

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday   | Friday   | Saturday   |
|--|--|---|--|--|--|--|
|   |  | <b>10:00</b> Seasonal Decorating<br><b>11:00</b> Virtual Visit – Betty J<br><br><b>2:00</b> Treat Truck: Canada Day Sweets<br><b>3:45</b> Virtual Visit - Betty<br><small>Canada Day</small> | <b>10:00</b> Chapel - AUD<br><br><b>1:15</b> Exercise<br><b>3:00</b> Nature Scavenger Hunt<br><b>3:45</b> Virtual Visit - Betty J                                 | <b>9:30</b> Manicures<br><b>10:30</b> Exercise<br><br><b>2:00</b> Canada Day Party with Henry Winter  | <b>10:00</b> Morning Visits<br><b>10:45</b> Summertime Scramble<br><br><b>1:30</b> Java Time: Summer<br><b>3:30</b> Virtual Visit - Alene<br><small>Independence Day (US)</small> | <b>1:30</b> Brains & Banter<br>                                 |
| <br><b>1:30</b> Dog Visits - Nelson<br><b>6:15</b> Evening Visits   | <b>6</b> <b>10:30</b> Hymn Sing<br><b>2:00</b> Volleyball Showdown<br><br><b>4:00</b> Sundown Slowdown<br><b>6:15</b> Evening Visits  | <b>7</b> <b>9:30</b> Words on Words<br><b>10:30</b> Exercise<br><b>2:00</b> Creative Colouring<br><br><b>3:00</b> Residents Council - Stenhouse  | <b>8</b> <b>10:00</b> Chapel - AUD<br><b>11:00</b> Virtual Visit – Betty<br><br><b>1:15</b> Exercise<br><b>2:00</b> Anglican Church Service – Chapel              | <b>9</b> <b>9:30</b> Creative Colouring<br><b>10:30</b> Exercise<br><br><b>2:00</b> Men's Group<br><b>2:30</b> Coca Cola Social - Courtyard     | <b>10</b> <b>10:30</b> Classic Car Show<br><br><b>2:30</b> Dog Visits - Dierks<br><b>3:30</b> Virtual Visit - Alene   | <b>11</b> <b>1:30</b> Crafters Corner: Popsicle Suncatchers<br> |
| <b>13</b> <b>1:30</b> Dog Visits - Nelson<br>  | <b>14</b> <b>10:30</b> Bible Study<br><b>1:30</b> Bingo<br><br><b>4:00</b> Sundown Slowdown<br><b>6:00</b> Virtual Visit – Dianne<br><b>6:15</b> Palms & Pastimes              | <b>15</b> <b>10:30</b> Exercise<br><br><b>2:00</b> Large Connect 4<br><b>3:45</b> Virtual Visit - Betty  | <b>16</b> <b>10:00</b> Chapel - AUD<br><b>11:00</b> Virtual Visit – Betty<br><br><b>1:15</b> Exercise<br><b>2:00</b> Roman Catholic Mass – Chapel                | <b>17</b> <b>9:30</b> Manicures<br><b>10:30</b> Exercise<br><br><b>2:00</b> Entertainment with Kevin Coates - Stenhouse                        | <b>18</b> <b>10:00</b> Morning Visits<br><b>10:45</b> Crafters Corner: DIY Sunglasses<br><br><b>1:30</b> Java Time: Day-to-Day Challenges<br><b>3:30</b> Virtual Visit - Alene   | <b>19</b> <b>1:30</b> Beach Crosswords<br>                     |
| <b>20</b> <b>10:30</b> Chaplain Chats<br><b>2:00</b> Pizza Party - Stenhouse<br><br><b>4:00</b> Sundown Slowdown<br><b>6:15</b> Short Stories | <b>21</b> <b>10:30</b> Chaplain Chats<br><b>2:00</b> Pizza Party - Stenhouse<br><br><b>4:00</b> Sundown Slowdown<br><b>6:15</b> Short Stories                                 | <b>22</b> <b>9:30</b> Legacy Leaders<br><b>10:30</b> Exercise<br><br><b>2:00</b> Dog Visits - Chelsea<br><b>3:45</b> Virtual Visit - Betty  | <b>23</b> <b>10:00</b> Chapel - AUD<br><b>11:00</b> Virtual Visit – Betty<br><br><b>1:15</b> Exercise<br><b>2:00</b> Treat Truck: Strawberry & Banana Smoothies | <b>24</b> <b>9:30</b> Name that Tune<br><b>10:30</b> Exercise<br><br><b>2:00</b> Men's Club<br><b>2:15</b> Crafters Corner: Color Me Planted  | <b>25</b> <b>10:00</b> Morning Visits<br><b>12:00</b> BBQ Lunch<br><br><b>3:00</b> Portuguese Club<br><b>3:30</b> Virtual Visit - Alene   | <b>26</b> <b>10:30</b> CREAM Categories<br>                   |
| <b>27</b> <b>10:30</b> Ring Toss<br>  | <b>28</b> <b>10:30</b> Spiritual Outdoor Visits<br><b>1:30</b> Crafters Corner: Pressed Flower Frames<br><br><b>6:00</b> Virtual Visit – Dianne<br><b>6:15</b> Evening Visits | <b>29</b> <b>9:30</b> 5 Clues - What Am I<br><b>10:30</b> Exercise<br><br><b>2:00</b> Blooms & Beverages - Courtyard<br><b>3:45</b> Virtual Visit - Betty                                  | <b>30</b> <b>10:00</b> Chapel - AUD<br><b>11:00</b> Virtual Visit - Betty<br><b>1:15</b> Exercise<br><br><b>2:00</b> Visiting Library - Stenhouse               | <b>31</b> <b>9:30</b> Manicures<br><b>10:30</b> Exercise<br><br><b>1:30</b> August Calendar Handout<br><b>2:30</b> Treat Truck: Beach Cookies | <b>Contact: Maddy Recreation Coordinator</b><br><a href="mailto:recreation@stlp.ca">recreation@stlp.ca</a><br><b>Ext 233</b><br>  |  |

Check out the "Events Calendar" at [www.saintlukesplace.ca](http://www.saintlukesplace.ca). Program times and location may change at times. Please refer to the whiteboards on each unit for any changes.