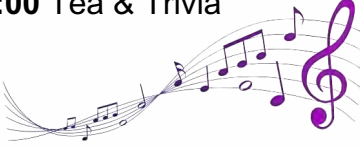


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 October 2026 E-Wing Activities Calendar Saint Lukes Place- Long Term Care				2:00 Oktoberfest Party with Kevin Coates (SH) 1 6:00 Fall Pictionary (AR) 	<u>Fall Colours Day</u> 2 10:00 Spiritual Visits 1:30 Café Visits & Strolls (1:1) 3:00 Active Games (AR)	3  Simchat Torah Begins
1:30 Musical Bean Bag Toss (AR) 3:00 Friendly visits (1:1) 	4 10:00 Hymn Sing (CA) 5 11:00 Exercise Class (AR) 1:30 Portuguese Rosary (SH) 3:00 Bocce Ball (AR)	<u>Sweaters, Ciders & Smiles</u> 6 9:30 Exercise Class (CA) 10:00 Dog Visits with Dixie (CA) 1:30 Fall A-Z (AR) 3:00 Manicure moments (1:1)	7 10:00 Chapel (SH) 11:00 Exercise Class (AR) 1:30 Remembering Julie Andrews (CA) 3:00 Friendly Visits	8 1:30 Bingo (AR) 6:00 Short Stories & Treats (AR) 	9 1:30 Choir Practice-Stenhouse 3:00 Thankful Turkey Craft (AR)	10 Contact Becky Recreation Coordinator RWilkie@stlp.ca or EXT 233
<u>Happy Thanksgiving</u> 11 10:00 Autumn Trivia (AR) 	12 10:00 Thanksgiving Word Games (AR) 1:30 Active Games (AR) 	13 9:30 Exercise Class (CA) 10:00-12:00 Municipal Election Voting (SH) 1:30 Full Home Bingo (SH) 3:00 Residents' Council (SH) 3:00 Friendly Visits (1:1)	14 10:00 Chapel (SH) 11:00 Exercise Class (AR) 2:00 Anglican Service (SH) 3:00 Halloween Decorating	15 1:30 Piano Melodies with Katrina (SH) 3:00 Axe throwing (CA) 6:00 Tea & Trivia 	16 <u>Back to the 70's</u> 10:00 Name that TV Theme Song (AR) 1:30 Fall Country Drive Outing 3:00 Puzzles and Board Games (AR)	17 1:30 Jumbo Tetras (AR) 3:00 Elvis Presley Sing Along (CA) 
18 10:00 Name 10 (AR) 	19 10:00 Caption This Discussion 11:00 Exercise Class (AR) 1:30 Full Home Bingo (SH) 1:30 Spiritual Visits (CA) 3:00 Hot Chocolate Traveling Cart	20 9:30 Exercise Class (CA) 10:00 Lucky Dice Game 2:00 Birthday Party with John Moorehouse (SH) 	21 10:00 Chapel (SH) 11:00 Exercise Class (AR) 2:00 Roman Catholic Mass (SH) 3:00 Remembering Youth Scouts (AR)	22 1:30 Balloon Badminton 3:00 Halloween Rhyme Time (AR) 6:00 Manicures & Melodies 	<u>Pumpkins & Pajamas</u> 23 10:00 Bean Bag Toss (AR) 1:30 Friendly Visits (1-1) 2:30 Dog Visits with Dierks (CA)	24 
25 	26 10:00 Halloween Goodie Bag Prep 11:00 Exercise Class (AR) 1:30 Decorating Halloween Cookies (AR) 3:00 Bingo (AR)	27 9:30 Exercise Class (CA) 10:00 Harvest Moon Outing 1:30 Pumpkin Carving & Painting (AR) 3:00 Friendly Visits (1:1)	28 10:00 Chapel (SH) 11:00 Exercise Class (AR) 1:30 Remembering Halloween Songs (AR) 3:00 Cards & Board Games (AR)	29 10:00 Visiting Library (FL) 1:30 Piano Melodies with Katrina (SH) 3:00 Pumpkin Bowling 6:00 Bedtime Stories (AR)	<u>Costume Theme Day</u> 30 10:00 Pick and Play Game 2:00 Halloween Bash with Bob MacLean (SH) 	31 Happy Halloween! 4:30 Calendar Handouts 6:00-7:00 Trick or Treating (FL)  Halloween

Check out the 'Events Calendar' at www.saintlukesp.ca. Program times and locations may change. Please refer to the whiteboards on each unit for any changes.