



Issue no.2

MARCH 2023

SAINT LUKE'S PLACE NEWSLETTER

Welcome

Saint Luke's Place Mission Statement:

Enriching lives in our vibrant seniors community through excellent service and care



Resident Bill of Rights: Right to Freedom from Abuse and Neglect

Every resident has the right to freedom from neglect by the licensee and staff



Your Residents' Council:

- Connie M- A Main
- David S- A Second
- Doreen B- A Second
- Roger B- A Second

New Residents and Tenants:

- Long Term Care-** Linda D, Arlene S, Joan W, Sheila H
- Tenants-** Neil B, Sharon E, Steven E, Fran M



Latest News

Saint Luke's Place 2nd Annual Golf Tournament

Saint Luke's Place will be hosting our 2nd annual Golf Tournament at Whistle Bear Golf Course on **Monday June 26, 2023.**

All proceeds from this tournament will go towards our Welcome Home Capital Campaign in the redevelopment of our long term care home.

We would love to have our supporters come and enjoy the day by way of a donation to our prize table, by participating in one of our sponsors opportunities or just setting up a team of 4 to play the game.

If you would like to discuss options further, please contact Carrie Fisher at cfisher@stlp.ca or at 519-658-5183 ext. 257. On behalf of the committee and all those associated with Saint Luke's Place, thank you for your consideration.

Charity
GOLF
TOURNAMENT

\$200.00 PER GOLFER

WHISTLE BEAR GOLF CLUB

MONDAY, JUNE 26, 2023

11:00 AM - 7:00 PM

SHOTGUN START + DINNER TO FOLLOW



To register or get more information contact:
CFISHER@STLP.CA
519-658-5183 EXT 257
www.saintlukesplace.ca

Funds raised at this exclusive event will be designated to our Capital Campaign in support of our Long-Term Care Redevelopment Project.

SAINT LUKE'S PLACE NEWSLETTER

Foundation and Development



About the Welcome Home Capital Campaign

This build is a partnership between Saint Luke's Place, Ministry of Health and Long Term Care and the community. With the land secure and the Ministry support, plans for the redevelopment of the long term care home are one step closer to reality.

We are in the final stages with the Ministry and our expansion of new long term care beds will change the lives of families who are searching for much needed care and services for their loved ones. The pandemic has exposed an enormous gap in healthcare for the elderly, and our Welcome Home Capital Campaign is part of the solution and more urgent than ever.

As a charitable not-for-profit organization, Saint Luke's Place relies upon the generosity of our Community. We are welcoming the support of our community by way of donations and pledges from individuals, families, local service clubs, and the business community as well as from various community fundraising events, planned giving, bequests, and memorial donations.

Learn more about our progress, facility details and how you can join us by helping with donations and volunteer support.

"Giving is not just about making a donation. It is about making a difference."

Contact Business Office for more information on how you may financially support our exciting project: info@stlp.ca or 519-658-5183

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Employee Spotlight



Amanda Goodger- Recreation Coordinator

In 2021, Amanda began working full time at Saint Luke's Place as a Recreation Coordinator on A Main.

Amanda has earned a Bachelor of Arts degree from Wilfrid Laurier University and a Human Resources Certificate from Seneca College. Upon graduation she worked in various administrative positions for approximately 15 years, but this was not her calling. She wanted to work directly with people, especially seniors.

As a result, Amanda returned to school and obtained an Activation Techniques in Gerontology Certificate from Centennial College and a Recreation Therapy Diploma from Canadore College.

While upgrading her education she worked at various retirement and long-term care facilities on a part-time basis and filling in for maternity leave positions. This year marks Amanda's seventh year as a Recreationist which is her passion!

One of her favorite quotes is, ***"A physiotherapist will give you the strength to get out of bed, an occupational therapist will teach you how to get out of bed, but a recreation therapist will give you a reason to get out of bed."*** (Author Unknown).

SAINT LUKE'S PLACE NEWSLETTER

Long Term Care



NUTRITION AND FOODSERVICES

It is almost time for the seasonal menus to change from fall/winter to spring/summer.

