

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
E-Wing Saint Luke's Place Long Term Care						
10:00 Name that tune! – (TA)	1:30 Labor Day scramble – (AR) Sundown Slowdown Labor Day	9:30 Exercise 10:00 Foil-tastic Fun –(AR) 2:00 Cambridge Ukulele Club- (SH)	10:00 Chapel- (SH) 11:00 Exercise 2:00 Celebration of Life –(SH)	1:30 Scarecrow décor (Part-1) –(AR) 6:00 Who Am I? –(AR)	<u>Fun Scrub Print Day</u> 10:00 Fun Rolling in Dough making –(AR) 1:30 Men's club –(SH) 1:45 Treats on wheels –(RR) 3:00 Scarecrow décor (Part-2) –(AR)	Contact: Nandini (Recreation Coordinator) Ext.: 233 reccordinator@stlp.ca
10:00 Chapel- (SH) 11:00 Exercise 2:00 Anglican Service- (Chapel) 3:00 Virtual Visit 3:30 Hola, Nicaragua! –(AR)	1:30 Piano Melodies with Katrina- (SH) 3:30 Pie and hour –(RR) 6:00 1970's Trivia –(AR)	10:00 Clay Holiday Creations –(AR) 1:30 Music with Katie –(TA) 3:15 Sunflower photo shoot – (AR) <u>Sunflower Day</u> Rosh Hashanah Begins	10:00 Ball Bonanza			
<u>Legends: -</u> FL- Front Lounge AR- Activity room SH- Stenhouse TA- TV Area RR- Resident Room 1:1- One-on-one visit Grandparents Day	10:00 Residents Council Presentation with Erin –(SH) 10:00 Hymn Sing- (AR) 11:00 Exercise 1:30 Portuguese Rosary – (FL) 1:45 Fall in Tip – (1:1) 2:30 Board Games & Card- (SH)	9:30 Exercise Class 10:00 Quiz & Coffee –(AR) 1:30 Bingo- (SH) 3:00 Residents Council –(SH) 3:30 Outdoor walks – (1:1)	10:00 Chapel- (SH) 11:00 Exercise 2:00 Roman Catholic Mass- (Chapel) 3:00 Virtual Visit 3:30 Ring toss –(AR)	2:00 50TH anniversary with Martin Wall- (SH) 6:00 Virtual World Visits with A-Second –(SH)	10:00 Beyond Goats Visit –(Outside) 1:30 Autumn Art adventure – (AR) 3:00 Ladder ball- (AR) <u>Goats & Sports Fun of all Sorts!</u> Oktoberfest Begins	Oktoberfest
1:30 Cookie Cheer –(AR) 3:30 Out and about – (1:1) Yom Kippur Begins	10:00 Dog visit with Teddy 11:00 Exercise 10:00 Harvest moon restaurant outing 1:30 Balloon Toss –(AR) 3:00 Fall home décor –(1:1)	9:30 Exercise 2:00 Harvest & Hay: Scarecrow Day Fall into Flannel Day First Day of Fall Autumn Begins	10:00 Chapel- (SH) 11:00 Exercise 1:30 Bingo –(AR) 3:00 Virtual Visit 3:30 Fall tree crafts –(AR)	10:00 Visiting Library- (café) 2:00 Birthday Party with Conn Smythe- (SH) 6:00 Fall into Fun door décor	10:00 Fall window wonders–(AR) 10:45 Spiritual Visits (1:1) 1:30 Choir Practice- (SH) 3:00 Tim Hortons social – (AR) Sukkot Begins	10:00 Music trivia –(AR)
9:30 Strom's Farm Outing 11:00 Exercise 3:00 Tabletop fun –(AR)	9:30 Exercise 10:00 Fall wreath craft –(AR) 1:30 Bingo- (SH) 3:30 Complete the lyrics! – (AR)	National Truth and Reconciliation Day 10:00 Chapel- (SH) 11:00 Exercise 1:30 Bible Study- (AR) 1:30 Grocery shopping game – (AR) 3:00 Virtual Visit 3:00 Calendar distribution and friendly visit – (1:1)	September 2026			

