

SAINT LUKE'S PLACE NEWSLETTER

Welcome

**Saint Luke's Place Values:**  
Dignity and Respect



**Resident Bill of Rights:**  
**Right to be treated with respect:**  
Every resident has the right to have their participation in decision-making respected.



**Your Residents' Council:**

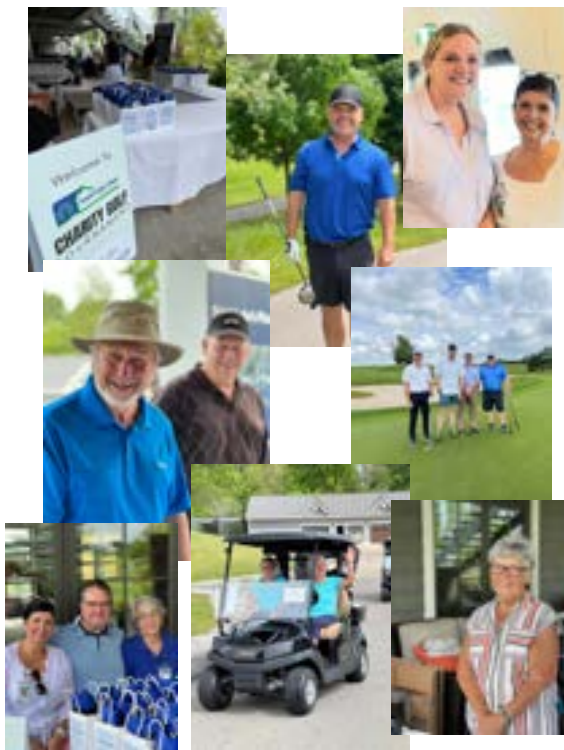
Connie M- A Main  
Carolyn K- A Main| Bill K- A Main  
David S- A Second  
Sly W- A Second  
Roger B- A Second  
Ray C- E Wing| Ralph K- E Wing

**New Residents and Tenants:**

**Long Term Care-** Barbara A,  
Phillip W, Rita F, Jose F, Ingrid G,  
Dorothy C, Robert C  
**Tenants-** Muriel H, Jean S,  
Doraine J, Donna D, Darcy K,  
Jack R



Latest News



**Saint Luke's Place 2nd Annual Golf Tournament**

**Thank you to everyone who supported our 2nd Annual Golf Tournament. Because of you it was a success raising almost \$30,000.00!**

Thank you to all our generous sponsors, donators, volunteers and golfers who gave and participated in this fun filled day. We look forward to doing it all again next year!

All proceeds from this fundraising event will be going towards our **Welcome Home Capital Campaign** which is raising funds for our Long Term Care Redevelopment.

If you would like to know more information about our redevelopment and how you can help, please contact us at: [info@stlp.ca](mailto:info@stlp.ca)

---

## SAINT LUKE'S PLACE NEWSLETTER

---

### *Fundraising and Development*



### **About the Welcome Home Capital Campaign**

This build is a partnership between Saint Luke's Place, Ministry of Long Term Care and the community. With the land secure and the Ministry support, plans for the redevelopment of the long term care home are one step closer to reality.

We are in the final stages with the Ministry and our expansion of new long term care beds will change the lives of families who are searching for much needed care and services for their loved ones. The pandemic has exposed an enormous gap in healthcare for the elderly, and our Welcome Home Capital Campaign is part of the solution and more urgent than ever.

As a charitable not-for-profit organization, Saint Luke's Place relies upon the generosity of our Community. We are welcoming the support of our community by way of donations and pledges from individuals, families, local service clubs, and the business community as well as from various community fundraising events, planned giving, bequests, and memorial donations.

Learn more about our progress, facility details and how you can join us by helping with donations and volunteer support.

