

NEWSLETTER

SAINT LUKE'S PLACE



Welcome Home

Saint Luke's Place is situated in a beautiful park-like setting, reminding us that we are also part of the world around us. Our vision, mission and values statements are our commitment to you. Our purpose is to provide a welcoming and safe community for those we are privileged to serve.

Resident Bill of Rights

RIGHT TO BE TREATED WITH RESPECT

Every resident has the right to have their lifestyle and choices respected



WELCOME

WHEN YOU'RE HERE, YOU'RE HOME



Long Term Care

Angela F, Clara C, Colena L, Jean B, Gary F, Maurice D, Phyllis V, Richard R, Ronald G, Joan A, Mary G

Independent Senior Apartments

Jacqueline A, Elizabeth S, Joyce D, Ferdinand D



LAND ACKNOWLEDGMENT

We acknowledge that the lands on which our campuses are built are on the traditional territories of many nations. These include the Haldimand Tract, and the traditional territory of the Neutral, Anishinaabe (uh-NISH-ih-NAH-bay) and Haudenosaunee (Hoe-dee-no-SHOW-nay) peoples. These lands are part of the Dish with One Spoon Covenant Wampum between the Haudenosaunee and Anishinaabe peoples. We also acknowledge the enduring presence of all First Nations, Inuit, and Métis peoples, who continue to live here.

Saint Luke's Place respects that Indigenous people have rich cultural and traditional practices and are the traditional stewards of the lands and water upon which our campuses are built. Saint Luke's Place acknowledges the historical and ongoing injustices that Indigenous Peoples continue to endure in what we now call Canada. We commit ourselves to gain knowledge, forge new, culturally safe relationships, and contribute to reconciliation.



SARAH MCARTHUR
Director of Human Resources

MEET OUR TEAM

Sarah is a valued member of the Leadership Team, bringing over five years of experience at Saint Luke's Place and a strong background across the Human Resources portfolio, including recruitment, hiring, training, and team development. She also has extensive experience in Health and Safety. Her professional experience spans healthcare, construction, and government sectors, providing her with a well-rounded perspective and a strong understanding of regulatory requirements and compliance standards. Sarah holds certification in the Administrator Program through Advantage Ontario, reflecting her commitment to professional excellence and ongoing development. Known for her attention to detail and thorough approach, Sarah plays an important role in supporting organizational compliance and fostering a strong, engaged workforce. She resides in Cambridge with her family..

INFECTION PREVENTION AND CONTROL

BREAK THE CHAIN OF INFECTION

Flu Season

Flu season typically occurs during the fall and winter months. The flu is a contagious respiratory illness that can cause fever, cough, body aches, fatigue, and other symptoms. Getting vaccinated, staying home when sick, and practicing good hand hygiene are the best ways to help prevent the spread of influenza and protect yourself and others.

Flu Symptoms

Flu symptoms usually appear 1 to 4 days after exposure and can range from mild to severe. Common symptoms include:

- Fever, Cough, Muscle aches and body pain
- Chills, Fatigue, Headache, Sore throat, Runny or stuffy nose, Loss of appetite
- Nausea, vomiting, or diarrhea (in some cases)

Possible Complications

The flu can lead to serious health problems, including:

- Worsening of chronic health conditions, Heart complications
- Pneumonia or respiratory failure, Hospitalization, Death

If You Become Ill

You can spread the flu from 1 day before symptoms begin until about 5 days after symptoms start, with the highest risk of transmission during the first 3 days.

To help protect others:

- Stay home while you are sick, Avoid close contact with others
- Wear a mask if you need to be around people
- Wash your hands regularly, Cover coughs and sneezes

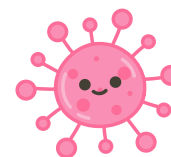
Most people recover within 7 to 10 days. If you are at higher risk of complications or develop severe symptoms, contact a healthcare provider.

Treatment

Most people recover with:

- Rest
- Plenty of fluids
- Over-the-counter medications to reduce fever and body aches

In some cases, antiviral medications may be prescribed for people who are very ill or at higher risk of complications.



Thinking of visiting a loved one? If you're feeling sick, please stay home

Why it matters

Think Before You Visit

What feels like a mild illness to you could be serious for someone in long-term care.

Colds & Flu Spread Easily

Illnesses like the flu or even a common cold can quickly spread in care settings.

Protect Vulnerable Residents

For someone already managing health challenges, even a minor illness can make recovery much harder.

So, if you're feeling under the weather—even just a little—it's best to skip the visit and stay home.



This link is a useful resource for visitors to check for any outbreak information before coming to Saint Luke's Place:
www.saintlukesplace.ca/outbreak-status/

LONG TERM CARE

WWW.SAINTLUKESPLACE.CA



QUALITY IMPROVEMENT



At Saint Luke's Place, quality improvement is at the heart of everything we do. We are committed to continually enhancing the care, services, and experiences we provide for our residents and their families. By listening to feedback from residents, families, staff, volunteers, and community partners, we identify opportunities to improve safety, comfort, quality of life, and the overall resident experience. Through collaboration, innovation, and a dedication to excellence, we strive to ensure that Saint Luke's Place remains a place where residents feel valued, supported, and at home.

