

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>October 2024</b></p> 		<p><b>1</b></p> <p>7:30 Exercises</p> <p>12:00 BBQ Lunch</p> <p>2:00 Dog Visits with Chelsea</p> <p>6:15 It's the Great Pumpkin, Charlie Brown!</p>  <p><b>Sundown Slowdown</b> <small>Rosh Hashanah Begins</small></p>	<p><b>2</b></p> <p>10:00 Chapel (AUD)</p> <p>1:30 Volleyball Showdown (Stenhouse)</p>  <p><b>Sundown Slowdown</b></p>	<p><b>3</b></p> <p>7:30 Exercises</p> <p>9:30 Friendly Visits</p> <p>10:30 Java Time: Gratitude</p> <p>2:00 Oktoberfest Social (Stenhouse)</p> <p><b>Sundown Slowdown</b></p>	<p><b>4</b></p> <p>10:30 Ring Toss</p> <p>1:30 Hymn Sing</p> 	<p>Contact Cassandra, Recreation Coordinator: <a href="mailto:ccharbonneau@stlp.ca">ccharbonneau@stlp.ca</a> or EXT. 233</p>
<p><b>6</b></p> <p>10:30 Bopping at a Ball Game</p> 	<p><b>7</b></p> <p>9:30 Friendly Visits</p> <p>10:30 Bocce Ball</p> <p>1:30 In the Kitchen: Magic Cookie Bars</p>  <p><b>Sundown Slowdown</b></p>	<p><b>8</b></p> <p>7:30 Exercises</p> <p>1:30 Bingo</p>  <p>6:15 Julie Andrews Sing Along</p>  <p><b>Sundown Slowdown</b></p>	<p><b>9</b></p> <p>10:00 Chapel (AUD)</p> <p>2:00 Anglican Church Service (Chapel)</p>  <p><b>Sundown Slowdown</b></p>	<p><b>10</b></p> <p>7:30 Exercises</p> <p>9:30 Friendly Visits</p> <p>10:30 Leaves of Thanks (Stenhouse)</p> <p>2:00 Thanksgiving Tea (Stenhouse)</p>  <p><b>Sundown Slowdown</b></p>	<p><b>11</b></p> <p>9:30 Friendly Visits</p> <p>10:30 Treats &amp; Trivia Fudge</p>  <p><b>Sundown Slowdown</b> <small>Yom Kippur Begins</small></p>	<p><b>12</b></p> 
<p><b>13</b></p> <p>1:30 Dog Visits with Nelson</p> 	<p><b>14</b></p> <p>1:30 Rolling Turkeys: Dice Game</p>  <p><small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small></p>	<p><b>15</b></p> <p>7:30 Exercises</p> <p>1:30 Java Time: Ageing</p> <p>3:00 Residents' Council (Stenhouse)</p> <p>6:15 Name that Tune</p> 	<p><b>16</b></p> <p>10:00 Chapel (AUD)</p> <p>2:00 Catholic Mass (Chapel)</p> <p>3:00 Colour Me Spooky</p> <p><b>Sundown Slowdown</b> <small>Sukkot Begins</small></p>	<p><b>17</b></p> <p>7:30 Exercises</p> <p>9:30 Friendly Visits</p> <p>10:30 Hangman</p> <p>1:30 Pumpkin Pie Social</p>  <p><b>Sundown Slowdown</b></p>	<p><b>18</b></p> <p>10:30 Bible Study</p> <p>1:30 Cornhole</p> 	<p><b>19</b></p> 
<p><b>20</b></p> <p>10:30 Manicure Morning</p> 	<p><b>21</b></p> <p>9:30 Friendly Visits</p> <p>10:30 Balloon Badminton</p> <p>1:30 Halloween Picture Bingo</p>  <p><b>Sundown Slowdown</b></p>	<p><b>22</b></p> <p>7:30 Exercises</p> <p>1:30 In the Kitchen: Shortbread</p>  <p>6:15 Bedtime Stories</p>	<p><b>23</b></p> <p>10:00 Chapel (AUD)</p> <p>1:30 Crafters' Corner: Pinecone Painting</p>  <p><b>Sundown Slowdown</b></p>	<p><b>24</b></p> <p>7:30 Exercises</p> <p>9:30 Friendly Visits</p> <p>10:30 Just For Laughs</p> <p>1:30 Tie Dye Tribe</p>  <p><b>Sundown Slowdown</b> <small>Simchat Torah Begins</small></p>	<p><b>25</b></p> <p>9:30 Friendly Visits</p> <p>10:30 Making Ghosts</p> <p>1:00 Music with Katie</p> <p>2:30 Ghostbusters! Game</p>  <p><b>Sundown Slowdown</b></p>	<p><b>26</b></p> 
<p><b>27</b></p> <p>10:30 Batty or Believable? Game</p> 	<p><b>28</b></p> <p>9:30 Friendly Visits</p> <p>10:30 Painting Pumpkins</p>  <p>1:30 Chaplin Chats</p> <p><b>Sundown Slowdown</b></p>	<p><b>29</b></p> <p>7:30 Exercises</p> <p>9:30 Bowling Buddies</p> <p>2:00 Dog Visits with Chelsea</p>  <p>6:15 Spooky Songs</p>	<p><b>30</b></p> <p>10:00 Chapel (AUD)</p> <p>1:30 Carving Pumpkins</p>  <p>2:00 Visiting Library (Stenhouse)</p> <p>2:00 Halloween Feud</p>	<p><b>31</b></p> <p>7:30 Exercises</p> <p>9:30 Friendly Visits</p> <p>10:30 Glow Toss</p> <p>2:00 Brew Ha-Ha Party (Stenhouse)</p>  <p><small>Halloween</small></p>	<p><b>A-Lower</b></p> <p><b>Activities Calendar</b></p> <p>Saint Luke's Place Long-Term Care</p> 	

Check out the "Events Calendar" at [www.saintlukesplace.ca](http://www.saintlukesplace.ca). Program times and locations may change at times. Please refer to the whiteboards on each unit for any changes.