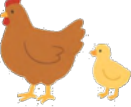


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
CC – Cozy Corner DR – Dining Room SH – Stenhouse ACT – Activity Rm CA – Common Area CH – Chapel 1:1 – One on One FL – Front Lounge		9:30 Resident Challenge: 1 Knock It Off (CA) 10:30 Exercise Class (CA)  2:00 Cambridge Ukulele Club (SH)	10:00 Chapel (SH) 2 1:15 Exercise Class (ACT)  2:00 Celebration of Life	9:30 Art for the Gala: Elegant Expressions (DR) 3 10:30 Exercise Class (DR) 	Fun Scrub Print Day! 4 9:30 Virtual Reality: Passport to Adventure (CA) 10:00 Spiritual Visits (1:1)  1:30 Men's Group (SH)	10:00 Gala Glamour: Creative Creations (DR) 5 
Contact Maddy Recreation Coordinator recreation@stlp.ca or Ext 233	6 10:00 Traveling Treat Cart: 7 Raspberry Lemonade Slushies  6:15 Brains & Banter: Job Jamboree (DR) Labor Day	10:30 Exercise Class (CA) 8  2:00 Grandparent Hoedown & Entertainment with Wally Maggs (SH)	10:00 Chapel (SH) 9 1:15 Exercise Class (ACT)  2:00 Anglican Church Service (CH) 3:00 Crafters Corner: Leafy Window Wonders	National School Picture Day 10 9:30 Picture This for Picture Day! (CA) 10:30 Exercise Class (DR)	Sunflower Day! 11 9:30 Name that Gig (DR) 11:00 Summer Strolls  1:30 FIELD Categories (DR) 3:00 Seasonal Sweets Social: Apple Crumble (DR) Rosh Hashanah Begins	FALL is my favorite COLOR 12 
10:00 Glazed & Amazed Grandparents Social (DR) 13  Grandparents Day	10:00 Resident's Council Presentation with Erin (SH) 14 1:30 Portuguese Rosary (FL)  2:30 Full Home Cards & Games (SH) 6:00 Evening Bingo (DR)	10:30 Exercise Class (CA) 15  1:30 Full Home Bingo (SH) 3:00 Residents Council 6:00 Stitch & Straw (DR)	10:00 Chapel (SH) 16 1:15 Exercise Class (ACT)  2:00 Catholic Mass (CH) Scarecrow Workshop	9:30 Seasonal Door Decorating (CA) 17 10:30 Exercise Class (DR)  2:00 50th Anniversary Celebration with Martin Wall (SH)	Goats & Sports Fun of all Sorts! 18 10:00 Beyond Goats Visits  1:30 Tots & Tunes (SH) 3:00 Crafters Corner: Jersey Lab (DR)	1:30 Fit & Fun: Bowling Mania (DR) 19  3:00 Midday Moments (1:1) Oktoberfest Begins
10:00 Movement & Motive Ring Toss (DR) 20  Yom Kippur Begins	10:00 Harvest Moon Lunch Outing 21 1:30 Full Home Bingo (SH)  3:00 Crafters Corner: Prickly Pumpkin Patch Pal (DR) 6:00 Evening Bingo (DR)	Fall into Flannel Day! 22 10:00 Dog Visits with Dixie 10:30 Exercise Class (CA)  2:00 Fall Fest Social & Scarecrow Judging (SH) Autumn Begins	10:00 Chapel (SH) 23 1:15 Exercise Class (ACT)  1:30 Full home Bingo (SH) 3:00 Would you Rather: Fall Edition (CA)	9:30 Beat the Beat (DR) 24 10:00 Visiting Library 10:30 Exercise Class (DR)  2:00 Birthday Bash with Conn Smythe (SH)	9:30 Word Play: ABC's (CA) 25 10:45 Spiritual Visits (1:1)  1:30 Choir Practice with Katie 3:00 Sip into September Social: Cider & Smarts (DR) Sukkot Begins	10:00 Autumn Themed Bingo Bash (DR) 26 
1:30 Dog Visits with Nelson Sundown Slowdown 27 	9:30 Community Outing: Strom's Farm Outing 28 10:00 Bible Study (ACT) 1:30 Motion Magic: Axe Throwing (DR)  3:00 Monday Mani's (1:1) 6:00 Evening Bingo (DR)	9:30 Seasonal Door Decorating (CA) 29 10:30 Exercise Class (CA)  1:30 Full Home Bingo (SH) 3:00 Tuesday Timbits & Trivia (DR)	National Truth & Reconciliation Day 30 10:00 Chapel (SH) 1:15 Exercise Class (ACT)  1:30 Make it & Market Craft: Christmas Cards (DR) 3:00 Calendar Handouts & Friendly Visits (1:1)	September 2026 A-Main Activities Calendar Saint Luke's Long-Term Care		

Check the "Events Calendar" at www.saintlukesplace.ca/. Program times and location may change at times. Please refer to the whiteboards on each unit for any changes.