If you have any suggestions for the upcoming menus- please contact Susan Jones-McAleese at sjones-mcaleese@stlp.ca or at ext. 227

RECREATION

Spring is in the air and we look forward to the nice weather allowing us to spend more time outside and do more outdoor programming. In the next few months, we will be working on our beautiful gardens, going for strolls outdoors, and soaking up the sun!

Visits: To be able to have more quality time outside with our residents, we will be cutting back on our virtual visits between residents and families. We strongly encourage visiting in person if you and your loved ones are local. For those who live out of province or country, we will continue to try our best to support these calls.

Pets: Looking to visit with your furry 4-legged family members? Please fill out a pet agreement form from the front office and contact Rachel to provide your pets health records before having them visit Saint Luke's Place.

Many events happening in the month of April- check out the activity calendars posted on each unit and on our website.

Sample of some April Long Term Care Special Events:

April 7th – Good Friday Church Service 10am Auditorium

April 13th – Easter Tea & Social 2pm Stenhouse



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Long Term Care

ENVIRONMENTAL SERVICES

The housekeeping staff work hard to keep your room and unit clean. As a reminder, Saint Luke's Place doesn't permit personal furnishings in residents' rooms. We ask you to make your room homey by hanging sentimental photos and art instead.

The reason for this: infection control, space and pest control.

Bird Feeders: We all enjoy watching the birds, but if you must hang a feeder, please use a feeder that catches all the seeds which will eliminate the potential for mice and other rodents entering our facility.



NURSING



Leadership has been busy recruiting to fill positions within the nursing department. To date we have: 10 RN's| 29 RPN's| 93 PSW's who work an average of 360.0 combined hours each day throughout the home!

MAINTENANCE SERVICES

We have a hard working group of maintenance workers here at Saint Luke's Place who look after the entire campus.

All maintenance requests must be entered into our Maintenance Care Program which allows the team to easily see all concerns and prioritize. Let the staff know if you have a maintenance issue and they will enter your concern in the system. For tenants- contact the front office during business hours and Susy or Lynn will inform the Maintenance team of your concern.



For after-hours **emergency** maintenance please call: 519-501-3050

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Apartments

Friendly Reminders for Tenants

We all live here at Saint Luke's Place together, and we are all happier if we consider the feelings and wishes of others.

If this is your first apartment you have ever lived in, sometimes its easy to forget you are not the only one living here.

Personal Items: Personal items are just that- personal- and belong in your personal space. Saint Luke's Place is responsible for furnishing and decorating the shared spaces in the apartment wings.

Parking: Tenant parking is assigned by unit and lots are monitored. If you have visitors staying multiple days, they cannot park in numbered/assigned spots or the visitor parking in the C wing/ Administration lot as it takes up valuable space. Please let Judy Bergey know ahead of time of any guests you may have that require parking and she can direct you to where parking is permitted.

Garbage: Please dispose of personal garbage in the refuse rooms located in C and D wing. Do not dispose of personal garbage at our entrances, in lounges or public bathrooms. All garbage must be placed in bags and cannot be sent down the refuse chute loose.

A few simple rules and courtesies will keep life at Saint Luke's Place happy and pleasurable for all.

Your Tenant Representatives:

Kay S C-1 | Yvonne F C-2 and Dianne S C-2 | Chris G C-3
Rheta C D-1 | June H D-2 | Nancy M D-3 | Ret N D-4



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Volunteers

Volunteer Appreciation Lunch

Saint Luke's Place will be celebrating our volunteers with an appreciation Pizza Lunch on:

**Thursday April 20, 2023
12:00pm
Stauffer Auditorium**

If you are one of our dedicated volunteers and would like to attend, please

RSVP by Thursday April 13, 2023 to:

Judy Bergey at 519-658-5183 ext 291 or jbergey@stlp.ca or

Rachel Feil at 519-658-5183 ext 244 or rfeil@stlp.ca



VOLUNTEERS

Coffee Shop

Our Coffee Shop is run by a team of dedicated volunteers and we welcome everyone at Saint Luke's Place to sit and enjoy a beverage and snack in the café.



HOURS

Monday-Friday

10:00am-11:30am

2:00pm-4:00pm

Saturday

2:00pm-4:00pm



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Stay Connected

Keep informed and connected by visiting Saint Luke's Place Social Media and website

www.saintlukesplace.ca



Foundation and Development



Every Month is a Chance To Win!