As we look ahead, we are excited to continue building on this commitment through our new Strategic Plan, which will help guide our priorities and shape the future of Saint Luke's Place for years to come.

Stay tuned for more information about our Strategic Plan and the exciting initiatives ahead as we continue our journey of continuous improvement.



Make a Difference at Saint Luke's Place

Volunteers play an invaluable role in creating the warm, caring, and vibrant community our residents call home. Through companionship, support, and meaningful connections, volunteers help enrich the lives of our residents every day.

If you're looking for a rewarding way to give back, we invite you to join our volunteer team and make a lasting impact in the lives of seniors.

To learn more, contact: info@stlp.ca

Volunteer Requirements • Must be 18 years of age or older

• Current Vulnerable Sector Check required

Share your time. Share your heart. Make a difference at Saint Luke's Place.



MERRY MISTLETOE MARKET

SATURDAY NOVEMBER 21ST 10AM - 2PM



MARK YOUR CALENDARS!

Join us for our annual Merry Mistletoe Market & Tea Room on
Saturday, November 21, from 10:00 a.m. to 2:00 p.m.

Stenhouse Hall and the Coffee Shop at Saint Luke's Place.

Come enjoy a delightful afternoon while supporting our residents! Browse
a wonderful selection of local vendors and get a head start on your
Christmas shopping. Then, relax in our Tea Room and enjoy delicious
sandwiches, sweet treats, and a hot beverage.

Bring your family and friends and celebrate the season with us.
We look forward to welcoming you for a day of shopping, refreshments,
and holiday cheer!

**Every purchase helps support programs and initiatives that enhance
the lives of our residents.**

LONG TERM CARE

WWW.SAINTLUKESPLACE.CA



ENVIRONMENTAL SERVICES

Our Housekeeping Team is dedicated to maintaining a clean, safe, and comfortable environment for all residents.

To support infection prevention and control, resident safety, and pest management, personal furnishings and area/scatter rugs are not permitted in resident rooms. Residents are encouraged to personalize their space with meaningful photographs, artwork, and other approved personal items to help make their room feel welcoming and like home.



Join Our Family Council at Saint Luke's Place!

Family Council is a welcoming group of family members and friends who come together to share experiences, support one another, and contribute ideas that help enhance the lives of residents and families.

Why Join?

Connect with others who understand the long-term care journey.

Share information, resources, and support.

Help welcome and support new families.

Have your voice heard and contribute to positive change within our community.

Family Council provides an opportunity to learn, connect, and make a difference while supporting the well-being of residents and their loved ones.

We are currently welcoming new members and would love to have you join us!

To learn more or get involved, contact us at info@stlp.ca. Together, we can help make Saint Luke's Place an even stronger community.

DONATIONS

We are often asked, "I would like to donate my parent's wheelchair. Would you be interested?"

Unfortunately, Saint Luke's Place cannot accept used personal items or equipment due to infection prevention and control requirements.

We understand these items may hold sentimental or financial value. However, equipment such as wheelchairs and walkers is often customized to fit an individual and may not be suitable or safe for use by our residents and tenants.

If you would like to support our residents and tenants, we welcome donations of new items that meet their specific needs. We also offer annual donation initiatives, such as Santa for Seniors, where community support is greatly appreciated.

For more information about donation opportunities, please contact info@stlp.ca.



WHEN YOU'RE HERE, YOU'RE HOME



LONG TERM CARE

WWW.SAINTLUKESPLACE.CA



HEALTH CARDS

We are often asked what happens to a resident's Ontario Health Card after admission. Here is how the process works:

- Once a resident is admitted, Saint Luke's Place notifies ServiceOntario of the admission and provides the resident's room number, date of birth, and health card number. If the health card has expired, we also notify ServiceOntario.
- When a health card renewal is required, ServiceOntario automatically sends the renewal forms to Saint Luke's Place. Our Administration team completes the required verification, and a new health card is issued.
- If a resident passes away, the Administration team completes the necessary paperwork, returns the health card to ServiceOntario, and notifies them of the resident's death.

After admission, residents and their families do not need to worry about managing health card renewals or updates. Saint Luke's Place works directly with ServiceOntario to ensure health card information remains current.

Falls Prevention at Saint Luke's Place

Falls are one of the leading causes of injury among older adults. At Saint Luke's Place, we are committed to reducing the risk of falls through assessment, prevention, education, and individualized care.

Falls Risk Assessments

Residents are assessed for fall risk:

- Within 24 hours of admission, Quarterly, Following significant changes in condition

Residents and/or their Substitute Decision-Maker (SDM) will be informed of their fall risk level and recommended prevention strategies.

