

Sunday

Monday

Tuesday

Wednesday

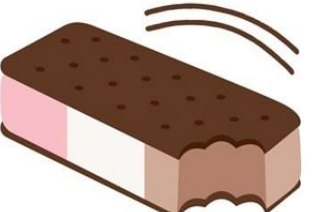
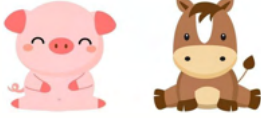
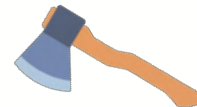
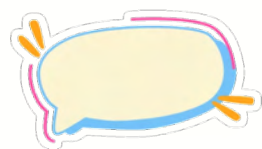
Thursday

Friday

Saturday

July 2026

A-Main Activities Calendar Saint Luke's Long-Term Care

1:30 Music Trivia (ACT) Sundown Slowdown 	10:00 Bible Study (ACT) 1:30 Portuguese Rosary (FL)  Sundown Slowdown 6:15 Sunset Shuffle Lounge: UNO (DR)	10:00 Dog Visits with Dixie 10:15 Exercise Class (CA)  1:30 Full Home Bingo (SH) Seasonal Decorating	Happy Birthday Edward! 10:00 The Maple Meetup: All About Canada (DR)  2:00 Celebrating Canada: Trivia & Social with A-Second (SH) Canada Day	10:30 Exercise Class (DR)  1:30 Piano Melodies & Music with Katrina (SH) 3:15 Nature Trail Treasure Hunt in the Garden (1:1)	10:00 Chapel (SH)  1:30 Harmony Hour: Choir Practice with Katie (SH) 1:30 Spiritual Visits 3:00 Crafters Corner: Watermelon Window Art (DR)	 Independence Day (U.S.) 10:00 Ice Cream Sandwich Social (DR) 
	Happy Birthday Jan! 11:00 Community Outing: Lunch at Riverside Park  Sundown Slowdown	10:15 Exercise Class (CA)  1:30 Full Home Bingo (SH) 3:00 Residents Council (SH) Bastille Day	10:00 Chapel (SH)  1:15 Exercise Class (ACT) 1:30 Summer Sips: Sip & Slush Treat Trolley with A2nd	10:00 Virtual Visit 10:30 Exercise Class (DR)  1:30 Brains & Banter: Music Trivia (DR) 3:00 Whiteboard Wisdom: What is your Honest Advice?	4:00-7:00 Fun in the Sun Event (Petting Zoo • Entertainment with Wally Maggs • Food Trucks • Outdoor Games • 50/50) 	1:30 Candy Bar Bingo (DR) 
TODAY IS A GOOD DAY 	1:30 Community Outing: Butterfly Conservatory  Sundown Slowdown 6:15 Sunset Word Scramble: Scrabble / Board Games (CA)	Morning Connections 10:15 Exercise Class (CA)  1:30 Full Home Bingo (SH) 3:00 Crafters Corner: Ice Cream Suncatchers	10:00 Chapel (SH) 1:15 Exercise Class (ACT)  1:30 Outdoor Spiritual Visits 1:30 Cards & Games (SH) 3:00 Slice of Summer Social (DR)	10:00 Hespeler Reunion Parade Showing (SH) 10:30 Exercise Class (DR)  1:30 Midday Manicures (1:1) 3:00 Fit & Fun: Axe Throwing (DR)	10:15 Play & Connect: Connect 4 / Cards (DR)  1:30 Music with Katie (DR) 2:00-3:30 Sparkle & Roll	
1:30 Summertime Sweets: Beat the Heat Bash (DR) Sundown Slowdown 	Happy Birthday Isabel! 10:30 Bible Study 1:30 Riddle Me This (CA)  3:00 Seasonal Decorating 6:00 Virtual Visit 6:15 Golden Hour Word Game Gatherings (CS)	Morning Moments 10:15 Exercise Class (CA)  1:30 Full Home Bingo (SH) 3:00 Travelling Tropical Cupcake Cruise with A2nd	10:00 Chapel (SH) 1:15 Exercise Class (ACT)  1:30 Brains & Banter: Fact or Fiction? (DR) 3:00 Fit & Fun: Ladder Ball	10:00 Visiting Library 10:30 Exercise Class (DR)  2:00 Birthday Bash with Jeff Poolton (SH)	Happy Birthday Brenda & Sally! 10:00 A Trip Down Memory Lane (CA)  1:30 Outdoor Spiritual Visits 1:45 Words on Words (DR) 3:00 Calendars Handouts	CC – Cozy Corner DR – Dining Room SH – Stenhouse ACT – Activity Rm CS – Coffee Shop CA – Common Area CH – Chapel 1:1 – One on One FL – Front Lounge

Check out the 'Events Calendar' at www.saintlukes.ca. Program times and location may change at times. Please refer to the whiteboards on each unit for any changes.