

SAINT LUKE'S PLACE NEWSLETTER

Welcome

Saint Luke's Place Vision Statement:

Visionary leader in seniors' health and wellness



Resident Bill of Rights:

Right to be treated with respect:

Every resident has the right to have their lifestyle and choices respected



Your Residents' Council:

Connie M- A Main
David S- A Second
Doreen B- A Second
Roger B- A Second
Ray C- E Wing

New Residents and Tenants:

Long Term Care- Irene B, Eleanor W, Audrey T, John H, Betty-Ann W, Eliane D

Tenants- Janet L, David R, Beverly H, Kathy & Bruce T



Latest News

Hole in One SPONSOR
BLACKBRIDGE 



Saint Luke's Place 2nd Annual Golf Tournament

We are thrilled and excited to have **Blackbridge Harley Davidson** collaborate with us for our 2nd annual Golf Tournament at Whistle Bear Golf Course on Monday June 26, 2023 as our **Hole-in-One Sponsor!**

You could have an opportunity to win a 2023 *Harley Pan America™ 1250 motorcycle* which is two-wheel multi-tool built to endure, designed to explore, and engineered for adventure if you are able to get a hole-in-one on hole 8!

Spaces still available for single golfers or a Team of 4! If you would like to discuss options further, please contact Carrie Fisher at cfisher@stlp.ca or register through our website at www.saintlukesplace.ca

Funds raised at the exclusive event will be designated to our Capital Campaign in support of our long term care redevelopment project.



SAINT LUKE'S PLACE NEWSLETTER

Fundraising and Development



About the Welcome Home Capital Campaign

This build is a partnership between Saint Luke's Place, Ministry of Health and Long Term Care and the community. With the land secure and the Ministry support, plans for the redevelopment of the long term care home are one step closer to reality.

We are in the final stages with the Ministry and our expansion of new long term care beds will change the lives of families who are searching for much needed care and services for their loved ones. The pandemic has exposed an enormous gap in healthcare for the elderly, and our Welcome Home Capital Campaign is part of the solution and more urgent than ever.

As a charitable not-for-profit organization, Saint Luke's Place relies upon the generosity of our Community. We are welcoming the support of our community by way of donations and pledges from individuals, families, local service clubs, and the business community as well as from various community fundraising events, planned giving, bequests, and memorial donations.

Learn more about our progress, facility details and how you can join us by helping with donations and volunteer support.

"Giving is not just about making a donation. It is about making a difference."

Contact Business Office for more information on how you may financially support our exciting project: info@stlp.ca or 519-658-5183

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Fundraising and Development

If you haven't tried one yet, here's your chance!
\$3.00 each- available at the front business office.

RHEO THOMPSON MINT SMOOTHIES

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THOMPSON
CANDIES

Mint Smoothie®
Mint Flavoured Milk Chocolate
Chocolat au lait aromatisé à la menthe

55 Albert Street,
Toronto, ON, Canada M5G 1B2
www.rheothompson.com

MAKERS OF FINE CANDIES SINCE 1949

\$3

**AVAILABLE AT THE
BUSINESS OFFICE**

**PAYROLL DEDUCTION AVAILABLE
FOR STAFF**

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Employee Spotlight



Susy Pereira- Accounts Receivable Coordinator

I'm sure many of you have already met Susy in the front Business office during the admission process, to pay a bill, add money to a trust fund or plan a meal through our foodservice department- she does it all with a smile :)

Did you know she is the one responsible for all our beautiful Christmas decorating during the holiday season? She's got the touch- talented!

She will tell you she lives a boring life, but I don't think so!

Susy's parents immigrated to Cambridge from the Azores and she was born and raised here in Cambridge.

Susy started working finance/customer service right out of high school at Canada Trust and has worked in some component of finance in different roles in the Manufacturing industry, Retirement industry, and now Long Term Care.

If you don't know already, Susy's passion for clothes came from her late mother, she was a seamstress by trade and used to make all of her clothes!

Happily married to an amazing hubby of 29 years. Susy enjoys motorcycle rides with him and loves her fur baby Levi, "I love our daily walks and snuggles!"

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Long Term Care

MAINTENANCE SERVICES

We have a hard working group of maintenance workers here at Saint Luke's Place who look after the entire campus.

I'm sure most have noticed we are starting on updating and some renovations to our decor.

New flooring has been installed in our hallways from the coffee shop all the way to E Wing and wall repair and painting has begun.

We ask that everyone be mindful of lifts, carts, scooters, wheelchairs and walkers when walking close to walls.