Fall Prevention

Based on individual needs, interventions may include:

- Mobility aids, Strength and balance programs, Falls prevention mats
- Environmental safety measures, Enhanced monitoring and support

How You Can Help

Residents can reduce their risk of falling by:

- Asking for assistance when needed, Using mobility aids as directed
- Wearing proper footwear, Keeping rooms free of clutter
- Using eyeglasses and hearing aids as prescribed, Ensuring adequate lighting

If a Fall Occurs

Staff will respond immediately, assess for injuries, investigate contributing factors, and update the resident's care plan as needed.

Continuous Improvement

Saint Luke's Place monitors falls and reviews prevention strategies regularly. Our interdisciplinary Falls Committee meets to review trends, evaluate interventions, and support resident safety.

Falls prevention is everyone's responsibility. By working together, we can help create a safer environment for all residents.



LONG TERM CARE

QUALITY IMPROVEMENT



Ontario Ministry of Long-Term Care

The Ontario Ministry of Long-Term Care is responsible for overseeing the province's long-term care sector. Its role includes supporting the development of new long-term care homes, funding upgrades and redevelopment projects, and establishing the legislation, regulations, and policies that all long-term care homes in Ontario must follow.

Contacting the Ministry of Long-Term Care

If you have concerns that have not been resolved by the long-term care home, you can contact the Ministry of Long-Term Care through the Long-Term Care Family **Support and Action Line**:

Toll-Free: 1-866-434-0144

Hours of Operation: 8:30 a.m. to 7:00 p.m., seven days a week

The Family Support and Action Line provides information, support, and assistance to residents, families, and caregivers regarding long-term care services in Ontario.



Strategic Plan 2026-2030: Shaping Our Future Together

As Saint Luke's Place looks ahead to the future, we are pleased to introduce our Strategic Plan for 2026-2030. This roadmap reflects our commitment to enhancing the lives of seniors through excellent care, innovative services, and a vibrant community where residents, tenants, participants, families, volunteers, and staff can thrive.

Over the next five years, our focus will be on strengthening the quality of care and services we provide, fostering a positive and engaged workplace, supporting organizational sustainability, embracing innovation, and advancing our long-term vision for senior health and wellness. The plan also supports the continued growth of our campus, including the expansion of long-term care services to meet the evolving needs of our community.

This strategic plan was developed through the involvement of residents, families, staff, volunteers, leadership, and community partners. Their valuable insights helped shape priorities that reflect both current needs and future opportunities.

As we celebrate 50 years of service and prepare for the next chapter in our history, we remain committed to our mission of enriching lives in our vibrant senior community through excellent service and care. We look forward to working together to achieve the goals outlined in this plan and continuing to make Saint Luke's Place a leader in senior health and wellness. Together, we are building a stronger future for the generations we serve.



WHEN YOU'RE HERE, YOU'RE HOME



SAINT LUKE'S PLACE

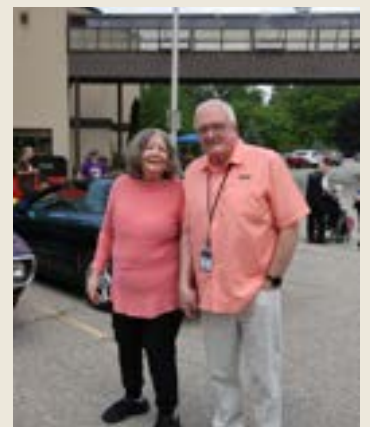


Thank You for Joining Us at Our Classic Car Show & Community BBQ!

A heartfelt thank you to everyone who joined us on June 26 for our Classic Car Show and Community BBQ. The day was filled with beautiful classic vehicles, delicious food, great company, and plenty of smiles as residents, families, staff, volunteers, and community members came together to enjoy this special event.

Events like these help create meaningful connections and celebrate the strong sense of community that makes Saint Luke's Place such a special place to call home. We are grateful to everyone who attended, showcased their vehicles, volunteered their time, and supported the event's success.

