

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Contact Tyler Recreation Coordinator reccoord@saintlukesplace.ca or EXT 233		7:30 Exercise Class (CA) 10:00 Balloon Badminton (CA) 2:00 Cambridge Ukelele Club (SH)	10:00 Chapel (SH) 2:00 Celebration of Life (SH) 3:30 Snoezelen (CA)	7:30 Exercise Class (CA) 10:00 School Bus Assembly (AR) 1:30 Virtual World Visits (CA)	Fun Scrub Print Day 10:00 Sweet Treat Social (CY) 1:30 Men's Group (SH) 3:00 Name That Dessert (CA)	10:00 Manicures & Melodies (CA)
1:30 Montessori Activities (CA) 3:00 Mega Connect Four (CA)	1:30 Dog visits with Nelson 3:30 Labour Day Sing Along (CA) Labor Day	7:30 Exercise Class (CA) 10:00 Bocce Ball (CA) 2:00 Grandparents Hoedown with Wally Maggs (SH)	10:00 Chapel (SH) 2:00 Anglican Church Service (CH) 3:00 Scarecrow Workshop (AR)	7:30 Exercise Class (CA) 10:00 School Picture Social (CA) 1:30 Name 5 Autumn Edition (CA) 3:00 Outdoor Visits (CY)	Sunflower Day 10:00 Bible Study (CA) Rosh Hashanah Begins	1:1 - One on One AR - Activity Room CA - Common Area CH - Chapel CY - Courtyard FL - Front Lounge SH - Stenhouse
1:30 Horse Races (CA) 3:00 Sundown Slowdown (1:1) Grandparents Day	10:00 Residents' Council Presentation with Erin (SH) 1:30 Portuguese Rosary (FL) 1:45 Afternoon Connections (1:1) 2:30 Cards & Board Games (SH) 3:00 Apple Name Craft (AR) 6:00 Snoezelen (AR)	7:30 Exercise Class (CA) 10:00 Dog Visit with Dixie (CA) 1:30 Full Home Bingo (SH) 1:45 Java Time: Getting to Know You (CA) 3:00 Residents' Council (SH) 3:00 Sundown Slowdown (1:1)	10:00 Chapel (SH) 2:00 Roman Catholic Mass (CH) 3:00 Name That Tune (CA)	7:30 Exercise Class (CA) 10:00 Fall Suncatchers (AR) 2:00 50th Anniversary Celebration with Martin Wall (SH)	Goats & Sports Fun of All Sorts! 10:00 Beyond Goats Visit 1:30 In The Kitchen: "Cheeseburger" Cupcakes (AR) 3:00 Guac and Roll (AR)	10:00 Ale & Tiles (AR) Oktoberfest Begins
1:30 Dog Visit with Nelson (CA) 3:00 Sundown Slowdown (1:1) Yom Kippur Begins	10:00 Harvest Moon Restaurant Outing	Fall Into Flannel 7:30 Exercise Class (CA) 2:00 Fall Social & Scarecrow Judging (SH) 3:30 Sundown Slowdown (1:1) 6:00 Bedtime Stories (CA) Autumn Begins	10:00 Chapel (SH) 1:30 Full Home Bingo (SH) 3:00 Fruits or Vegetables (CA)	7:30 Exercise Class (CA) 10:00 Visiting Library (FL) 2:00 Birthday Party with Conn Smythe (SH)	10:00 Balloon Badminton (CA) 1:30 Choir Practice (SH) 1:30 Bible Study (CA) 3:00 Mega Tetris (CA) Sukkot Begins	1:30 Montessori Activities (CA) 3:00 Name That Tune (CA)
10:00 Virtual World Visits (CA)	9:30 Strom's Farm Outing 1:30 Sunshine Songs (CA) 3:00 Name One Game (CA) 6:00 Evening Strolls (1:1)	7:30 Exercise Class (CA) 10:00 Ring Toss (CA) 1:30 Full Home Bingo (SH) 1:30 Birthday Bash (CA) 3:00 Snoezelen (AR)	National Truth and Reconciliation Day 10:00 Chapel (SH) 1:30 Java Time: Helping Others (CA) 3:00 October Calendar Handouts & Friendly Visits (1:1)	September 2026 A-Lower Activities Calendar Saint Lukes Place Long Term Care		

Check out the 'Events Calendar' at www.saintlukesplace.ca. Program times and location may change at times. Please refer to the whiteboards on each unit for any changes.