November 2026

E Wing Activities Calendar
Saint Luke's Place- Long Term Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **1:30** Dog visits with Nelson (1:1) **3:15** Sundown Slowdown (1:1)  Daylight Saving Time Ends	**2** **10:00** Make Sun Catcher Ornaments (AR)  **11:00** Exercise (AR) **1:30** Portuguese Rosary (SH) **3:00** Balloon Badminton (AR)	**3** ***Elvis Presly Theme Day*** **9:30** Exercise (CA) **10:10** Elvis Presley Dice Game (AR) **2:00 Elvis Songs with Bruce Herron (SH)** 	**4** **10:00** Chapel (SH) **11:00** Exercise Class (AR)  **1:30** Full House Bingo (SH)	**5** **2:00 Happy Hour with Jeff Polton (SH)** **6:00** Sing a long and treats (AR) 	**6** **10:00 Beyond Goats (SH)**  **3:00** Make Sun Catcher Ornaments (AR)	**7** **10:00** A-Z Animal Word Game (AR) 
8 **Contact** **Becky** **Recreation Coordinator** **Rwilkie@stlp.ca** **Or** **Ext 233** Diwali (Hindi)	**9** **10:00** Paint Flowerpots For Craft Sale (AR) **11:00** Exercise (AR) **1:30** Balloon Badminton (AR) **3:00** Friendly Visits (1:1) 	**10** **9:30** Exercise (AR) **1:30** Paint Flowerpots For Craft Sale (AR)  **3:00 Resident Council Meeting (SH)**	**11** **10:00 Remembrance Day Service (SH)** **1:30** Remembrance Day Bingo (AR) **3:00** Sundown Slowdown (1:1)  Veterans Day Remembrance Day (Canada)	**12** **1:30** Make Chocolate Bags For Pots (AR)  **6:00** Dog Visits with Harley (1:1)	**13** **2:30** Dog visits with Dierks (1:1) 	**14** **1:30 Bingo with A main (SH)**  **3:00** Indoor strolls (1:1)
15 **10:00** Hanging Leaf Word Game (AR) 	**16** **9:45** Friendly Visits (1:1) **11:00** Exercise Class (AR) **12:00 Swiss Chalet And Smiles (DR)** **2:00** Hymn Sing (CA)	**17** **9:30** Exercise (CA) 	**18** **10:00** Chapel (SH) **11:00** Exercise Class (AR) **2:00** Roman Catholic Mass (SH) 	**19** **1:30** Piano Melodies with Katrina (SH) **3:00** Balloon Badminton (AR)  **6:00** Word Games With A2 (Café)	***Colour Theme Day*** **20** **10:00** Colorful Bracelet Craft (AR)  **1:30** Choir Practice (SH) **1:30** Spiritual Visits (1:1) **3:00** Friendly visits (1:1)	***Merry Mistletoe Market 10am-2pm*** **21** 
22 	**23** **10:00** Snowflake craft (AR) **10:30 Christmas Shopping Trip- Cambridge Mall** **11:00** Exercise (AR) **1:30** Christmas Decorating (CA) 	**24** **9:30** Exercise (AR) **10:00** Dog Visits with Dixie (1:1) **2:00 Birthday Party with Jake Simons (SH)** 	**25** **10:00** Chapel (SH) **11:00** Exercise Class (AR) **1:30** Full House Bingo (SH)  **3:00** Balloon Badminton (AR)	**26** **10:00** Visiting Library (CS) **1:30** Christmas Decorating (CA) **6:00** Friendly Visits (1:1)  Thanksgiving Day (U.S)	**27** **11:00 Symposium Café Lunch Outing**  **1:30** Hymn Sing (CA)	**28** 
29 **1:30** Dog visits with Nelson (1:1) **3:15** Calendar Handouts And visits (1:1) 	**30** **10:00** Hymn Sing (AR) **11:00** Exercise (AR)					

Check out the 'Events Calendar' at www.saintlukesplace.ca Program times and locations may change at times. Please refer to the whiteboard on all units for any changes.