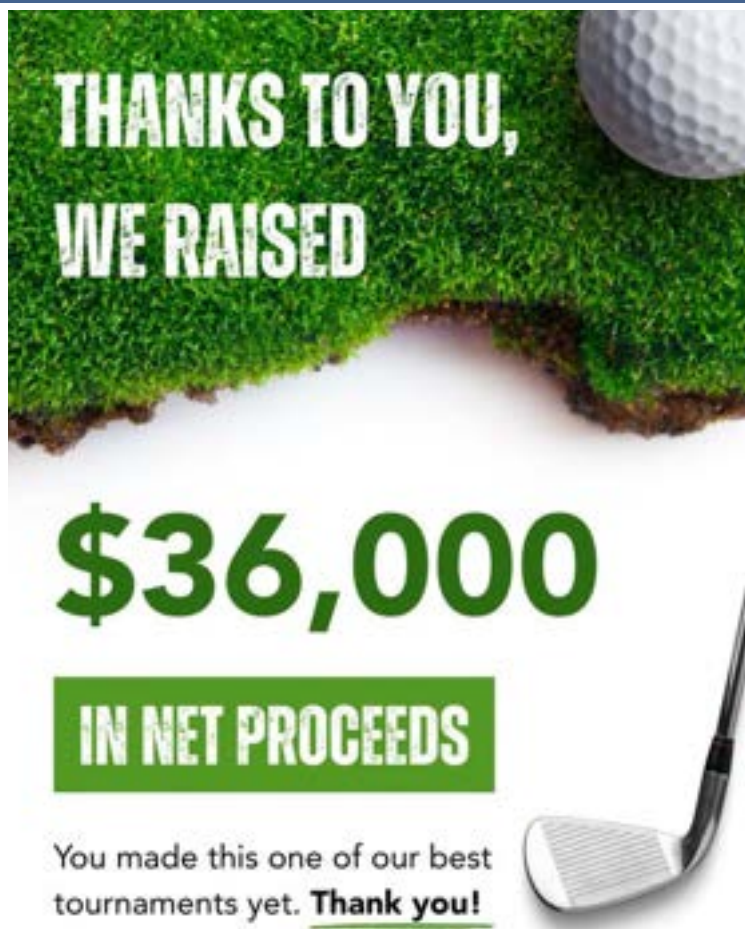
Thank you for helping make the day so memorable. We had a wonderful time and are already looking forward to welcoming everyone back next year for another fantastic day of classic cars, community, and fun!





SCAN ME

FUNDRAISING



Thanks to the incredible generosity of our community, the 5th Annual Saint Luke's Place Golf Classic raised an outstanding \$36,000 in net proceeds, making this one of our most successful tournaments to date!

These funds will directly support our ongoing redevelopment project, helping create a warm, comfortable, and welcoming home for residents. From essential equipment and furnishings to technology and family gathering spaces, your support is helping ensure our new home has everything residents need to thrive.

A heartfelt thank you to every golfer, sponsor, donor, volunteer, and supporter who contributed to this remarkable success. While the tournament lasted just one day, the impact of your generosity will be felt for years to come.

Save the Date!

We look forward to seeing you at our 6th Annual Golf Classic on June 8 at Whistle Bear Golf Club.

Together, we're building more than a home. We're building a community.

Thank You, Toyota Motor Manufacturing Canada!

We are incredibly grateful to Toyota Motor Manufacturing Canada for their generous \$50,000 donation to Saint Luke's Place.

This remarkable gift will support important enhancements that improve the comfort, dignity, and quality of life of our residents while helping us continue to provide exceptional care.

Community partnerships like this make a lasting difference. On behalf of our residents, families, staff, and volunteers, thank you to the Toyota team for investing in our community and helping us create a brighter future for those who call Saint Luke's Place home.

Your generosity will have an impact for years to come.



Our Values:

Dignity and Respect | Innovation and Quality
Community and Service | Trust and Integrity
Accountability and Transparency



SCAN ME

FUNDRAISING

Time to SPARK Some Change—Grant Approved!

Saint Luke's Place is pleased to announce that we have been awarded a \$5,000 grant from the Region of Waterloo to replace six aging outdoor wooden benches with durable new polywood benches. The new seating will be installed primarily in our apartment outdoor spaces, providing tenants with comfortable, accessible, and inviting areas to relax and connect with others outdoors.

This investment will help enhance the outdoor experience for tenants for years to come.



Santa for Seniors

Santa for Seniors Returns November 2!

Our much-loved Santa for Seniors program will officially kick off on November 2, and we're inviting our community to help make the holiday season special for residents at Saint Luke's Place.

By adopting a senior, you can help ensure a resident feels remembered, valued, and celebrated during the holidays.

If you'd like to participate, please contact:

Mallory Springall at mspringall@stlp.ca
519-658-5183 ext. 244



Your generosity can make a meaningful difference and bring a little extra holiday joy to one of our residents. Join us as we begin another season of giving!



Celebrate the Season with Our 26th Annual Tree of Memories Appeal

The holiday season is a time to remember loved ones, honour cherished memories, and support seniors at Saint Luke's Place.

To help kick off the holiday season, we are launching our 26th Annual Tree of Memories Appeal on November 12.

Join Us for Our Kickoff Celebration

November 12, 2026

2:00 p.m.

Stenhouse Hall

Entertainment & Dessert

4 Easy Ways to Give

Mail • Online • Phone • In Person

Visit our website or call 519-658-5183 ext. 242.

Thank you for your kindness and support.

Together, let's celebrate 26 years of remembering loved ones, giving back, and making a difference.

SAINT LUKE'S PLACE



CELEBRATING 50 YEARS OF SERVICE

This year, Saint Luke's Place proudly celebrates 50 years of service, compassion, and commitment to the residents and families we serve. As we mark this incredible milestone, we want to recognize and thank the many employees, both past and present, who have dedicated their careers to Saint Luke's Place. Some team members have served with us for decades, helping shape our organization and creating a lasting impact on the lives of countless residents.

