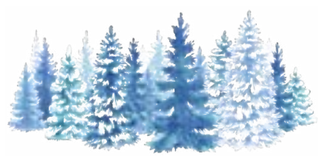
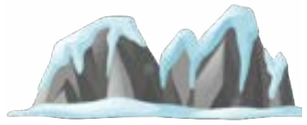
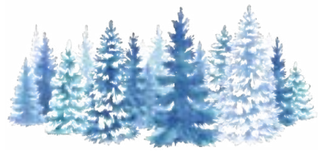
November 2026

A-Lower Activities Calendar- Saint Lukes Place Long Term Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1:1 - One on One AR - Activity Room CA - Common Area CH - Chapel CY - Courtyard FL - Front Lounge SH - Stenhouse Daylight Saving Time Ends	**2** **1:30** Portuguese Rosary (SH) **1:45** Halloween Wrap-Up (CA) **6:00** Snoezelen (AR) 	**3** **Elvis Presley Theme Day** **7:30** Exercise Class (CA) **10:00** Bocce Ball (CA) **2:00** **Elvis Songs with Bruce Herron (SH)**	**4** **10:00** Chapel (SH) **1:30** Full Home Bingo (SH) 	**5** **7:30** Exercise Class (CA) **10:00** Mega Tetris (CA) **2:00** **Happy Hour with Jeff Polton (SH)** **6:15** Evening Walks & Tunes (CA) 	**6** **10:00** **Beyond Goats Visit (SH)** **1:30** Hymn Sing (CA) 	**7** Contact Tyler Recreation Coordinator EXT 233 or reccoord@saintlukesplace.ca
8 **10:00** Poppy Creation (AR)  Diwali (Hindi)	**9** **1:30** Hymn Sing (CA) 	**10** **7:30** Exercise Class (CA) **10:00** Balloon Badminton (CA) **1:30** In the Kitchen: Homemade Jam (AR) **3:00** Afternoon Connections (1:1) **3:00** Residents' Council (SH) 	**11** **10:00** **Remembrance Day Service (SH)** **3:00** Finish the Remembrance Saying (CA)  Veterans Day Remembrance Day (Canada)	**12** **7:30** Exercise Class (CA) **10:00** In The Kitchen: Confetti Squares (AR) **3:00** Java Time: Aging (CA) 	**13** **10:00** Acts of Kindness Social (CA) **1:30** **Melodies & Memories (SH)** **3:00** Afternoon Strolls (1:1) 	**14** **10:00** Name that Tune of Thanks (CA) 
15 **10:00** Mega Connect 4 (CA) 	**16** **9:30** Friendly Visits (1:1) **12:00** Swiss Chalet Lunch (CA) **2:30** Bowling (CA) 	**17** **7:30** Exercise Class (CA) **6:00** Bedtime Stories (CA) 	**18** **10:00** Chapel (SH) **2:00** Roman Catholic Mass (CH) 	**19** **7:30** Exercise Class (CA) **10:00** In the Kitchen: Chocolate Chip Cookies (AR) **1:30** Piano Melodies with Katrina (SH) **3:00** Wrapped Peppermint Ornaments (AR) 	**20** **Colour Day** **10:00** Hymn Sing (CA) **1:30** Choir Practice with Katie (SH) 	**21** **Merry Mistletoe Market** **10-2pm** 
22 **1:30** Dog Visits with Nelson (1:1) 	**23** **10:30** **Christmas Shopping Outing** 	**24** **7:30** Exercise Class (CA) **10:00** Deck The Halls (CA) **2:00** **Birthday Party with Jake Simons (SH)** 	**25** **10:00** Chapel (SH) **1:30** Full Home Bingo (SH) **3:00** Parfait Pair Up (AR) 	**26** **7:30** Exercise Class (CA) **10:00** Visiting Library (CS) **1:30** Situations Game (CA) **3:00** Java Time: Loneliness (CA)  Thanksgiving Day (U.S)	**27** **10:45** Hymn Sing (CA) **11:00** **Symposium Café Outing** 	**28** 
29 **1:30** Manicures & Melodies (1:1) **3:00** What Came First? (CA) 	**30** **3:00** December Calendar Handouts & Friendly Visits (1:1) **6:00** Virtual World Visits (CA) 					



Check out the 'Events Calendar' at www.saintlukesplace.ca. Program times and location may change at times. Please refer to the whiteboards on each unit for any changes