

Sunday

Monday

Tuesday

Wednesday

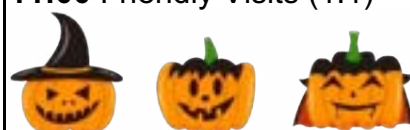
Thursday

Friday

Saturday

October 2026

A-Main Activities Calendar - Saint Luke's Long-Term Care

October 2026 A-Main Activities Calendar - Saint Luke's Long-Term Care				10:30 Exercise Class (DR) 1	Fall Colours Day 2	Contact Mallory Life Enrichment & Program Manager mspringall@stlp.ca or EXT. 244 Simchat Torah Begins
10:00 Mixed-Up Firefighters (DR) 4 	10:00 Manicures & Chats (1:1) 5 1:30 Portuguese Rosary 	Sweaters, Ciders & Smiles 6 10:15 Exercise Class (ACT) 3:00 Video Call 3:15 Who Am I? (DR)	10:00 Chapel (SH) 7 1:15 Exercise Class (ACT) 1:30 Name that TV Theme Song (ACT) 3:00 Thanksgiving Colouring & Chats	10:00 What are you Thankful for? (CA) 8 10:30 Exercise Class (DR) 1:30 Piano Melodies with Katrina (SH) 3:00 Apple Cider & Trivia (DR) 	10:00 Name 10 (CA) 1:30 Seasonal Decorating 2:30 Dog visits with Dierks (1-1)	
 11	1:30 Thanksgiving Word Game (CA) 12 3:00 Friendly visits (1:1) 6:15 Evening Bingo (DR) Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	10:00-12:00 Municipal Election Voting (SH) 13 10:15 Exercise Class (ACT) 1:30 Full Home Bingo (SH) 3:00 Residents Council (SH)	10:00 Chapel (SH) 14 1:15 Exercise Class (ACT) 2:00 Anglican Church Service (CH) 3:15 Halloween Decorating (CA)	10:30 Exercise Class (DR) 15 6:15 Evening Trivia (CA) 	Back to the 70's 16 1:30 Fall Country Drive Outing 1:30 Music with Katie (DR) 	1:30 Falling For Canada (CA) 10 3:00 Fall Tree Craft (DR) 
1:30 Dog Visits with Nelson (1:1) 18 3:15 Sundown Slowdown 	10:00 Boo in Bloom (CA) 19 1:30 Full Home Bingo (SH) 3:00 Friendly Visits (1:1)	10:15 Exercise Class (ACT) 20 2:00 Birthday Bash with John Moorehouse (SH) 	10:00 Chapel (SH) 21 1:15 Exercise Class (ACT) 2:00 Roman Catholic Mass (CH) 3:00 Spooktacular Scramble: Words on Words (ACT)	10:30 Exercise Class (DR) 22 1:30 Piano Melodies with Katrina (SH) 3:00 Video Call 3:15 Creepin' it Creative (CA) 	Pumpkins & Pajamas 23 10:00 Hymn Sing (ACT) 	1:30 Remembering Halloween Songs (CA) 17 3:00 Bowling (DR) 
 25	10:00 Bible Study (ACT) 26 1:30 Pumpkin Carving with A-Second- Stenhouse 	10:00 Friendly Visits and Manicures (1:1) 27 10:00 Harvest Moon Outing 10:15 Exercise Class (ACT) 	10:00 Chapel (SH) 28 1:15 Exercise Class (ACT) 1:30 Mixed-Up Halloween Monsters (CA) 3:00 Coffee Filter Bat Craft (DR)	10:00 Visiting Library (FL) 29 10:30 Exercise Class (DR) 11:00 Friendly Visits (1:1) 	Costume Theme Day 30 2:00 Halloween Bash with Bob MacLean (SH) 	Happy Halloween 31 1:30 Calendar Handouts and Friendly Visits 6:00-7:00 Trick or Treating Halloween

Check the "Events Calendar". Program times and location may change at times. Please refer to the whiteboards on each unit for any changes.