Their dedication, hard work, and passion have been the foundation of our success and the reason Saint Luke's Place has remained a trusted home and care provider for 50 years.

To all who have been part of our journey, thank you for your commitment, your kindness, and your service. Your contributions are woven into the history of Saint Luke's Place, and we are proud to celebrate this milestone with you.

50 years of caring. 50 years of community. 50 years of making a difference. Here's to our past, present, and future.



Janice L- 49 years of service
Environmental Services



Sharon B- 45 years of service
Nursing and Personal Care



Margot K- 42 years of service
Nursing and Personal Care/ Board



Karen Y- 40 years of service
Nursing and Personal Care

Rooted in care, growing forward together

A special recognition goes to our dedicated team members who have been part of the Saint Luke's Place family for 40 or more years. Their extraordinary commitment, loyalty, and compassion have touched generations of residents and families. We are deeply grateful for their service and proud to celebrate the lasting legacy they continue to build every day.

CHEERS TO DEDICATED SERVICE



1976-2026 CELEBRATING 50 YEARS



50 Years of Caring, Compassion, and Community

As Saint Luke's Place celebrates 50 years of service, we reflect on the countless lives that have been touched within our community.

Over the past five decades, we have had the privilege of caring for generations of residents, supporting families through life's journeys, and building lasting relationships that extend far beyond our walls.

Every resident who has called Saint Luke's Place home, every family who has entrusted us with their loved one's care, every volunteer who has shared their time, and every employee who has dedicated themselves to our mission has helped shape our story.

For 50 years, Saint Luke's Place has been more than a home for seniors. It has been a place of comfort, friendship, dignity, and belonging.

To everyone who has been part of our journey, thank you. Your stories, memories, and contributions are the heart of Saint Luke's Place and the reason we continue to make a difference every day.

Celebrating 50 years of caring for our community. one life at a time.

SENIOR LIVING APARTMENTS

WHEN YOU'RE HERE, YOU'RE HOME



Your Tenant Representatives

C Wing: Kay S C-1 | Dianne S C-2 | Glyn B-J C-3

D Wing: Mike S D-1 | June H D-2 | Eunice W D-4

Tenants are encouraged to communicate any questions, concerns, or feedback through their tenant representative. Matters raised by residents are reviewed and discussed at monthly tenant meetings, supporting open communication and resident engagement.



Hair Salon

The hair salon at Saint Luke's Place is also available for tenants! Treat yourself and book an appointment with Victoria by visiting the Front Business Office or calling 519-658-5183 ext. 242.

We look forward to helping you look and feel your best!

Did You Know?



Meals at Stenhouse Hall

Tenants are welcome to join us for lunch and supper at Stenhouse Hall. Monthly Meal Plans are available for added savings, or you can book meals occasionally when you don't feel like cooking.

Weekly menus are posted on your unit bulletin board.

Please book in advance:

- Lunch by 10:00 a.m.
- Supper by 3:00 p.m.

To book, visit the Front Business Office or call 519-658-5183 ext. 242.



MAINTENANCE SERVICES

Our dedicated maintenance team looks after the entire Saint Luke's Place campus. All maintenance concerns must be entered into our Maintenance Care Program so the team can track and prioritize requests.

Tenants: Please contact the Front Office during business hours. The office staff will submit your maintenance request to the team. There is also a request form on our website: visit: <https://saintlukesplace.ca/maintenance-request/>

After-Hours Emergency Maintenance: Call 519-501-3050.



SENIOR LIVING APARTMENTS

WHEN YOU'RE HERE, YOU'RE HOME



MEET OUR NEW HOUSING & COMMUNITY MANAGER

Sebastian Sanchez brings more than 20 years of experience in the seniors' care sector, with a diverse background spanning maintenance, environmental services, retirement living, and community housing. Throughout his career, he has held leadership roles including Maintenance Coordinator, Environmental Services Manager, Retirement Home General Manager, and now Housing & Community Manager. Known for his strong operational expertise and commitment to exceptional service, Sebastian is passionate about creating positive experiences for seniors and fostering welcoming, supportive communities. His hands-on leadership style and dedication to resident well-being make him a valuable member of the Saint Luke's Place team.

Welcome Sebastian!

Activity Programs

Monthly Activity Calendars

Monthly activity calendars are posted on the bulletin boards on each apartment floor at Saint Luke's Place.

Want a personal copy?

Just contact Judy- Senior Care Coordinator at jberger@stlp.ca

Or call 519-658-5183 ext. 291 — she'll be happy to help!



Ontario 

Funding provided by the
Government of Ontario

Saint Luke's Place Seniors Active Living Centre
A vibrant hub for older adults to stay engaged, active, and connected with their community!

