance Day Poppies (AM)</p>  <p>2:00 Bingo (E-Wing)</p> 		<p>10:15 Worship Service DVD and Prayer with Lorne (E-Wing)</p>  <p>1:30-3:00 Halloween Treat Cart (All Floors)</p> 		<p>A-La-Carte and One to One Visits (all Floors)</p>  <p>HAPPY HALLOWEEN!</p>	



SPECIAL CARE UNIT- October 2020

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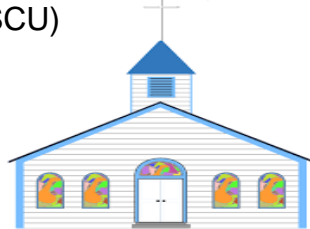





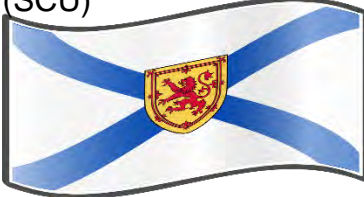



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<div>4</div> <div>SUNDAY</div> <div></div>	<div>5</div> <div>MONDAY</div> <div>10:00 One to one visits and Virtual Visits (SCU) 2:00 Bible Study with Lorne (SCU)</div> <div></div>	<div>6</div> <div>TUESDAY</div> <div>11:15 – Exercise with Physio (SCU)</div> <div></div> <div>1:00 Music Therapy with Katie (SCU)</div>	<div>7</div> <div>WEDNESDAY</div> <div>10:00 – Physical Aerobics: Seated Yoga Flow (SCU) 2:00 – Monthly Gazette (SCU)</div> <div></div>	<div>8</div> <div>THURSDAY</div> <div>9:30 – Exercise with Physio (SCU)</div> <div></div> <div>2:00 – Harley Davidson Outdoor Parade (All Floors)</div>	<div>9</div> <div>FRIDAY</div> <div>10:15 – Hymn Sing DVD (SCU) 2:00 Paper Plate Turkeys Craft (SCU)</div> <div></div>	<div>10</div> <div>SATURDAY</div> <div>Family Visits & Outdoor walks</div> <div></div>	
<div>11</div> <div>SUNDAY</div> <div></div>	<div>12</div> <div>MONDAY</div> <div>Happy Thanksgiving! Activities a’ la Carte (All floors all day)</div> <div></div>	<div>13</div> <div>TUESDAY</div> <div>11:15 – Exercise with Physio (SCU)</div> <div></div> <div>1:00 – Music Therapy with Katie (SCU)</div>	<div>14</div> <div>WEDNESDAY</div> <div>10:00 – Physical Aerobics: Balloon Toss (SCU)</div> <div></div> <div>1:30 I love Lucy Day (SCU) 4:15 Sundown Slowdown (SCU)</div>	<div>15</div> <div>THURSDAY</div> <div>9:30 – Exercise with Physio (SCU) 2:00 – Hot apple cider and Fall Trivia (SCU) 4:15 – Sundown Slowdown (SCU) 6:15 – Gratitude Rocks! (SCU)</div>	<div>16</div> <div>FRIDAY</div> <div>10:15 – Hymn Sing DVD (SCU)</div> <div></div> <div>1:00 – Music Therapy with Katie (SCU)</div>	<div>17</div> <div>SATURDAY</div> <div>Family Visits & Outdoor Walks</div> <div></div>	



SPECIAL CARE UNIT – October 2020

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18	SUNDAY	19	MONDAY	20	TUESDAY	21	WEDNESDAY	22	THURSDAY	23	FRIDAY	24	SATURDAY
		10:00 Montessori Activity (SCU) 2:00 Pumpkin Craft (SCU)  4:15 Sundown Slowdown (SCU)		10:00 Word Games and Brain Teasers (SCU) 11:15 – Exercise with Physio (SCU) 1:00 – Music Therapy with Katie (SCU) 4:15 Sundown Slowdown (SCU)		10:00 – Bible Study with Lorne (SCU) 2:00 I-pad visits 4:15 Sundown Slowdown (SCU) 		9:30 – Exercise with Physio (SCU) 2:00 Baking – Pumpkin Muffins (SCU)  4:15 Sundown Slowdown (SCU) 6:15 Indoor Walks (SCU)		10:00 Hymn Sing DVD (SCU)  2:00 – Bingo (SCU) 4:15 Sundown Slowdown (SCU)		Family Visits & Outdoor Walks 	
25	SUNDAY	26	MONDAY	27	TUESDAY	28	WEDNESDAY	29	THURSDAY	30	FRIDAY	31	SATURDAY
		10:00 – Halloween Stories and Jokes (SCU)  2:00 – Spa Afternoon (SCU) 		10:00 One to one visits (SCU) 11:15 Exercises with Physio (SCU) 1:00 Music with Katie  4:15 Sundown Slowdown (SCU)		10:00 – Physical Aerobics: Virtual Fall Walk (SCU) 2:00 Name that tune and Chocolates from Antigonish Nova Scotia (SCU)  4:15 Sundown Slowdown (SCU)		9:30 – Exercise with Physio (SCU) 2:00 Show & Tell Tea (SCU) 4:15 Sundown Slowdown (SCU) 6:15 What's up You Tube - Funny Animal Costumes (SCU) 		10:00 Hymn Sing DVD (SCU) 1:00 Sing out with Katie 1:30-3:00 Trick or Treat (all Floors) 4:15 Sundown Slowdown (SCU) 		Happy Halloween!  10:00 Indoor Walks 2:00 Painting Pumpkins & Spooky Movies (SCU) 4:15 Sundown Slowdown (SCU)	