





















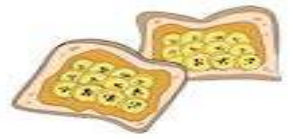




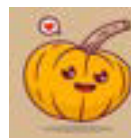



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>October 2024</b> <b>E-Wing Activities Calendar- St. Luke's Place LTC</b> 		<b>9:30 Exercise 1</b> <b>10:30 Halloween Toss</b> <b>1:30 Bowling</b> <b>2:00 Virtual Visit</b> <b>3:45 Virtual Visit</b> 	<b>10:00 Chapel- AUD 2</b> <b>11:00 Exercise</b> <b>11:00 Virtual Visit</b> <b>11:30 Virtual Visit</b> <b>2:00 Volleyball Showdown (Stenhouse)</b>  <small>Rosh Hashanah Begins</small>	<b>9:30 Virtual Visit 3</b> <b>10:30 Travelogue: Borneo</b> <b>2:00 October Fest Social -(Stenhouse)</b> 	<b>10:30 Bible Study 4</b> <b>11:00 Sing Along</b> <b>1:00 Music with Katie</b> <b>2:30 Christmas Craft: Yarn Key Chain</b> 	<b>10:30 Short Story Making 5</b> 
<b>1:30 Dog Visits 6</b> 	<b>10:30 Exercise 7</b> <b>1:30 Scattergories</b> <b>6:15 Grooving To Frank Sinatra</b> 	<b>9:30 Exercise 8</b> <b>10:30 Mini Golf</b> <b>2:00 Virtual Visit</b> <b>1:30 Tumbling Towers</b> <b>2:00 Virtual Visit</b> <b>3:45 Virtual Visit</b> 	<b>10:00 Chapel- AUD 9</b> <b>11:00 Exercise</b> <b>11:00 Virtual Visit</b> <b>11:30 Virtual Visit</b> <b>2:00 Anglican Church</b> 	<b>10:30 Java Music: Aging 10</b> <b>2:00 Thanksgiving Tea - Stenhouse</b> 	<b>10:30 Halloween Colouring 11</b> <b>1:30 Hymn Sing</b> <b>2:30 Sing Along Social Group</b> 	<b>12</b> 
<b>10:30 Crafters Corner 13</b> 	<b>10:30 Bocce Ball 14</b>  <small>Thanksgiving Day (Canada) Indigenous Peoples' Day Columbus Day (US)</small>	<b>9:30 Exercise 15</b> <b>10:30 Java Music: Gratitude</b> <b>1:30 Strawberry Gelato Making</b> <b>2:00 Virtual Visit</b> <b>3:00 Resident Council</b> <b>3:45 Virtual Visit</b>	<b>10:00 Chapel- AUD 16</b> <b>11:00 Exercise</b> <b>11:00 Virtual Visit</b> <b>11:30 Virtual Visit</b> <b>2:00 Catholic Mass</b> <b>3:00 Halloween Crafts with Sticks</b> <small>Sukkot Begins</small>	<b>9:30 Virtual Visit 17</b> <b>10:30 Affirmation Cards</b> <b>1:30 Marshmallows Rice Crispies Treats</b> 	<b>9:30 Friendly Visit 18</b> <b>10:30 Spa Day</b> <b>2:30 Dog Visits</b> 	<b>10:30 Music Trivia 19</b> 
<b>20</b> 	<b>10:30 Exercise 21</b> <b>11:00 Chaplain Chats</b> <b>1:30 Complete The Phrases</b> <b>6:15 Grooving To Elvis Presley</b> 	<b>9:30 Exercise 22</b> <b>10:30 Board Game</b> <b>12:00 BBQ Lunch</b> <b>2:00 Dog Visits</b> <b>2:00 Virtual Visit</b> <b>3:45 Virtual Visit</b> 	<b>10:00 Chapel- AUD 23</b> <b>11:00 Exercise</b> <b>11:00 Virtual Visit</b> <b>11:30 Virtual Visit</b> <b>1:30 Christmas Craft: Pine Cone Hanging</b> 	<b>10:30 Pictionary 24</b> <b>1:30 Grilled Peanut Butter and Banana Sandwich Making</b> 	<b>10:30 Musical Bingo 25</b> <b>1:30 Christmas Craft: Christmas Earrings</b>  <b>Sundown Slowdown</b>	<b>26</b> 
<b>1:30 Crafters Corner 27</b> 	<b>10:30 Exercise 28</b> <b>11:00 Hymn Sing</b> <b>1:30 Finish The Lyrics</b> <b>6:15 Readings: Doris Day</b> 	<b>9:30 Exercise 29</b> <b>10:30 Name That Tune</b> <b>1:30 Carving/Painting Pumkin</b> <b>2:00 Virtual Visit</b> <b>3:45 Virtual Visit</b> 	<b>10:00 Chapel- AUD 30</b> <b>11:00 Exercise</b> <b>11:00 Virtual Visit</b> <b>11:30 Virtual Visit</b> <b>2:00 Visiting Library – Stenhouse</b> <b>3:00 Paper Plate Design with Beads</b>	<b>9:30 Virtual Visit 31</b> <b>10:30 Halloween Ring Toss</b> <b>2:00 Brew Ha-Ha Party- Stenhouse</b> <small>Halloween</small>	<b>Contact: Nandini Jain</b> <b>Recreation Coordinator</b> <a href="mailto:reccoordinator@stlp.ca">reccoordinator@stlp.ca</a> <b>Or Ext. 233</b> 	

Check out the "Events Calendar" at [www.saintlukesplace.ca/](http://www.saintlukesplace.ca/) Program times and locations may change at times. Please refer to the whiteboards on each unit for any change.