What We Offer:

We support seniors' well-being through a mix of:

Social & Recreational Programs

Health-Oriented Activities

Community Connections

Amenities Include:

Apartment Lounges

Library

Coffee Shop

Hairdresser/Barbershop

Seniors' Fitness Classes (Wellness Centre)

Summer BBQs, Planned Outings



SENIOR LIVING APARTMENTS

WHEN YOU'RE HERE, YOU'RE HOME



UPCOMING EVENTS

SAVE THE DATE

Sweet Slice Showdown!

Join us on **Thursday, October 8 at 2:00 p.m.** in the Coffee Shop for our delicious Sweet Slice Showdown!

After our expert judges select the winning pies, everyone is invited to enjoy a slice for just \$2.50 or take part in our Pie Auction for the chance to bring home a whole pie.

Come satisfy your sweet tooth, support a great cause, and join in the fun!

All proceeds will support Saint Luke's Place Apartments.

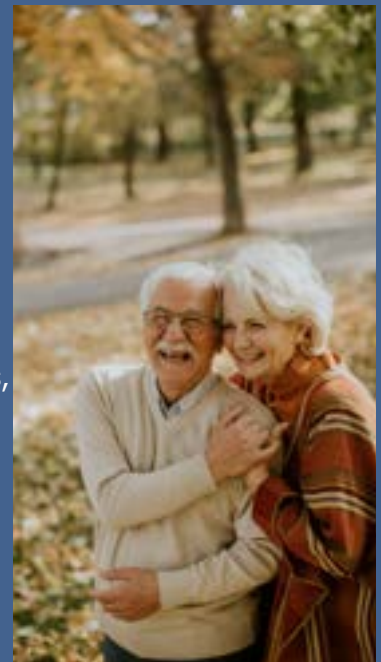


Embracing Autumn: Staying Healthy & Well

Autumn brings cooler weather and shorter days. With a little preparation, seniors can enjoy the season while staying healthy, active, and connected.

- **Stay active:** Dress warmly and enjoy walks or outdoor activities when weather permits.
- **Support mental health:** Get natural daylight, maintain routines, and stay socially connected.
- **Eat well:** Enjoy nutritious fall foods such as squash and sweet potatoes, along with plenty of protein, fruits, and vegetables.
- **Stay social:** Join indoor activities, games, crafts, and social events to stay engaged.
- **Stay safe:** Watch for slippery leaves and frost, wear supportive footwear, and keep walkways well lit and clear.

Enjoy the beauty of autumn while staying active, connected, and well!



LOUNGE SPACE

Each floor in our apartment units has a communal lounge for tenants to enjoy. Please help us keep these spaces welcoming for everyone by leaving the furniture and shared items in place. Personal belongings should not be added or stored in any of the lounge areas. **Thank you for helping us maintain a comfortable shared space for all.**



SENIOR LIVING APARTMENTS

WHEN YOU'RE HERE, YOU'RE HOME



UPCOMING EVENTS



Join
Us!



Covid & Flu Vaccination Clinic

MONDAY, OCTOBER 26
10:00 AM
COFFEE SHOP

You must register in advance
for 1 or both shots. Please
indicate which vaccination(s)
you would like to receive.
Consent forms are located
(C Wing) on top of the
mailboxes & (D Wing) table
outside the 1st floor lounge.
Please complete and bring with
you to the clinic. Please ensure
you fill out the correct form.

To register, call Judy 519-658-5183 ext. 291
email: jbergey@stlp.ca
Deadline to register is Friday, October 16/26



Stay Healthy This Winter!

Help protect yourself and those around you this
respiratory illness season. Get your COVID-19 booster and
flu shot conveniently here on site!

Getting vaccinated can help:

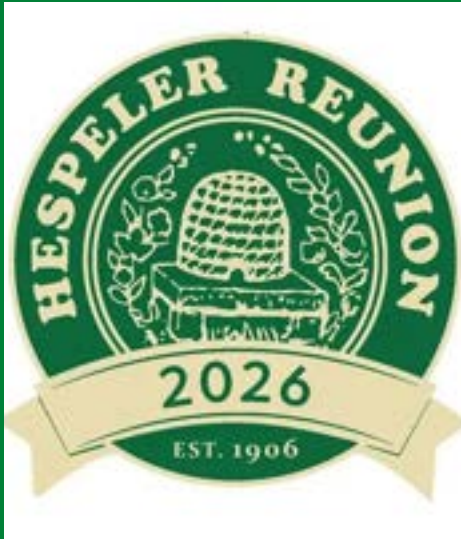
- Reduce your risk of serious illness and complications
- Protect those who may be more vulnerable
- Reduce the spread of respiratory illness in our community
- Keep you healthier throughout the winter season

Flu vaccination is particularly important for older adults,
long-term care residents, health-care providers, and
others who may transmit influenza to people at higher risk.

Advance registration is required.

