JUNE 2024



Issue no.7

## SAINT LUKE'S PLACE NEWSLETTER

#### Welcome



### Resident Bill of Rights: *Right to an optimal quality of life:*

Every resident has the right to form friendships and relationships and to participate in the life of the longterm care home.

#### Your Residents' Council: Connie M, Carolyn K, Bill K, Phillip W, Ray C, Roger B, David

S, Paul H, Syl W, Ralph K

New Residents and Tenants: Long Term Care- Gertrude W, Lionel D, Bettilou D, Janet C, Draginja F, Leroy C Tenants- Margaret D



Latest News



## SUNDAY JUNE 9,2024 WALK & ROLL



## Saint Luke's Place 2024 Annual Walk and Roll Event

We are excited for the return of our annual Walk & Roll for all of our residents, tenants, families and community and would like to welcome you to this year's event.

Taking place on: Sunday, June 9, 2024 at 1624 Franklin Boulevard.

## Join as an individual or as a team and begin fundraising for our residents!

Registration and Warm-up Activities: 9:30 AM - 10 AM Opening Ceremonies 9:45 AM The Walk/Roll: 10 AM - 11:30 AM Lunch/Silent Auction/Awards 11:30 AM - 1:00 PM

> More information at: https://saintlukesplace.ca/walkroll/ or contact Amy Ross at aross@stlp.ca



## Fundraising and Development



#### **3RD ANNUAL GOLF CLASSIC**

Mark your calendars for **Monday, September 23** for our 3rd Annual Golf Classic! Hosted at the Galt Country Club. The tournament will kick off with lunch followed by a shotgun start. Stay for the prizes, raffle and dinner. 100% of proceeds will go towards Saint Luke's Place, Welcome Home Capital Campaign. For up-to-date details, visit our Website, Facebook or Instagram.

#### **Registration Open June 3, 2024!**

EAGLE SPONSOR

by SHOPPERS DRUG MART

If you are interested in sponsoring the event, contact Amy Ross at aross@stlp.ca







### **Multiple Chances to Win!**

Saint Luke's Place is excited to offer an online 50/50 Draw with proceeds supporting our redevelopment project. We are building a much-needed home in our community - and we can't do it without you! Our next draw dates will be:

> May 30, 2024 August 30, 2024



Get your tickets by 12:59 pm on the draw date to qualify. Watch for early bird prizes! Ticket prices are in CAD. Lottery License #1339897. PLEASE PLAY RESPONSIBLY If you are worried about problem gambling, ConnexOntario can help: 1-866-531-2600 connexontario.ca



Fundraising and Development

## WELCOME HOME CAPITAL CAMPAIGN

We are moving closer with the Ministry and our expansion of new long-term care beds will change the lives of families who are searching for much-needed care and services for their loved ones.

As a charitable not-for-profit organization, Saint Luke's Place relies upon the generosity of our Community. We are welcoming the support of our community by way of donations and pledges from individuals, families, local service clubs, and the business community as well as from various community fundraising events, planned giving, bequests, and memorial donations.



Learn more about our progress, facility details and how you can join us by helping with donations and volunteer support.

"Giving is not just about making a donation. It is about making a difference."

Contact the Business Office for more information on how you may financially support our exciting project at info@stlp.ca or 519-658-5183



## Long Term Care



Send your pets updated health records and fill out a pet agreement form and send them to Rachel at rfeilestlp.ca



#### Anyone visiting our facility must remember:

Your pet must be on a leash at all times Your pet must be well behaved Your pet must be fully vaccinated You are responsible for cleaning up after your pet in any area including outside

#### Any pet visiting long term care:

1000

You must complete the application for visiting pets with the Business Office PRIOR to the visit.

If you have any questions regarding visiting pets in long-term care, please contact: Rachel Feil at rfeil@stlp.ca or at 519-658-5183 ext. 244

### **Upcoming Recreation Programs**

#### Some upcoming Events:

Cambridge Choir- Stenhouse Hall May 21 Coffee and Cards- Stenhouse Hall May 23 Outdoor Gardening starting May Walk and Roll A-Thon- June 9 Resident Council June 11 Library Program starting June Father's Day Celebrations- June 13 Resident Home Area BBQ's starting in June Family Council June 27 'Cue' the Ukuleles Entertainment June 27 Classic Car Show- coming in July

Check the Recreation calendar on each resident unit and on our website for all activities planned for the month!

## Long Term Care

#### NURSING AND RESIDENT CARE

Just for your information: We track our nursing staffing, especially over weekends to ensure we have the coverage necessary to provide quality care and services.



Here are the stats: January: 98.9% February 98.25% March 98.2% April 96.5%



#### **COVID-19 vaccines and Boosters**

Authorized by Health Canada these are safe, reliable, and can help protect you, your family, and our community from COVID-19. The COVID-19 vaccine is free for everyone in Ontario. All residents are encouraged to get the number of doses they are recommended to receive to have the most protection against COVID-19.

Booster Clinics are available inhouse by Jenn Coburn, Director of Infection Prevention and Control

For any long term care resident that is eligible for the Covid booster, you will be contacted for consent.

#### Masking

We do encourage masking as a "mask friendly" facility, however they are not required at this time.

Masks are available at both entrances to the facility for anyone who wishes to wear one.

We do ask you to not visit if you are not feeling well.

#### **HEALTH AND SAFETY**

#### **Fire Sprinklers**

We have begun work for the installation of the automatic sprinkler system that is required in all the long-term care areas, including some additional areas such as Stenhouse Hall. So far the E Lower area has been completed and installation in E Wing has started.

