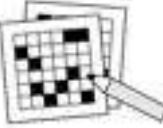
































Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>October 2024</h1> <h2>A-Main Activity Calendar</h2> <h3>Saint Luke's Place LTC</h3>		<b>1</b> 9:30 Friendly visits 10:30 Exercises 11:00 Bocce Ball 1:30 Sound of Music Crossword 	<b>2</b> 10:00 Chapel AUD  2:00 Volleyball Showdown-Stenhouse <small>Rosh Hashanah Begins</small>	<b>3</b> 10:30 Exercises 1:30 Top 15 Healthy Veggies list  2:00 <b>Oktoberfest Social</b> 6:15 Younger self video	<b>4</b> 9:30 Friendly Visits 10:30 Smiley face trivia/slideshow 1:30 Taco Word Search 3:00 Virtual Visits 	<b>5</b> 
<b>6</b> 1:30 Word games 	<b>7</b> 10:30 Chaplain Chats 1:30 Outdoor Visits 	<b>8</b> 9:30 Friendly Visits 10:30 Exercises 11:00 October Poems 1:30 Java Music-Gratitude 	<b>9</b> 10:00 Chapel AUD  2:00 Anglican Church	<b>10</b> 10:30 Exercises 2:00 Thanksgiving Tea-Stenhouse  6:15 Fall Match Game	<b>11</b> 10:30 Bible Study 2:30 <b>Dog Visits</b>  3:00 Virtual Visits <small>Yom Kippur Begins</small>	<b>12</b> 
<b>13</b> 	<b>14</b> 9:30 Friendly visits 10:30 <b>Indigenous People</b> colouring page  <small>Thanksgiving Day (Canada)            Indigenous Peoples' Day            Columbus Day (US)</small>	<b>15</b> 9:30 Friendly Visits 10:30 Exercises 12:00 <b>BBQ Lunch</b>  2:00 Dog Visits 3:00 Resident Council	<b>16</b> 10:00 Chapel AUD  2:00 Catholic Mass 3:00 Friendly Visits <small>Sukkot Begins</small>	<b>17</b> 10:30 Exercises 1:30 What Am I? 3:00 Cranium Crunches 6:15 Reading Group 	<b>18</b> 9:30 Friendly Visits 10:30 Comedy- Jokes  1:00 <b>Music with Katie</b> 3:00 Virtual Visits	<b>19</b> 1:30 Balloon Badminton 
<b>20</b> 	<b>21</b> 9:30 Friendly visits 10:30 Share a Memory 1:30 October Crossword 	<b>22</b> 9:30 Friendly visits 10:30 Exercises 11:00 Draw a Dog 1:30 Bingo 	<b>23</b> 10:00 Chapel AUD  2:00 JAVA MUSIC- Aging 	<b>24</b> 10:30 Exercises 1:30 Finish the Lyrics 3:00 Friendly visits 6:15 Board Games 	<b>25</b> 10:30 Self-portrait yarn craft 1:30 Hymn Sing  3:00 Virtual Visits	<b>26</b> 
<b>27</b>  1:30 Halloween word games	<b>28</b> 9:30 Friendly visits 10:30 Halloween Music Trivia 1:30 <b>Dog Visits</b> 	<b>29</b> 9:30 Friendly visits 10:30 Exercises 1:00 Halloween treats and tricks cart (Jello) 2:30 Pumpkin Painting 	<b>30</b> 10:00 Chapel AUD 2:00 Visiting Library – Stenhouse 3:00 Halloween Detective Game 	<b>31</b> <b>HAPPY HALLOWEEN</b> 10:30 Exercises 2:00 Brew Ha-Ha Party-Stenhouse 6:00 Trick or Treaters 	<p><b>Contact: Michelle</b>            Recreation Coordinator  <a href="mailto:recreation@stlp.ca">recreation@stlp.ca</a>            EXT 233</p>	

Check out the "Events Calendar" at [www.saintlukesplace.ca](http://www.saintlukesplace.ca). Program times and locations may change at times. Please refer to the white boards on each unit for any changes.