SAINT LUKE'S PLACE

WHEN YOU'RE HERE, YOU'RE HOME



Saint Luke's Place was honoured to join the community this past July in celebrating this special Hespeler milestone. The event was a wonderful opportunity to reconnect with familiar faces, build new friendships, and recognize the rich history, traditions, and community spirit that have shaped Hespeler for generations.

Throughout the day, our team enjoyed meeting residents, families, neighbours, and visitors, sharing stories, memories, and plenty of laughter. The pride and sense of community on display were truly inspiring and served as a reminder of what makes Hespeler such a special place to call home.

Thank you to everyone who stopped by to visit us and helped make the celebration such a success. We are proud to be part of this remarkable community and grateful for the opportunity to celebrate this milestone alongside you.

Congratulations, Hespeler, on this incredible achievement, and thank you for allowing Saint Luke's Place to be part of the festivities!



SAINT LUKE'S PLACE

WWW.SAINTLUKESPLACE.CA



In the past year,
Cambridge Bingo &
Gaming has raised
\$2.7 million
for 100 local
charities and service
groups.



Please Play Responsibly.

Support Saint Luke's Place Through Charitable Gaming!

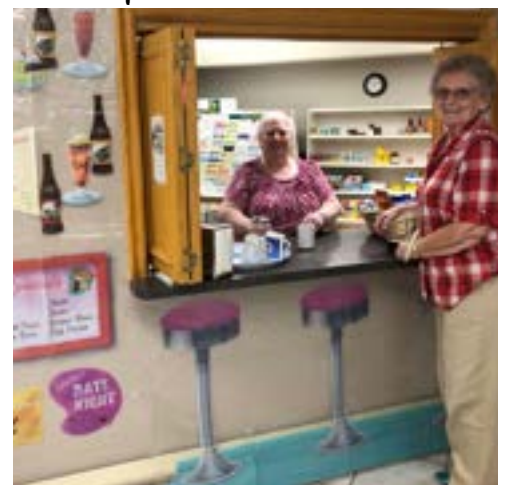
Saint Luke's Place is proud to participate in the Charitable Gaming program at the Cambridge Bingo and Gaming Centre. Through this initiative, funds raised help support local charities and non-profit organizations, including Saint Luke's Place, allowing us to enhance programs, services, equipment, and quality-of-life initiatives for the seniors we serve.

Every time you play, local charities win!

We are always looking for volunteers to help represent Saint Luke's Place at bingo sessions, as well as volunteers to assist in our Coffee Shop. These rewarding opportunities are a wonderful way to support our residents, tenants, and the broader Saint Luke's Place community.

Interested in volunteering? Contact our Fundraising Office at fundraising@stlp.ca to learn more about our bingo and Coffee Shop volunteer opportunities.

Together, we can make a meaningful difference in the lives of seniors.



IN MEMORY

Those we love never truly leave us. They live on in the stories we share, the memories we cherish, and the lives they touched."

**Our next Celebration of Life service will be held on:
January 11, 2027 - 2pm in Stenhouse Hall**

REMEMBERING

Peter M	Lionel D
Ruth B	Gary F
Brenda F	Sally S
Ethel W	Mary E
Olindina C	

Forever in our hearts



A life filled with kindness leaves a lasting legacy.

Those we love are remembered in every smile, story, and act of care they inspired."

Your generosity leaves a lasting impact and will be remembered with gratitude for years to come.

We are deeply grateful to the families and friends who have chosen to honour the memory of a loved one through a memorial donation to Saint Luke's Place. These meaningful gifts celebrate lives well lived while helping us continue to provide exceptional care, comfort, and compassion to our residents.

Each donation serves as a lasting tribute, creating a positive impact on the lives of those who call Saint Luke's Place home.

For more information about memorial giving, please contact
fundraising@stlp.ca.

**Honouring cherished memories. Supporting exceptional care.
Leaving a lasting legacy.**



MESSAGE FROM THE CEO



David Bakker

Chief Executive Officer

As we move into fall, I would like to thank our residents, staff, families, tenants, volunteers, and all those involved with Saint Luke's Place for your continued trust and support. The past few months have been an important period for us, particularly as we begin construction of our new 192-bed long-term care home. On September 21, Traugott, our Construction Manager, began the first of many construction activities that will take place over the coming months.

We also held our official Groundbreaking Ceremony on September 18. It was a great opportunity to bring together residents, families, staff, Board members, donors, dignitaries, community partners, and others who have supported the redevelopment project. It was particularly meaningful to see the project move from years of planning into construction.

We recognize that construction will result in changes to the campus and some disruption to our regular routines. We are working closely with Traugott and our project partners to manage these impacts and, most importantly, to maintain the safety and well-being of our residents.

Our Golden Gala was held on September 24 at Storehouse 408 in Cambridge to celebrate the 50th anniversary of Saint Luke's Place. The level of community support through sponsorships was outstanding.

We are very grateful to everyone who attended, sponsored, donated, or helped make the evening a success.