**"Giving is not just about making a donation. It is about making a difference."**

Contact Business Office for more information on how you may financially support our exciting project: [info@stlp.ca](mailto:info@stlp.ca) or 519-658-5183

---

## SAINT LUKE'S PLACE NEWSLETTER

---

*Fundraising and Development*



## Multiple Chances to Win!

Saint Luke's Place is excited to offer an online 50/50 Draw with proceeds supporting our redevelopment project. We are building a much-needed home in our community - and we can't do it without you!

Our next draw dates will be:

**November 30, 2023 (Early bird draw date – October 5, 2023)** **EARLY BIRD**

**February 29, 2024**

**May 30, 2024**

**August 30, 2024**

Get your tickets by 12:59 pm on the draw date to qualify.

Watch for early bird prizes!

Ticket prices are in CAD. Lottery License #1339897.

PLEASE PLAY RESPONSIBLY

If you are worried about problem gambling, ConnexOntario can help:

1-866-531-2600

[connexontario.ca](http://connexontario.ca)



*Employee Spotlight*



**WELCOME**  
to the Team

**Help us welcome these new employees to Saint Luke's Place**

**Foodservice Department**

Jesilin-Mariyam- Foodservice Worker  
Manthan- Cook  
Rossana- Foodservice Worker  
Millicent- Foodservice Worker

**Environmental**

Cindy- Housekeeping  
Maria- Housekeeping  
Delia- Housekeeping  
Nimi- Housekeeping  
Makayla- Laundry

**Recreation**

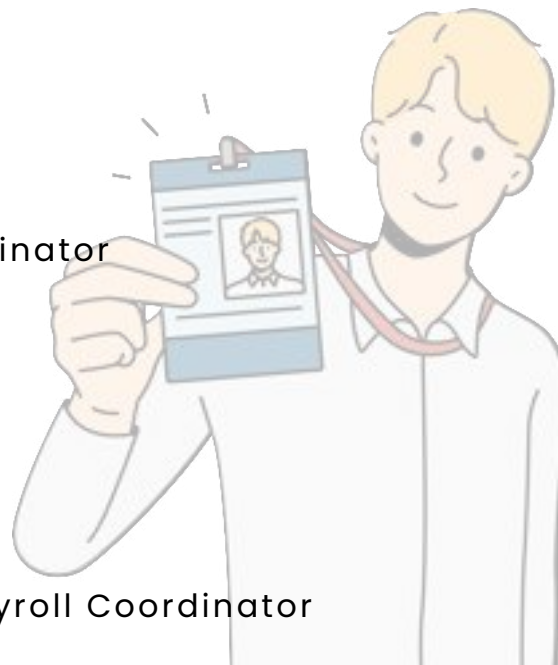
Katharine- Recreation Coordinator

**Nursing**

Ileana-Sanda- RPN  
Helen- PSW  
Tamara- PSW  
Virginia- PSW

**Business Office**

Ruth- Accounts Payables/Payroll Coordinator



*Long Term Care*



The 2nd Annual  
**COZY INTO**  
**Christmas**  
**CRAFT SALE**

Saturday, November 18th, 2023  
10:00am - 2:00pm



Saint Luke's Place  
1624 Franklin Blvd, Cambridge, ON

**CALLING ALL  
VENDORS!**

Contact the Life Enrichment &  
Program Manager Rachel at  
**rfeilestlp.ca** by October 16th, 2023

---

## SAINT LUKE'S PLACE NEWSLETTER

---

*Long Term Care*

### **RESIDENT COUNCIL APPRECIATION WEEK**

**September 11 to 17, 2023**

Resident Council Week is a week to celebrate all RESIDENTS, as every person living at our home is part of the Residents' Council, regardless of whether they attend monthly meetings. Resident Council Week is also the perfect time to recognize our Residents' Council supporters and Members. Here at Saint Luke's Place we thank our Resident Council members who raise awareness, strengthen relationships, celebrate success and explore new ways for our Resident Council to continue to grow and thrive.

