

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

February 2026

E-Wing- Saint Luke's Place Long Term Care

Contact: Nandini (Recreation Coordinator) Ext.: 233 reccoordinator@stlp.ca Tu B'Shevat Begins	1 10:00 Hymn Sing 11:00 Exercise 1:30 Writing Love Letter  3:00 Bowling Groundhog Day	2 9:30 Exercise 10:00 Dog Visits with Dixie  1:30 Bingo – (Stenhouse) 3:15 Love Replayed	3 10:00 Chapel-(Stenhouse) 11:00 Exercise  1:30 Human Society Art Program- (Stenhouse)	4 1:30 Men's Group 1:45 Cupid Claws  6:15 Sing Along	5 Winter Olympics Begin 6 10:00 Hespeler Public Visit  1:30 Spiritual Visits 3:15 Musical Trivia 3:00 Virtual Visit	7 10:00 Crafty Cupid 
1:30 Ladder Ball Toss 	8 10:00 Dog visits with Teddy 11:00 Exercise  2:00 Valentines Party with Brent Meisner -	9 9:30 Exercise  12:00 Couples Lunch 3:00 Residents' Council	10 10:00 Chapel- (Stenhouse) 11:00 Exercise  2:00 Anglican Church Service	11 9:30 Butterfly Conservatory Outing  1:30 Crafters Corner: Watercolour Hearts	12 10:00 Door decorating judging 10:00 Horse Races 1:30 Friendly Visits  2:30 Dog Visits with Dierks 3:00 Virtual Visit	13 3:00 Love at First Word  Valentine's Day
15 	16 1:30 Family Traditions  3:00 Finish the Lyrics Family Day Presidents' Day (U.S.)	17 9:30 Exercise  1:30 Bingo –(Stenhouse) Ramadan Begins Mardi Gras Chinese New Year (Year of the Horse)	18 10:00 Chapel- (Stenhouse) 11:00 Exercise  2:00 Catholic Mass	19 2:00 S 	20 10:00 In the Kitchen: Cocoa Oat Balls  1:30 Music with Katie 3:00 Virtual Visit 3:15 Name that Tune	21 
Winter Olympics End 22 1:30 Dog Visits with Nelson 	23 10:00 Java Time 11:00 Exercise 1:30 Men's Group  1:45 Mani time	24 9:30 Exercise 10:00 Winter Drive Outing 1:30 Bingo –(Stenhouse)  3:30 Snoezelen	25 10:00 Chapel- (Aud) 11:00 Exercise  1:30 Coffee and Chats 3:00 Groove on Elvis	26 10:00 Visiting Library 2:00 Birthday Celebration with Martin Wall-(Stenhouse)  6:00 Hand Massage	27 10:00 Deck Of Cards 1:30 Crafty Sprouts  3:15 Calendar Hand Outs 3:00 Virtual Visit	28 1:30 Actives Games with Claire 

Check out the "Events Calendar" at www.saintlukesplace.ca/ Program times and locations may change at times. Please refer to the whiteboards on each unit for any change.