

Sunday

Monday

Tuesday

Wednesday

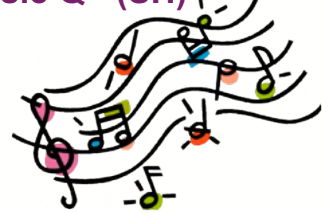
Thursday

Friday

Saturday

July 2026

E-Wing- Saint Luke's Place Long Term Care

10:00 Hello Summer Photoshoot 	10:00 Throw Hard –(AR) 11:00 Exercise 1:30 Portuguese Rosary –(FL)  1:45 Hand massage and beauty bar – (1:1)	9:30 Exercise 10:00 This, That & Fun  1:30 Bingo- (SH)	<u>Happy Canada Day!</u> 1 1:30 Oh Canada Celebration!  Afternoon visits Canada Day	1:30 Crafter's corner –(AR) 2 3:15 Sunlit Escape  6:00 Montessori Moments –(1:1)	10:00 Grocery shopping game –(AR) 3 1:30 Choir Practice with Katie- (SH)  2:30 Dog Visits with Dierks – (1:1)	4 Independence Day (U.S.) 
5 10:00 Hello Summer Photoshoot 	6 10:00 Throw Hard –(AR) 11:00 Exercise 1:30 Portuguese Rosary –(FL)  1:45 Hand massage and beauty bar – (1:1)	7 9:30 Exercise 10:00 This, That & Fun  1:30 Bingo- (SH)	8 10:00 Chapel –(SH) 11:00 Exercise  1:30 Name that tune –(TA) 2:00 Country Drive Bus – (Outing) 3:00 Hangman –(TA)	9 2:00 Happy Hour with Susie Q - (SH)  6:00 Trivial pursuit –(AR)	10 Twin Theme Day 10:00 Crazy 8 1:45 Matching Butterfly craft for dining area –(AR)  3:30 Iced tea social –(TA)	11 1:30 Riddle Me This –(TA)  Hespeler Reunion Weekend
Legends:- FL- Front Lounge AR- Activity room SH- Stenhouse TA- TV Area RR- Resident Room 1:1- One-on-one visit Hespeler Reunion Weekend	12 10:00 Java Time –(AR) 11:00 Lunch at Riverside Park –(Outing) 11:00 Exercise 1:30 Bible Study –(AR)  3:00 Ice-cream popsicle – (1:1)	13 9:30 Exercise 10:00 Ladder Ball –(AR)  1:30 Bingo- (SH) 3:00 Residents Council –(SH) 3:30 Outdoor strolls –(1:1) Bastille Day	14 10:00 Chapel –(SH) 11:00 Exercise  1:30 Who Am I? –(AR)	15 1:30 Piano Melodies with Katrina- (SH)  3:15 Wild Cards –(AR) 6:00 Story telling –(AR)	16 Fun in the Sun (4-7 pm) Petting Zoo*Wally Maggs*Outdoor Games* Food Trucks* Raffles* 	17 10:30 Cambridge Seventh-Day Adventist Church Children's Visit- (SH) 
18 10:00 Ring toss –(AR) 	19 9:15 Rise and shine visit – (1:1) 11:00 Exercise  1:30 Butterfly Conservatory – (Outing) 1:30 Outdoor Spiritual Visits	20 9:30 Exercise 10:00 Dog visit with Dixie – (1:1)  1:30 Bingo- (SH) 3:30 Complete the lyrics!	21 10:00 Chapel –(SH) 11:00 Exercise  1:30 Cards & Games –(SH)	22 10:00 Hespeler parade viewing- (SH) 1:30 Slushies in the making- (AR)  3:15 Tetris –(AR) 6:00 Sinatra Nights –(AR)	23 10:00 Bowling –(AR) Sparkle and Roll (2:00 pm- 3:30 pm) 	24 1:30 Waffle wonderland social –(AR)  Sundown Slowdown
25 1:30 Shorely Creative –(AR) 	26 10:00 Coffee and tea social –(AR)  11:00 Exercise 1:30 Guess who? –(AR)	27 9:30 Exercise  1:30 Bingo- (SH)	28 10:00 Chapel –(SH) 11:00 Exercise 1:30 Outdoor Spiritual Visits 1:30 Armchair travel to Diomedes islands –(AR) 3:30 Volleyball toss –(TA) 	29 10:00 Visiting Library –(FL)  2:00 Birthday Party with Jeff Poolton- (SH) 6:00 Bring Back those memories! –(AR)	30 10:00 Jenga Jam –(AR) 1:30 Music with Katie –(TA)  3:30 Calendar distribution and friendly visit –(1:1)	31 Contact: Nandini (Recreation Coordinator) Ext.: 233 reccoordinator@stlp.ca

Check out the "Events Calendar" at www.saintlukesplace.ca/ Program times and locations may change at times. Please refer to the whiteboards on each unit for any change.

