

| Sunday                                                                                                                                          | Monday                                                                                                                                                                                                                                                  | Tuesday                                                                                                                                                                                                                                                                             | Wednesday                                                                                                                                                                                             | Thursday                                                                                                                                                                                                                                   | Friday                                                                                                                                                                                                   | Saturday                                                                                                                                                                                     |
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|                                                               |                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                                                     |                                                                                                                                                                                                       | <b>National Seniors' Day 1</b><br>7:30 Exercise Class (CA)<br>10:00 Once Upon a Career (CA)<br>2:00 <b>Oktoberfest Party with Kevin Coates (SH)</b><br> | <b>Fall Colours Day 2</b><br>10:00 Pick and Play (AR)<br>1:30 Music with Katie (SH)<br>3:00 Afternoon Walks (1:1)<br> | 3<br>Contact Tyler<br>Recreation Coordinator<br>reccoord@saintlukesplace.ca<br>or EXT 233<br>Simchat Torah Begins                                                                            |
| 1:30 Dog Visits with Nelson (1:1)<br>3:15 Sundown Slowdown<br> | 1:30 Portuguese Rosary<br>1:45 Afternoon Connections (1:1)<br>3:00 Roll to 31 (AR)<br>6:00 Snoezelen (AR)<br>                                                          | <b>Sweaters, Ciders, and Smiles 6</b><br>7:30 Exercise Class (CA)<br>10:00 Balloon Badminton (CA)<br>1:30 Baking Pumpkin Spice Muffins (AR)<br>3:00 Are You Chicken? (CA)<br>                    | 10:00 Chapel (SH)<br>1:30 Ciders and Cozy Crafts (AR)<br>3:00 Montessori Activities (1:1)<br>                     | 7:30 Exercise Class (CA)<br>10:00 Autumn Harvest Social (CA)<br>1:30 Virtual World Visits (CA)<br>                                                      | 1:30 Choir Practice with Katie (SH)<br>                                                                               | 10:00 Songs of the Scouts (CA)<br>                                                                        |
|                                                               | <b>11</b> 10:00 Crafters Corner: Thankful Door Quilts (AR)<br>3:00 Bocce Ball (CA)<br><br>Indigenous Peoples' Day<br>Columbus Day (U.S.)<br>Thanksgiving Day (Canada) | <b>12</b> 7:30 Exercise Class (CA)<br>10:00-12:00 <b>Municipal Elections Voting (SH)</b><br>1:30 Full Home Bingo (SH)<br>3:00 <b>Residents' Council (SH)</b><br>3:00 Sundown Slowdown (1:1)<br> | <b>14</b> 10:00 Chapel (SH)<br>2:00 Anglican Service (CH)<br>3:00 Halloween Decorating Time (CA)<br>              | <b>15</b> 7:30 Exercise Class (CA)<br>10:00 Java Time: Loss (CA)<br>1:30 Piano Melodies with Katrina (SH)<br>3:00 The Magic List (AR)<br>             | <b>Back To The 70's 16</b><br>10:00 Finish The Lyrics (CA)<br>1:30 <b>Fall Country Drive Outing</b><br>             | 10:00 Balloon Badminton (CA)<br>                                                                         |
| 1:30 Virtual World Visits (CA)<br>3:00 Mega Tetris (CA)<br>  | <b>18</b> 1:30 Full Home Bingo (SH)<br>3:00 Seed Scoop Dice Game (AR)<br>6:00 Bedtime Stories (CA)<br>                                                               | <b>20</b> 7:30 Exercise Class (CA)<br>10:00 Dog Visits with Dixie (1:1)<br>2:00 <b>Birthday Party with John Moorehouse (SH)</b><br>                                                             | <b>21</b> 10:00 Chapel (SH)<br>2:00 Roman Catholic Mass (CH)<br>3:00 Crafters Corner: Halloween Wreaths (AR)<br> | <b>22</b> 7:30 Exercise Class (CA)<br>10:00 Bowling (CA)<br>1:30 Java Time: Letting Go (CA)<br>                                                       | <b>Pumpkins &amp; Pajamas 23</b><br>1:30 Hymn Sing (CA)<br>                                                         | 10:00 Name That Tune (CA)<br>                                                                           |
| <b>25</b>                                                    | <b>26</b> 1:30 Bible Study (CA)<br>3:00 Montessori Activities (1:1)<br>6:00 Go Fish (CA)<br>                                                                         | <b>27</b> 7:30 Exercise Class (CA)<br>10:00 <b>Harvest Moon Outing</b><br>                                                                                                                      | <b>28</b> 10:00 Chapel (SH)<br>1:30 Birthday Bash (CA)<br>3:00 Ring Toss (CA)<br>                                | <b>29</b> 7:30 Exercise Class (CA)<br>10:00 Visiting Library (FL)<br>1:30 Piano Melodies with Katrina (SH)<br>3:00 Mega Connect 4 (CA)<br>            | <b>Costume Theme Day 30</b><br>10:00 Halloween Word Scramble (AR)<br>2:00 <b>Halloween Bash with Bob MacLean (SH)</b><br>3:30 November Calendar Handouts & Friendly Visits (1:1)                         | <b>31</b> 3:00 Crafters Corner: Dot-To-Dot Yarn Art (AR)<br>6:00-7:00 <b>Trick or Treating (FE)</b><br> |

Check out the 'Events' Calendar at [www.saintlukesplace.ca](http://www.saintlukesplace.ca). Program times and locations may change. Please refer to the whiteboards on each unit for any changes.