We kicked off the celebration by having Bob McLean come entertain.... what a great time!



oh what  
**FUN**

[WWW.SAINTLUKESPLACE.CA](http://WWW.SAINTLUKESPLACE.CA)

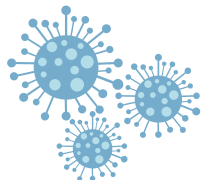
---

# SAINT LUKE'S PLACE NEWSLETTER

---

## *Long Term Care*

### **INFECTION PREVENTION AND CONTROL**



Back in June the Ministry of Long Term Care announced that **Masking is no longer required** for staff and visitors. Please note:



- Masks will continue to be available at the Administration and E Wing Entrance for anyone who would prefer to continue wearing one
- We do encourage masking as a "Mask Friendly Home"; however, they are not required
- If you are feeling unwell, we do encourage you to stay home to reduce the risk of spread within Saint Luke's Place

If you have questions, please contact [info@stlp.ca](mailto:info@stlp.ca)

Remember, hand hygiene is the most important step in spreading any type of illness, infection or disease.

“Clean Your Hands!” - It only takes 15 seconds



#### **The 4 Moments for Hand Hygiene in All Health Care Settings:**

1. BEFORE initial resident/resident environment contact
2. BEFORE aseptic procedure
3. AFTER body fluid exposure risk
4. AFTER resident/patient environment contact

#### **To clean hands with alcohol-based hand rub:**

1. Use enough alcohol-based hand rub to cover all areas of your hands
2. Rub hands for at least 15 seconds or until product is dry on your hands

Cleaning your hands frequently and as often as necessary with a 15 second scrub can keep you and those you love healthy anytime, anywhere.



## Long Term Care

### FLU VACCINE

The flu shot is the best way to reduce your risk of getting sick with influenza and spreading it to others. In elderly people, the vaccine can prevent pneumonia, hospitalization and death. It is especially important to get your flu shot this season, due to the ongoing COVID-19 pandemic. Protection against influenza will prevent additional burden on our health care system, protect us, and those most vulnerable in our families and community.

#### Where to get the flu shot (community):

- Health care providers
- Pharmacies
- Walk-in (Urgent Care) Clinics

Here at Saint Luke's Place for residents and staff the flu vaccine will be made available through the Director of Infection Prevention and Control office. For our apartment tenants last year, clinics were held on the premises. We hope to do the same this year-- watch for posters as more information to follow.



### MAINTENANCE SERVICES

We have a hard working group of maintenance workers here at Saint Luke's Place who look after the entire campus.

#### Just a reminder:

All maintenance requests must be entered into our Maintenance Care Program which allows the team to easily see all concerns and prioritize.

Let the staff know if you have a maintenance issue and they will enter your concern in the system.

For tenants- contact the front office during business hours and Susy or Ruth will inform the Maintenance team of your concern.

For after-hours **emergency** maintenance please call: 519-501-3050





---

## SAINT LUKE'S PLACE NEWSLETTER

---

### *Long Term Care*

#### **NURSING**

In December 2020, the provincial government released “A Better Place to Live, A Better Place to Work: Ontario’s Long Term Care Staffing Plan”.

Among other measures, this Staffing Report commits to investing in providing an average of four hours of care to all residents. This increase will be phased in over time by the year 2024/25

Here at Saint Luke's Place, we have already added additional shifts or extended shifts for days, evening and nights in direct care staffing and have plans to increase even more hours in our direct care hours to reach the 4 hours of care requirement by 2025- we are excited!

Just for your information: For the past few months we have been tracking our nursing staffing, especially over weekends to ensure we have the coverage necessary to provide quality care and services.

