

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# February 2026

## A-Lower Activity Calendar - Saint Luke's Place Long Term Care

<b>1:30 Dog Visits with Nelson</b>  <small>Tu B'Shevat Begins</small>	<b>10:00 Groundhog Day: Burrowed Words</b> <b>1:30 In the Kitchen: Chocolate Covered Cherries</b>  <b>3:15 Window Wonders</b> <small>Groundhog Day</small>	<b>7:30 Exercise Class</b> <b>10:00 Bocce Ball</b>  <b>1:30 Home Bingo (SH)</b> <b>1:40 Java Time</b> <b>3:15 Colour Me Lovely</b> <b>6:00 Snoezelen</b>	<b>10:00 Chapel (AUD)</b> <b>1:30 Humane Society Art Program (SH)</b> 	<b>7:30 Exercise Class</b> <b>10:00 Finish the Lyrics</b>  <b>1:30 Men's Group (SH)</b> <b>1:30 Cozy Chats</b>	<b>10:00 Hespeler Public Visit (SH)</b> 	<b>1:30 Throw &amp; Go</b> 
<b>10:00 Virtual World Visits</b> <b>3:00 Valentines Cards &amp; Music</b> 	<b>10:00 Java Time</b> <b>2:00 Valentine's Party with Brent Meisner (SH)</b> 	<b>7:30 Exercise Class</b> <b>10:00 Dog visits with Dixie</b> <b>12:00 Couples Lunch(SH)</b>  <b>2:30 Manicures &amp; Melodies</b> <b>3:00 Residents Council</b>	<b>10:00 Chapel (AUD)</b> <b>1:30 Crafters Corner: Love Tree</b> <b>2:00 Anglican Church Service (Chapel)</b> <b>3:15 Cupid's Arrow Toss</b> 	<b>7:30 Exercise Class</b> <b>9:30 Butterfly Conservatory Outing</b> <b>10:00 Swoon-worthy Songs</b> <b>3:15 Treat Truck: Cupid's Cocoa</b> 	<b>10:00 Decoration Judging</b> <b>10:00 In the Kitchen: Cranberry Nut Loaf</b> <b>1:30 Tots &amp; Tunes (SH)</b>  <b>3:30 Bread Tasting</b>	<b>10:00 Happy Valentine's Day Crossword</b> <b>HAPPY Valentine's Day</b> <small>Valentine's Day</small>
	<b>10:00 Balloon Badminton</b>  <small>Presidents' Day (U.S.)</small>	<b>7:30 Exercise Class</b> <b>1:30 Home Bingo (SH)</b> <b>3:15 Who's Got The Baby?</b> <b>6:00 Bedtime Stories</b>  <small>Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)</small>	<b>10:00 Chapel (AUD)</b> <b>2:00 Roman Catholic Mass (Chapel)</b> <b>3:15 Decoding Winter Sports</b> 	<b>7:30 Exercise Class</b> <b>10:00 In the Kitchen: Cocoa Oat Balls</b>  <b>2:00 Sharp Attack Quartet Performance (SH)</b>	<b>1:30 Bingo!</b> 	
<b>10:15 Traveling Treat Truck (Floor to Floor)</b> 	<b>10:00 Name that Tune</b> <b>1:30 Men's Group (SH)</b> <b>1:30 Cozy Chats</b>  <b>3:15 Montessori Moments</b>	<b>7:30 Exercise Class</b> <b>10:00 Winter Drive Outing</b> <b>1:30 Home Bingo (SH)</b> <b>1:40 Be Mine Birthday Bash</b> <b>3:15 Finishing Lines: Candy Phrases</b> <b>6:00 Musical Memories</b> 	<b>10:00 Chapel (AUD)</b> <b>1:30 Crafters Corner: Glitter Jars</b>  <b>3:15 Manicures &amp; Melodies</b>	<b>7:30 Exercise Class</b> <b>10:00 Reading Group: Choose Your Own Adventure</b> <b>10:00 Visiting Library (Café)</b>  <b>2:00 Birthday Celebration with Martin Wall (SH)</b>	<b>10:00 Painting with Water</b> <b>1:30 Spiritual Visits</b> <b>2:30 Dog Visits with Dierks</b>  <b>3:15 Calendar Handouts &amp; Friendly Visits</b>	<b>Contact Cassandra,</b> <b>Recreation Coordinator:</b> <a href="mailto:ccharbonneau@stlp.ca">ccharbonneau@stlp.ca</a> <b>or EXT. 233</b>

Check out the "Events Calendar" at [www.saintlukesplace.ca](http://www.saintlukesplace.ca). Program times and locations may change at times. Please refer to the whiteboards on each unit for any changes