

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

## A-Lower Activity Calendar - Saint Luke's Place Long Term Care

1:30 Dog Visits with Nelson  Tu B'Shevat Begins	1 10:00 Groundhog Day: Burrowed Words 1:30 In the Kitchen: Chocolate Covered Cherries 3:15 Window Wonders  Groundhog Day	2 7:30 Exercise Class 10:00 Bocce Ball  1:30 Home Bingo (SH) 1:40 Java Time 3:15 Colour Me Lovely 6:00 Snoezelen	3 10:00 Chapel (AUD) 1:30 Humane Society Art Program (SH) 	4 7:30 Exercise Class 10:00 Finish the Lyrics  1:30 Men's Group (SH) 1:30 Cozy Chats	5 10:00 Hespeler Public Visit (SH) 	6 1:30 Throw & Go 	7
10:00 Virtual World Visits 3:00 Valentines Cards & Music 	8 10:00 Java Time 2:00 Valentine's Party with Brent Meisner (SH) 	9 7:30 Exercise Class 10:00 Dog visits with Dixie 12:00 Couples Lunch(SH)  2:30 Manicures & Melodies 3:00 Residents Council	10 10:00 Chapel (AUD) 1:30 Crafters Corner: Love Tree 2:00 Anglican Church Service (Chapel) 3:15 Cupid's Arrow Toss 	11 7:30 Exercise Class 9:30 Butterfly Conservatory Outing 10:00 Swoon-worthy Songs 3:15 Treat Truck: Cupid's Cocoa 	12 10:00 Decoration Judging 10:00 In the Kitchen: Cranberry Nut Loaf 1:30 Tots & Tunes (SH) 3:30 Bread Tasting 	13 10:00 Happy Valentine's Day Crossword  Valentine's Day	14
	15 10:00 Balloon Badminton  Presidents' Day (U.S.)	16 7:30 Exercise Class 1:30 Home Bingo (SH) 3:15 Who's Got The Baby? 6:00 Bedtime Stories  Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	17 10:00 Chapel (AUD) 2:00 Roman Catholic Mass (Chapel) 3:15 Decoding Winter Sports 	18 7:30 Exercise Class 10:00 In the Kitchen: Cocoa Oat Balls 2:00 Sharp Attack Quartet Performance (SH) 	19 1:30	20 	21 
10:15 Traveling Treat Truck (Floor to Floor) 	22 10:00 Name that Tune 1:30 Men's Group (SH) 1:30 Cozy Chats 3:15 Montessori Moments 	23 7:30 Exercise Class 10:00 Winter Drive Outing 1:30 Home Bingo (SH) 1:40 Be Mine Birthday Bash 3:15 Finishing Lines: Candy Phrases 6:00 Musical Memories 	24 10:00 Chapel (AUD) 1:30 Crafters Corner: Glitter Jars 	25 7:30 Exercise Class 10:00 Reading Group: Choose Your Own Adventure 1:30 Crafters Corner: Glitter Jars 3:15 Manicures & Melodies 	26 10:00 Painting with Water 1:30 Spiritual Visits 2:30 Dog Visits with Dierks 3:15 Calendar Handouts & Friendly Visits 	27	28 Contact Cassandra, Recreation Coordinator: <a href="mailto:ccharbonneau@stlp.ca">ccharbonneau@stlp.ca</a> or EXT. 233

Check out the "Events Calendar" at [www.saintlukesplace.ca](http://www.saintlukesplace.ca). Program times and locations may change at times. Please refer to the whiteboards on each unit for any changes