Saint Luke's Place offers a monthly online 50/50 Draw with proceeds supporting our redevelopment project.

Get your tickets by the 30th of the month to qualify. Lottery License #1262381.

PLEASE PLAY RESPONSIBLY

If you are worried about problem gambling, ConnexOntario can help: 1-866-531-2600
connexontario.ca

Visit our Website for details or scan QR code to enter 50/50 draw



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Quality Improvement

Every year, all long term care homes in Ontario are responsible for preparing a Quality Improvement Plan for Health Ontario. It provides indicators for us to monitor and we develop our own indicators for areas we want to track and analyze to make improvements for resident care, satisfaction and service.

For 2023-2024 we will be focusing on:

Theme I: Timely and Efficient Transitions: Potentially avoidable emergency department visits for long term care residents

Theme II: Service Excellence:

a) Resident Experience: Percentage of residents responding positively to: "What number would you use to rate how well the staff listen to you?"

b) Resident Experience: Percentage of residents who responded positively to the statement: "I can express my opinion without fear of consequences".

c) Resident Experience: The percentage of residents who responded positively to the statement: "I would recommend Saint Luke's Place to family and friends"

Theme III: Safe and Effective Care:

a) Percentage of long-term care home residents not living with psychosis who are given antipsychotic medications

b) Mask fit testing for organizational employees



This plan is posted on our website for you to view at any time.



Resident Satisfaction Survey- COMING JUNE 2023

In conjunction with the Quality Improvement Plan- annual Resident Satisfaction Surveys are provided for Residents and/or their Substitute Decision Maker to complete. Please take the time to review and complete the survey either online (through Survey Monkey) or via paper that will be personally mailed to you with a stamped return envelope.

Your feedback helps us improve our care and services provided to the residents of long term care.

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Remembering

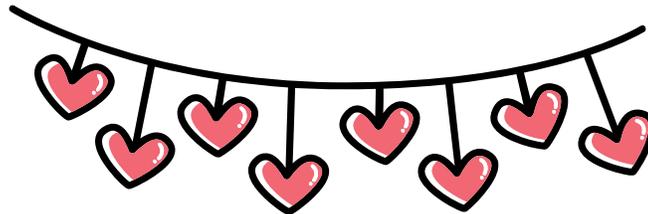
Those we love can never be more than a thought away, for as long as there's a memory they live in our hearts to stay



Barbara C
Eugenie W
Margaret M
Pieter G
Isobella M
Elda M
Jane A
George L



Thank you to those who made memorial donations to Saint Luke's Place in memory of your loved one. These donations help Saint Luke's Place provide the best possible care and environment for those who call Saint Luke's Place home.



BEQUESTS

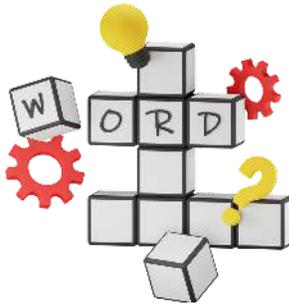
The most common and simple form of planned giving is a bequest. You can make a donation by including Saint Luke's Place as a beneficiary in your will/insurance. Choose the type of bequest that best suits your circumstances and wishes. You retain full control of your assets during your lifetime and your standard of living is not affected.

Your estate will receive significant tax credits that can be passed on to your heirs. Upon receiving the bequest, Saint Luke's Place issues a donation receipt to your estate for the full amount of the bequest.

We are truly grateful for your kind and generous donations

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Just for Fun



R E E T N U L O V L T A R G G
P X C X F D K Y G O N F H N A
F L T S H O P P P N E W E I R
T U A L U K E S T G D T Q P D
Y N N C X K Y E I D I D E E E
Q R A D E T R J K O S S Q E N
N W A N R M B A Z X E Q F K S
F U Y T E A O A Y B R F L E E
G P R C E T I C O A O U A S M
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X E R Y T I G A S U G O R J F
N O I T A E R C E R M C Y E J
O E S S M A I N T E N A N C E

care
fundraising
housekeeping
lukes
place
saint
term

coffee
gardens
laundry
maintenance
recreation
shop
volunteer

dietary
home
long
nursing
resident
tenant
welcome