#### **Here are the stats:**

June: 98.80% coverage

July: 98.08% coverage

August: 97.25% coverage



#### **SOME SEPTEMBER ACTIVITIES/ EVENTS HAPPENING IN LONG TERM**

Sept 19th: Sea Shanty Sing Along in E Wing

Sept 19th: Flapjack and Flannel Social in Stenhouse Hall

Sept 23rd: Autumn Crafts in A Main

Sept 26th: Baking- Apple Cinnamon Cookies in A Lower

Weekly: Church Service, Hymn Sings and Bible Chats

**Check out the activity calendar on your unit for daily recreation programs.**



# ALL VISITORS

- Please sanitize your hands before and after eating/drinking and visiting
- Please read the COVID-19 Screening Poster before visiting- if you have any of these symptoms or if you are feeling unwell, we do encourage you to stay home to reduce the risk of spread within Saint Luke's Place
- Masks will continue to be available at the Administration and E Wing Entrance for anyone who would prefer to continue wearing one
- We do encourage masking as a "Mask Friendly Home"; however, they are not required
- Please sign the visitor log book (only for long term care)
- If you have questions, please contact [info@stlp.ca](mailto:info@stlp.ca)



[www.saintlukesplace.ca](http://www.saintlukesplace.ca)

---

## SAINT LUKE'S PLACE NEWSLETTER

---

### *Apartments*

#### **Your Tenant Representatives:**

Kay S C-1 | Dianne S C-2 | Mike H C-3  
Paula H DL | George K D-1 | June H D-2 | Ret N D-4



#### **Friendly Reminder For Tenants**

Our nursing staff at Saint Luke's Place are very helpful, and, as we know, will go that extra mile. Sometimes it's easy to forget that they are working nurses on the units and are responsible for the care of the long term care residents plus, after regular business hours, operation of the facility.

**If you have a medical emergency please call 9-1-1**

#### **When You Have Guests**

Please remember that the Registered Nurse is required to respond to the doors "after hours" in the case of emergency, but not to let in your guests. You should make your own arrangements to meet guests upon arrival after hours.



**Monday, September 18  
(rain date is Monday, September 25th)**

1:30pm

Meet Christine G in the E Wing Parking Lot to begin your adventure!

**All are welcome to participate**

*(thank you to Christine for setting up this fun activity!)*





## Topics Included

Chronic Illnesses  
Muscle and Bone Health  
Blood Pressure  
Vision and Hearing  
Feet and Footwear  
Brain Health and Sleep

Medication Use  
Home and Environment Safety  
Mobility Aids  
Nutrition and Sugar  
Balance and Arthritis  
How to get up from a fall

Where:

**C1 Lounge**

When:

**Monday & Wednesday**

**1:15pm**

**October 11- November 20**

**D1 Lounge**

**Monday & Wednesday**

**2:30pm**

**October 11- November 20**

- For Apartment Tenants

---

## SAINT LUKE'S PLACE NEWSLETTER

---

*What's Happening at Saint Luke's Place*



# HAPPY FALL Y'ALL

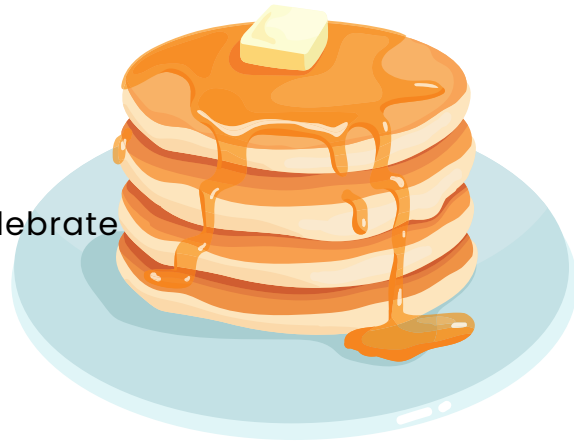
Tenants & Staff are welcome to enjoy some warm apple crisp with ice cream.

**Thursday, September 28  
2:00 pm  
Coffee Shop**

## OKTOBERFEST BREAKFAST

All Tenants & Staff are welcome to celebrate the fall Season!

