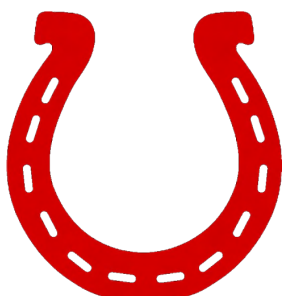


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 July 2026 A-Lower Activities Calendar Saint Luke's Place Long Term Care			10:00 Finish The Canadian Phrase (CA) HAPPY CANADA day Canada Day	7:30 Exercise Class (CA) 10:00 Sunshine Social Hour (CY) 	10:00 Chapel (SH) 1:30 Choir Practice with Katie (SH) 	10:00 Name That Tune (CA)  Independence Day (U.S.)
1:1 - One on One AR - Activity Room CA - Common Area CH - Chapel CY - Courtyard FL - Front Lounge SH - Stenhouse	5 1:30 Portuguese Rosary (FL) 1:45 Gardening Club (CY) 6:00 Snoezelen (AR) 	6 7:30 Exercise Class (CA) 10:00 Chocolate Delight Social (CY) 1:30 Full Home Bingo (SH) 	7 10:00 Chapel (SH) 2:00 Country Drive Outing 	8 7:30 Exercise Class (CA) 10:00 Mega Tetris (CA) 2:00 Happy Hour with Susie Q (SH) 3:30 Sundown Slowdown (1:1) 	Twin Theme Day 10:00 Find your Twin (CA) 1:30 Music with Katie (CA) 3:00 Outdoor Visits (CY) 	11  Independence Day (U.S.)
1:30 Shuffleboard (CA) 3:00 Sundown Slowdown (1:1) 	12 11:00 Riverside Park Outing 1:30 Bible Study (CA) 	13 7:30 Exercise Class (CA) 10:00 Bounce-a-Point (CA) 1:30 Full Home Bingo (SH) 3:00 Residents' Council (SH)  Bastille Day	14 10:00 Chapel (SH) 1:30 Java Time: Making Mistakes (CA) 	15 7:30 Exercise Class (CA) 10:00 Gardening Club (CY) 1:30 Fact or Fiction? (CA) 3:00 Bocce Ball (CA) 	17 1:30 Hymn Sing (CA) 4:00-7:00 Fun in the Sun 	18 1:30 Virtual World Visits (CA) 3:00 Sundown Slowdown (1:1) 
19 	20 10:00 Hymn Sing (CA) 1:30 Butterfly Conservatory Outing 1:30 Fizz & Fun Painting (CY) 3:00 Finish The Lyrics (CA) 6:00 Bedtime Stories (CA) 	21 7:30 Exercise Class (CA) 10:00 Balloon Badminton (CA) 1:30 Full Home Bingo (SH) 1:45 In the Kitchen: Banana Bread (AR) 	22 10:00 Chapel (SH) 1:30 Cards & Board Games (SH) 1:30 Java Time: The Joy of Giving (CA) 3:00 Montessori Activities (CA) 	23 7:30 Exercise Class (CA) 10:00 Hespeler Reunion Parade Viewing (SH) 1:30 Name 5 (CA) 3:00 Summertime Creations (AR) 	Sparkle & Roll 10:00 Slices and Sips Social (CY) 2:00-3:30 Sparkle & Roll (Front Drive Way) 	25 
10:00 Horseshoes (CA) 	26 1:30 Sunshine Art (CY) 3:00 Ring Toss (CA) 6:00 Matching Pairs (CA) 	27 7:30 Exercise Class (CA) 10:00 Dog Visits with Dixie (1:1) 1:30 Full Home Bingo (SH) 3:00 Elvis Presley Sing Along (CA) 	28 10:00 Chapel (SH) 1:30 Outdoor Birthday Bash (CY) 	29 7:30 Exercise Class (CA) 10:00 Visiting Library (FL) 2:00 Birthday Party with Jeff Poolton (SH) 3:30 August Calendar Handouts & Friendly Visits (1:1) 	30 10:00 Bible Study (CA) 	31 Contact Tyler Recreation Coordinator reccoord@saintlukesplace.ca or EXT 233 

Check out the 'Events Calendar' at www.saintlukesplace.ca. Program times and location may change at times. Please refer to the whiteboards on each unit for any changes.