This installation is a prerequisite of the Fire Code that all long-term care homes must comply with by January 2025.

There will be some disruption to our residents during the installation as the installers will need to drill into the ceiling of each resident room to install lines and sprinklers. They will complete sections at a time that will include up to 6 resident rooms; therefore, we will need to move residents from the working area for their safety.

### **QUALITY IMPROVEMENT**

#### 2024 Resident Satisfaction Survey-RESULTS NOW AVAILABLE

Thank you to all the residents and family members who participated in the 2024 Satisfaction Survey. We received 92 responses out of the 114 residents who reside in long-term care. Overall, there is an 86% or higher approval rate in all categories and to the question "would you recommend Saint Luke's Place to others?"- 98% said **YES!** 

#### TOP SUCCESSES

- Residents and Families would recommend Saint Luke's Place to their families and friends.
- Residents and Families are pleased with the care and the staff- Staff are warm, friendly, caring, professional and highly competent.
- Families believe Saint Luke's Place is in the top 10% of homes in our area for caring and compassion.

#### GOALS

- Enhance nursing care and services.
- Develop further the pleasurable Dining Experience.
- Improve environmental services.
- Enhance our communication skills.

#### ACTION PLAN

#### **Short-Term Action Plan**

- Monitor mealtime service and practices including completion of routine auditing to identify gaps and improve the dining room and dining experience.
- Increase communication of facility events, updates and general information through care conferences, newsletters, memos, emails, committees to Residents and Families.
- Review, identify gaps and improve our laundry process from cleaning to delivery.
- Increase specific staff education and training.

#### Long-Term Action Plan

- Influence and implement the use of technology to promote further effective communication.
- Create investments to enhance our dining and laundry services.
- Research models of care i.e., Butterfly approach to enhance care and services.

## Your feedback helps us improve our care and services provided to the residents of long term care.

## Apartments

#### Your Tenant Representatives:

Kay S C-1 | Dianne S C-2 | Glyn B-J C-3 Paula H DL | George K D-1 | June H D-2 | Ret N D-4









#### **Upcoming Events**

- Celebrating Seniors' Month in June with Friday BBQ's in the Coffee Shop 11:30am-1:00pm
- Canada Day Ice Cream Parlor June 27 in the Coffee Shop at 2:00pm
- Wii Bowling every Wednesday 7:00pm in C3 Lounge
- SMART Exercises every Wednesday and Friday at 9:30am in the Wellness Centre
- Game Night every Thursday at 7:00pm in D1 Lounge

Be sure to check the activity calendars posted on the apartment bulletin boards for all programs and events planned for the month.

#### **AMAZON DELIVERIES**



When ordering from Amazon for yourself or for a loved one- it is easier for the delivery person to deliver the package to the right person and address if it is clearly labeled.

- Ensure you put the person's name it is being delivered to (not yours)
- Ensure you have the correct mailing address i.e. D Wing Apartment unit has a different address then the long-term care building or C Wing.

If mailing is correct, it then has a greater chance of getting to the right person!



### Volunteers

#### YEE-HAW!

To celebrate National Volunteer Week in April, we rounded up the volunteers of Saint Luke's Place to show our appreciation and some good ole fashion southern hospitality.

A special YEE -HAW goes out to our volunteers of the year: Sylvia, Peter and Heather who go above and beyond in all they do!

We cannot say thank you enough to our volunteers who make Saint Luke's Place feel like home.













## Volunteers



## **YOUTH VOLUNTEERS** NEEDED

## Opportunities

We have two amazing opportunities for youth to complete their volunteer hours.

Gardening with Tenants

Walk and Roll Event · Sunday, June 9 8 a.m. to 1 p.m.

flexible schedule

## . . . . . . . .

**Contact Us** 

- 519-658-5183
- aross@stlp.ca
- www.stip.ca
  - 1624 Franklin Boulevard

Saint Luke's Place

FOLLOW US, LIKE US + TAG US!



FACEBOOK.COM/SAINTLUKESPLACE/

@SAINTLUKESPLACECAMBRIDGE

### Remembering

Those we love can never be more than a thought away, for as long as there's a memory they live in our hearts to stay

Cordswell B Evelyn G Terry H Andronicos H Annette W Audrey T William B Reta K Doreen B Maureen E Robert S Marion H

Thank you to those who made memorial donations to Saint Luke's Place in memory of your loved one. These donations help Saint Luke's Place provide the best possible care and environment for those who call Saint Luke's Place home.

#### BEQUESTS

The most common and simple form of planned giving is a bequest. You can make a donation by including Saint Luke's Place as a beneficiary in your will/insurance. Choose the type of bequest that best suits your circumstances and wishes. You retain full control of your assets during your lifetime and your standard of living is not affected.

Your estate will receive significant tax credits that can be passed on to your heirs. Upon receiving the bequest, Saint Luke's Place issues a donation receipt to your estate for the full amount of the bequest.

We are truly grateful for your kind and generous donations www.saintlukesplace.ca

# FATHER'S DAY Word Search





FATHER FISHING GRILLING HELPFUL JUNE KIND LOVE MOTIVATIONAL PARENT PICNIC PROTECT

SPORTS

STRONG

SUMMER

TEACHER





A father's tears and fears are unseen, his love is unexpressed, but his care and protection remains as a pillar of strength throughout our lives.- Ama H. Vanniarachchy