**Friday, October 13th  
9:30-11:30 am  
Auditorium**



### *Coffee Shop*

Our Coffee Shop is run by a team of dedicated volunteers and we welcome everyone at Saint Luke's Place to sit and enjoy a beverage and snack in the café.



### HOURS

**Monday-Friday  
10:00am-11:30am  
2:00pm-4:00pm**



[WWW.SAINTLUKESPLACE.CA](http://WWW.SAINTLUKESPLACE.CA)

---

## SAINT LUKE'S PLACE NEWSLETTER

---

### *Stay Connected*

Keep informed and connected by visiting Saint Luke's Place Social Media and website

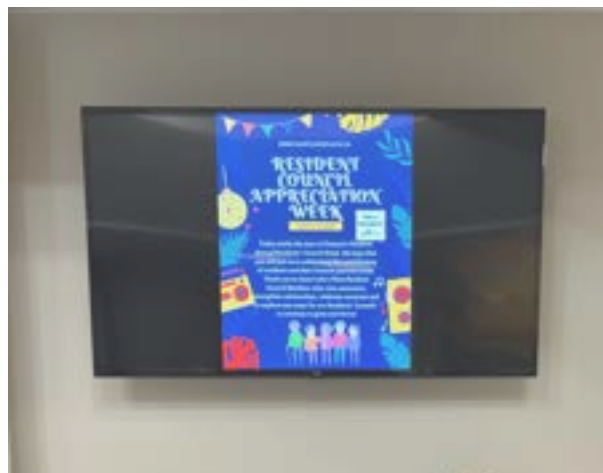
[www.saintlukesplace.ca](http://www.saintlukesplace.ca)



### **Communication Televisions**

Have you noticed our new television communication screens located at the administration and E Wing entrances?

These new screens will provide you with up-to-date information, daily menu choices, facility events, and any other communication we want you to know!



**WWW.SAINTLUKESPLACE.CA**

---

## SAINT LUKE'S PLACE NEWSLETTER

---

### *Quality Improvement*

#### **Resident Satisfaction Survey**

Thank you to all the families, care providers and residents who participated in the 2023 survey.

The last few years certainly have been a difficult, challenging time. Dealing with the pandemic and the restrictions, all the obstacles that came with keeping safe at home and when in the community, and the most challenging- limited access to loved ones. I know it was a difficult time for everyone and certainly some of these trials were reflected in the survey.

I appreciate everyone taking the time to answer the questions and provide the feedback.

We here at Saint Luke's Place take all the feedback seriously and continuously work towards providing service and care that meets and exceeds expectations.

Overall, there is a 90% or higher approval rate in all categories and to the question "would you recommend Saint Luke's Place to others?" response: 98%. We are pleased that, overall, residents and families are satisfied with the care and services provided.

Please see our website for the full survey results.

*Quality Improvement is the organization's philosophy that seeks to meet clients' needs and exceed their expectations by using a structured process that selectively identifies and improves all aspects of service.*

If you have any concerns or comments you would like to share, please reach out to [mtoth@stlp.ca](mailto:mtoth@stlp.ca)

**Your feedback helps us improve our care and services provided to the residents of long term care.**



---

## SAINT LUKE'S PLACE NEWSLETTER

---

### *Remembering*

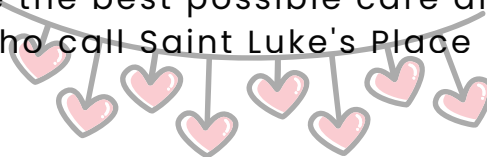
*Those we love can never be more than a thought away, for as long as there's a memory they live in our hearts to stay*



Eunice R  
Bruno W  
Wayne D  
Robert H  
Helen K  
Brian S  
Frank B  
George C  
Sheila H  
Hendrika V  
Michael D  
Vidosava G



Thank you to those who made memorial donations to Saint Luke's Place in memory of your loved one. These donations help Saint Luke's Place provide the best possible care and environment for those who call Saint Luke's Place home.