Take the time around corners to prevent damage, scrapes and bumps.

Just a reminder:

All maintenance requests must be entered into our Maintenance Care Program which allows the team to easily see all concerns and prioritize.

Let the staff know if you have a maintenance issue and they will enter your concern in the system.

For tenants- contact the front office during business hours and Susy or Lynn will inform the Maintenance team of your concern.

For after-hours **emergency** maintenance please call: 519-501-3050

VISITING PETS

Looking to visit with your furry 4-legged family members? Please fill out a pet agreement form from the front office and contact Rachel to provide your pet's health records before having them visit Saint Luke's Place.

Rachel: rfeil@stlp.ca or 519-658-5183 ext. 244



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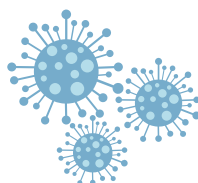
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Long Term Care

INFECTION PREVENTION AND CONTROL



On May 5, the World Health Organization ended the COVID-19 global health emergency, saying it was time for countries to transition from treating COVID as an emergency to dealing with it as a disease that is here to stay.



The decision was made on the advice of a panel of independent experts through the COVID-19 Emergency Committee, who met the previous week. Though a couple of members of the committee were reportedly hesitant about the move, the majority agreed COVID-19 no longer meets the criteria of a Public Health Emergency of International Concern (PHEIC).



Here at Saint Luke's Place, we still must follow some restrictions that were established at the beginning of the pandemic despite other institutions' removal (i.e. hospitals)-- **Mask use is still required in long term care public spaces**. Masks can be removed once in the resident's room (if they are in a private room) or if outside.

Remember, hand hygiene is the most important step in spreading any type of illness, infection or disease.



The 4 Moments for Hand Hygiene in All Health Care Settings:

1. BEFORE initial resident/resident environment contact
2. BEFORE aseptic procedure
3. AFTER body fluid exposure risk
4. AFTER resident/patient environment contact

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Long Term Care

SOME JUNE ACTIVITIES/ EVENTS HAPPENING IN LONG TERM CARE

June 13th: Resident Council- Stenhouse Hall

June 14th: Anglican Church Service in the Chapel, all welcome

June 21st: Roman Catholic Mass in the Chapel, all welcome

June 19th: 'Desserts and Dads' celebrating all the Fathers and Father figures in Long Term Care.

Check out the activity calendar on your unit for daily recreation programs.

FUN

NURSING

In December 2020, the provincial government released "A Better Place to Live, A Better Place to Work: Ontario's Long Term Care Staffing Plan". Among other measures, this Staffing Report commits to investing in providing an average of four hours of care to all residents.

This increase will be phased in over time by the year 2024/25, along with the 20% increase in funding for allied health professionals in homes.

The government is committing to \$4.9 billion of funding over the next four years to achieve this goal of four hours of care.

Here at Saint Luke's Place, we are currently above the current requirement for year 2022-2023 in direct care staffing and have plans to increase our PSW and RPN hours to the 4 hours of care requirement by 2025- we are excited!

Just for your information: For the past few months we have been tracking our nursing staffing, especially over weekends to ensure we have the coverage necessary to provide quality care and services.

Here are the stats:

April: 98.55% coverage

May: 98.6% coverage



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Apartments

Your Tenant Representatives:

Kay S C-1 | Dianne S C-2 | Mike H C-3
Paula H DL | George K D-1 | June H D-2 | Ret N D-4



Friendly Reminder For Tenants

Our nursing staff at Saint Luke's Place are very helpful, and, as we know, will go that extra mile. Sometimes it's easy to forget that they are working nurses on the units and are responsible for the care of the long term care residents plus, after regular business hours, operation of the facility.

If you have a medical emergency please call 9-1-1

When You Have Guests

Please remember that the Registered Nurse is required to respond to the doors "after hours" in the case of emergency, but not to let in your guests. You should make your own arrangements to meet guests upon arrival after hours.



The Difference a Senior Can Make...

1. Benjamin Franklin only retired from public service when he was 82.
2. Susan B. Anthony was past 80 when she formed the International Woman Suffrage Alliance.
3. Mary Baker Eddy was 86 when she founded the Christian Science Monitor newspaper.
4. George Bernard Shaw was working on his last play when he was 94.
5. Sarah Bernhardt was 78 when she acted in her last stage performance.
6. Sophocles was 89 when he wrote his great dramatic masterpiece Oedipus at Colonus.