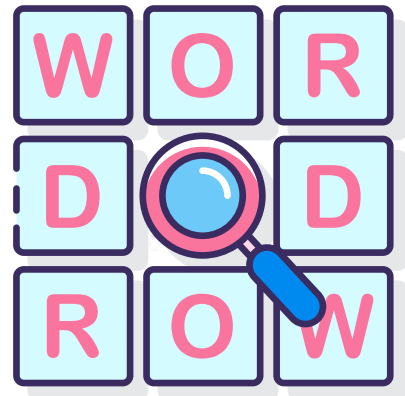
Our 2026–2030 Strategic Plan, which sets our priorities for the years ahead, will help guide our work in quality improvement, innovation, partnerships, and the overall experience of residents, tenants, families, and staff. There is a significant amount of work ahead, but we are pleased with the progress being made. We will continue to keep residents and families informed and involved as construction and other initiatives move forward.

Thank you for your continued patience, feedback, and support. We remain committed to providing excellent care and service to our residents and their families. On behalf of the entire Saint Luke's Place team, I wish you and your families a safe and enjoyable fall season.



Saint Luke's Place

G Q Q Q T D L V Q G Z C R L P E W S E G
 X C E N T R E D O M J B A P I E V U V N
 C O M P A S S I O N A T E R L M D P I I
 V J P M M M R F F S Z H K C I E Q P S G
 Y S N C P R E J X I D C O K T N F O U A
 K Y N G D G S X T Y N M O S Z A G R L G
 L U F T C E P S E R I G U M M S V T C N
 H E M G O N E T E N D R I I M I E I N E
 V M Z F J E C H G N T B L D B U C V I O
 Q W E Q W R T O E W D Y Y R P W N E O V
 G N I T R O F M O C W N A L E O E I T A
 S S Z Z H U U E O W B N I F D A L F T L
 W V Q A Y S L I E S T W A K N N L N O Y
 G N I R U T R U N V E S L C B O E I B U
 I N N O V A T I V E D I W K J I C I T A
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 K C I Z D E T C E N N O C A N Z E L H F
 I N S P I R I N G I D E P E N D A B L E
 N T L E F T R A E H P U R P O S E F U L
 D E D I C A T E D D Z W S Z U K Z L B V



Caring
 Comforting
 Connected
 Dignified
 Family
 Heartfelt
 Innovative
 Nurturing
 Respectful
 Supportive
 Welcoming



Centred
 Community
 Dedicated
 Engaging
 Friendly
 Home
 Inspiring
 Patient
 Respectful
 Trusted



Collaborative
 Compassionate
 Dependable
 Excellence
 Generous
 Inclusive
 Kindness
 Purposeful
 Safe
 Vibrant

Find the word in the puzzle.

Words can go in any direction.

Words can share letters as they cross over each other.

JUST FOR FUN

SAINT LUKE'S PLACE

REDEVELOPMENT



On September 18, Saint Luke's Place proudly broke ground on our new 192-bed long-term care home, an exciting milestone made possible with the support of our residents, staff, community, government and project partners.

Scheduled for completion in 2030, the approximately \$94-million redevelopment will replace our current home and add 78 new long-term care beds.

But breaking ground is just the beginning. With community support, we can create more than a building. We can create a true home where residents live with dignity, comfort and connection, and families know their loved ones are cared for.

Together, we're building a home for generations to come.



On September 24th, we gathered at Storehouse 408 with friends, families, staff, volunteers and community supporters to celebrate 50 years of Saint Luke's Place at our Golden Gala. It was a wonderful reminder of how fortunate we are to have a community that continues to support and believe in us.



A heartfelt thank you to our generous sponsors:
Cornerstone Sponsors: MediSystem Pharmacy, Medics Mobility Inc., Traugott Building Contractors and LIUNA Local 183. Community Sponsors: KR Communications, Network Telecom, Lifemark Seniors Wellness and Meridian Credit Union. Friends of the Golden Gala: GrandBridge Energy Inc., Maxwell Management Group Ltd., TD, MMMC Architects and Raelipskie Partnership

Thank you to our silent auction donors, speakers, entertainers, vendors and staff who helped make the evening so special.



Most importantly, thank you to everyone who celebrated with us. For 50 years, our community has been at the heart of Saint Luke's Place, and we're grateful to have shared this milestone with you.



Our Home. Our Future.



Building the next chapter of care for seniors in our community.

For 50 years, Saint Luke's Place has been a vital part of Cambridge, providing care, connection, and a place to call home for generations of local seniors.

Now, we're building what comes next.

Our new 192-bed long-term care home will support more older adults in need of care in our community, with modern spaces designed around dignity, comfort, and belonging.

But creating a home takes more than bricks and walls. **It takes a community.**

Local businesses, organizations, and community leaders have *always* helped shape Cambridge. As Saint Luke's Place enters this next chapter, we're inviting you to help us shape the future of care for older adults in our community.



Interested in being part of what's next?

Get in touch: fundraising@stlp.ca