### **BEQUESTS**

The most common and simple form of planned giving is a bequest. You can make a donation by including Saint Luke's Place as a beneficiary in your will/insurance. Choose the type of bequest that best suits your circumstances and wishes. You retain full control of your assets during your lifetime and your standard of living is not affected.

Your estate will receive significant tax credits that can be passed on to your heirs. Upon receiving the bequest, Saint Luke's Place issues a donation receipt to your estate for the full amount of the bequest.

*We are truly grateful for your kind and generous donations*



---

# SAINT LUKE'S PLACE NEWSLETTER

---

## *Just for Fun*

O S Y U S Q O T A N E R Q W R F C Z S L L X X H A Q Q E U H  
O I C G Y S R E K F G P T Y V E T C T U M E P Q H L Q S G A  
Q A C A E X T Z J O A F Z Q V T V P N F F R N K Q Y E M S O  
X Q O V R U F Z X I P A R B W J E S A E L I Z N D T H O S B  
H H A R V E S T I L Y C F F E H H W N T S C Y V A A J C U O  
P E L V Y M C V E A C X Y N L B I H E A R S P O Y L N N C N  
L E A C M G P R K G V J Y H C H L C T R H K B R X E F E Z F  
B Q O U Y D N Q O E S V D Q O N Q O F G Z O I F E O W Z Q I  
Q N W K Y B G A H W I R D V M Y C R U J C D Z W L F Y B K R  
I H I H F X B K J D R N D A E J G R J E E H O X V P F A Q E  
H N O B N C I Z V P B O C H P P M K I L X L N F P K S F Q X  
O M J F I E W A O D M Q R Q T Z E K E T L Q P A K M V U I K  
E J G E K L P Y A K E A Y S I A C F F A Z O H R Q U L H H O  
S Z T V P E W Q B T J P O X H Z A C H P C M A M N G O P P E  
T E Q D M B M T Q J Z A V L F Z L N O I L E D N A D U F S V  
X R K D U R W G O L U G C W N E P G S R S D J X Y E E J E I  
L P Q U P A U B K Y N I N Y B S A N Y T N J O P U P R E L N  
F D I K L T E F K I N B I C L R H K M S N U A K I C E T J Z  
B G X Y L I P N V N B T M G D X Z S W I Q E C M I F F Y X F  
G V Q B A O I I A O U E E E L J S R C B K V D O O K E R P P  
Y W L T G N G M H L D M N X H P O N S V A Q J I P H W R R O  
S W K Q U S O N L T Y S C O E F S J P N G M F S S I A J G Y  
B E D Y K N C G P S C K J O R J W C P A L D H L T E A L W N  
O K N N B N Q G E M T U N K I X L L J Z A T R Z N L R L K D  
F J A I T M Q A W F F C C R Y Q H L Z F I N J N U T N I A S  
X H A L O X T T N P O T D R W V F B S B Q U S F M K E A T Q  
T U T F H R D H F T U Y V E L P P A U C T J L Q P U S F D K  
Y U F Z I Z S X X P R E P Q L Q R P Q I F U N B J H T C W C  
H O N E Y C R I S P Z U E N F J D N P E M Z E X I W V U U R  
C H E S T N U T S V Y P P G Y X G V H I W C D D W K N P A H



Apple  
Autumn  
Bonfire  
Celebration  
Chestnuts  
Leaves  
Lukes  
Nutmeg  
Place  
Pumpkin

Cinnamon  
Cornucopia  
Dandelion  
Flannel  
Scarecrow  
Seniors  
Tenants  
Thanksgiving  
Welcome  
Residents

Foilage  
Fun  
Gardens  
Grateful  
Halloween  
Happy  
Harvest  
Hayride  
Home  
Honeycrisp  
Saint