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What's Happening at Saint Luke's Place

Tenant and Staff Appreciation BBQ

Saint Luke's Place will be celebrating tenants and staff with an appreciation BBQ
Lunch on:



**Monday June 12, 2023
11:30am-1:00pm
Coffee Shop**

Coffee Shop

Our Coffee Shop is run by a team of dedicated volunteers and we welcome everyone at Saint Luke's Place to sit and enjoy a beverage and snack in the café.



HOURS

Monday-Friday

10:00am-11:30am

2:00pm-4:00pm

Saturday

2:00pm-4:00pm

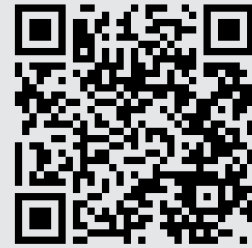
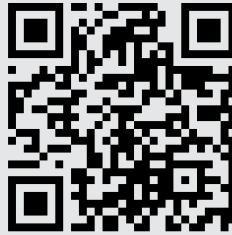


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Stay Connected

Keep informed and connected by visiting Saint Luke's Place Social Media and website

www.saintlukesplace.ca



Fundraising and Development



Every Month is a Chance To Win!

Saint Luke's Place offers a monthly online 50/50 Draw with proceeds supporting our redevelopment project.

Get your tickets by the 30th of the month to qualify. Lottery License #1262381.

PLEASE PLAY RESPONSIBLY

If you are worried about problem gambling, ConnexOntario can help: 1-866-531-2600
connexontario.ca

Visit our Website for details or scan QR code to enter 50/50 draw



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Quality Improvement

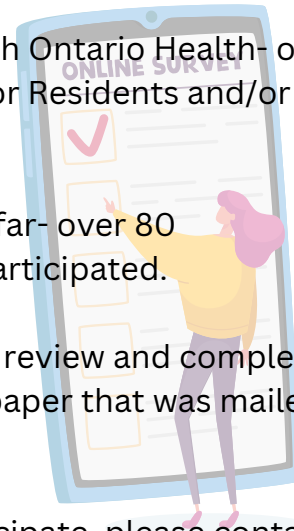
Resident Satisfaction Survey- DUE JUNE 12th

In conjunction with our Quality Improvement Plan through Ontario Health- our annual Resident Satisfaction Surveys are now available for Residents and/or their Substitute Decision Maker to complete.

We have had an overwhelming response to our survey so far- over 80 participants, the most ever! So thank you to those who participated.

If you haven't completed already, please take the time to review and complete the survey either online (through Survey Monkey) or via paper that was mailed to you with a stamped return envelope.

If you haven't received the survey and would like to participate, please contact me at mtoth@stlp.ca and I will forward you the link to complete online.



Quality Improvement Committees

Quality Improvement is the organization's philosophy that seeks to meet clients' needs and exceed their expectations by using a structured process that selectively identifies and improves all aspects of service.

We are looking for a family member, Substitute Decision Maker, or a loved one of a resident who would be interested in participating in our Quality Improvement Committee.

This committee meets monthly (typically over a catered lunch) and discusses and evaluates all the programs provided within the home.

Family and Resident input is always needed to help us improve.

If interested, please contact me at:

mtoth@stlp.ca or at 519-658-5183 ext. 293



Your feedback helps us improve our care and services provided to the residents of long term care.

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Remembering

Those we love can never be more than a thought away, for as long as there's a memory they live in our hearts to stay



Elda Jean Mc
Jane A
Mary N
Sidney M
Magarida C
Antonio P
Linda D
Darcy S
Terrance L
Elizabeth L



Thank you to those who made memorial donations to Saint Luke's Place in memory of your loved one. These donations help Saint Luke's Place provide the best possible care and environment for those who call Saint Luke's Place home.



BEQUESTS

The most common and simple form of planned giving is a bequest. You can make a donation by including Saint Luke's Place as a beneficiary in your will/insurance. Choose the type of bequest that best suits your circumstances and wishes. You retain full control of your assets during your lifetime and your standard of living is not affected.

Your estate will receive significant tax credits that can be passed on to your heirs. Upon receiving the bequest, Saint Luke's Place issues a donation receipt to your estate for the full amount of the bequest.

We are truly grateful for your kind and generous donations

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Just for Fun



G R T O E B H E B E O S T H F
N N N N R M L A L W P N N U L
I P I E E Z O I P R E B I R O
M V A P Z M M H I P U C A E G
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play
puzzle
redevelopment
residents
saint
seniors
smile

coffee
dietary
discover
flowers
fun
golf
happy
home

apartment
birds
blooming
break
business
caring
spring
welcome

housekeeping
love
lukes
maintenance
nursing
place
planters